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# Northcote Primary School Newsletter

Issue 10 · 21 Jul 2023

*Collaborative Learning in a Community that Cares*

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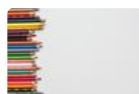
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THE BUSINESS END OF SCHOOL LIFE



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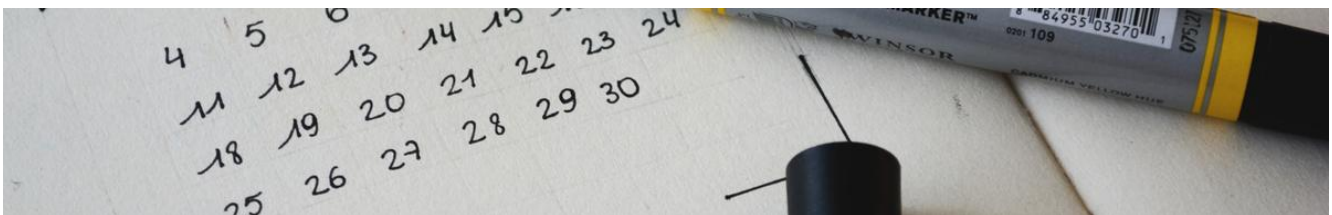
OSH Club



Our Proud Sponsor



Santa Maria College OpenDay



# Dates to Remember

## Just a little reminder

Our school gates are unlocked at 8.45am each morning to allow students to enter.

The yard is not supervised before this time.

Students can enter classrooms from 8.50am each day. The gates are locked again at 9.00am when the bell goes. The gates are unlocked again at 3.20pm and are locked by 3.45pm.

## Term 3

- Mondays Assembly 9.10am
- July - Prep 2024 Enrolments Forms completed and returned.
- Wednesday 19th July - Student Conferences - early dismissal 12pm
- **Grade 1/2 Swimming - Week 3** Monday 24th July to Thursday 27th July (everyday)
- **Week 4** Monday 31st July to Thursday 3rd August (everyday)
- Tuesday 1st August, 6pm - Parent Movie Night
- Tuesday 15th August - District Athletics



8pm - Community Sub Committee meeting

Wednesday 30th August 7pm - School Council meeting

Wednesday 11th October 6pm - Finance Sub Committee meeting  
7pm - Environment Sub Committee meeting  
8 pm - Community Sub Committee meeting

Wednesday 25th October 7pm - School Council meeting

Wednesday 22nd November online - Education Sub Committee meeting

Wednesday 29th November 6pm - Community Sub Committee meeting  
7pm - Environment Sub Committee meeting

Monday 4th December 6pm - Finance Sub Committee meeting

Wednesday 6th December 7pm - School Council meeting



# Greetings from Shaun

## Term Overviews

In this issue of the newsletter, you will see that we have added a page for each team devoted to providing you with an overview of the teaching and learning coming up for Term 3. These pages are called "What's happening in..." be sure to click into those pages to see what our students will be learning about.

If you have any questions about how you can support your children at home, make sure you speak with your child's classroom teacher.

## Prep 2024 Enrolments

An ever so gentle reminder: if you are thinking of enrolling a Prep for 2024, please visit our school website, download and complete an enrolment form and send it in to the office as soon as possible. If you have any questions about enrolments, you can also give Donna a call on (03) 94810009.

## School Council

I am saddened to have to announce that due to personal commitments, our School Council President Steve Horvat unfortunately has had to step down from his role as School Council President and his position on School Council. I would like to take this opportunity on behalf of the entire NPS community to thank Steve for his time, commitment, and support to the school and to myself during his time as president. On behalf of the community, I wish him all the best.

Due to the vacancy, at our last School Council meeting, we elected a new President. I would like to introduce Jo Pitt who has been elected as the new School Council President. As Jo was the current standing Vice President, I would also like to announce that we have just elected Lucy Sinclair to the role of School Council Vice President.

Please be sure to check the page titled "School Council" to meet Jo and read some other important bits of information and other school council happenings.

## Movie Night

Don't forget that on **Tuesday the 1st of August at 6pm** we are holding our Parent Only Movie Night as a fundraiser for the school.

Book yourself a babysitter and come along and meet some other parents and see the new Mission Impossible movie. Get in quick as time is running out!

## Morning Access to Classrooms

Starting on Monday the 24th of July we will be making a slight change to our morning routine here at Northcote. Our school gates will continue to be unlocked at 8.45am each morning to allow students and families to enter.

To support our teachers in getting organised for the day, starting on this Monday, classrooms will now be open from 8:50am each day. Students can enter classrooms from this time to get

themselves organised and to prepare themselves for the day. Please be sure to have a conversation with your children about the times of things that they can do to set themselves up for success in this time before the music starts playing at 8:57am.

Just a reminder that all external gates (except for the main gate on Helen Street) are locked again at 9:00am when the bell goes. If your child arrives after the bell has gone, please be sure to direct them to the office first to be signed in.

At the end of the school day, the gates are unlocked at 3.20pm and locked by 3.45pm.

## Landscaping Works

Just a quick update to let you know that Bale and I met with the Landscape Architects during the holidays to do a site walk and they have since submitted an initial fee proposal and concept design that I have forwarded this to our case manager at the VSBA. I will let you know more information once I know more.

## Book Week- Save the date.

Later on in August, we are celebrating Book Week. This is your advanced warning to start strategising about what costume you would like to wear for our annual Northcote Book Week parade. I have certainly begun to narrow my list down!

Please save the date for the Book Week Parade, which will be taking place on Monday the 21st of August at 9:00am.

For more information refer to the page labelled "Book Week" in this issue of the newsletter.

## Parent Helpers Induction

Thank you to those parents who attended our Parent Helper Induction session this morning. A great big thank-you to Stephanie and Bale for organising and supporting our volunteers through this session.

If you weren't able to attend and you are still interested in helping out in the classroom, do not despair! Please contact Stephanie or Bale via email to discuss how you can get involved.

Stephanie Griffiths- [Stephanie.Griffiths@education.vic.gov.au](mailto:Stephanie.Griffiths@education.vic.gov.au)

Bale Micovski- [Bale.Micovski@education.vic.gov.au](mailto:Bale.Micovski@education.vic.gov.au)

## Parent Teacher Conferences

Thank you to the students, parents and teachers who supported another successful round of parent teacher conferences again this year. These really are a great opportunity to discuss progress, celebrate achievements, identify areas of improvement, and collaborate to create a plan for continued success. Thank-you again to all involved.

## School Production

Our wonderful music teacher Anita is well into the planning of our bi-annual Whole School Production. While I speculated last newsletter, I can now confirm, the students have indeed started rehearsing their acts.

Please make sure you save the date, **Thursday the 14th of September**. Ticket information will be coming out in the next few weeks.

## Swimming Program

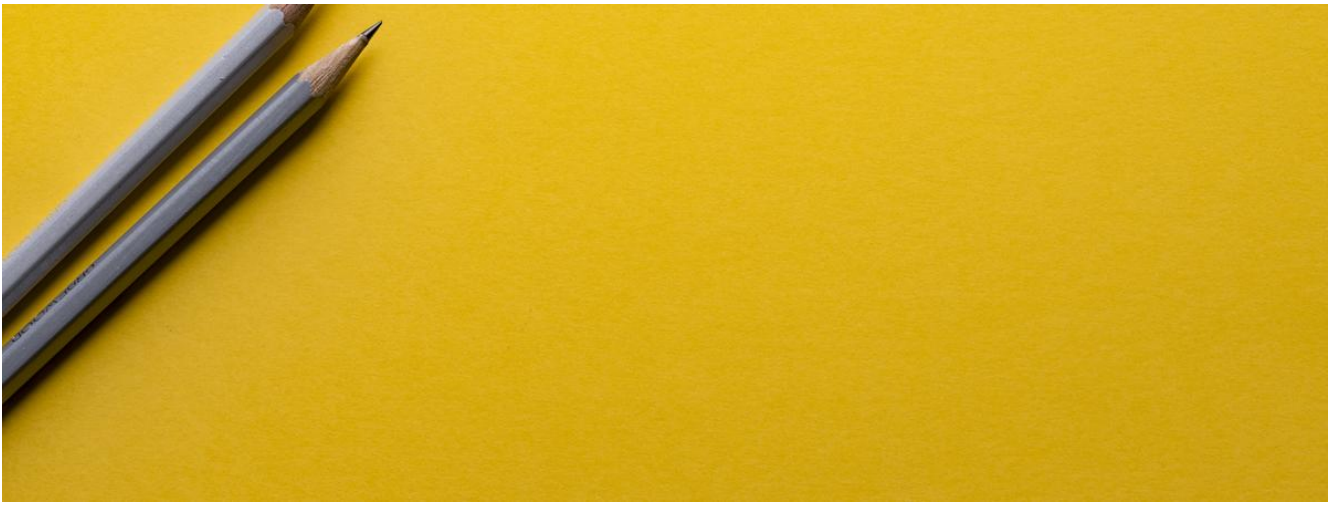
Our 3/4 swimming program finished up today, and while I saw a lot of very tired year threes and fours today, everyone has loved the opportunity to get in the pool and learn or rehearse some very important life skills. Thanks to the army of parent volunteers who have helped make this possible and to Dale and our classroom teachers for their organisation and smooth operation this year.

If your children are in Year 1/2 then you had best be ready, because the 1/2 swimming program starts on Monday. Make sure you have bathers and towels ready over the weekend. If you are able to help out on any of the day, please be sure to contact your child's classroom teacher and please refer to Compass for more information.

Another reminder that the Prep and Year 5/6 swimming program is scheduled to commence in Term 4 and we will communicate further information as those dates get closer.

Take Care,

Shaun.



# School Council

## From the School Council....

We are pleased to inform our parents that starting this month we will be reinstating a communication page in the newsletter from our school council. Our intention is to keep you informed and updated on what we are involved in at the school and the projects we are currently working on. It will also give us an opportunity to reach out to the wider school community to ask for help and expertise to help us complete these tasks when needed or if parents have the desire to contribute to projects we are working on.

Firstly, I would like to introduce myself. I am Jo Pitt, the newly appointed school President to replace my predecessor Steven Horvat who has unfortunately had to step down from school council due to other commitments. The school council would like to take this opportunity to thank him for his time and hard work and we look forward to when he has time to join us in future school events!

I am new to NPS this year with my daughter, Chloe, starting prep in January with Isabelle and now in the capable hands of Olivia as of this term. Chloe is thoroughly enjoying her time here at NPS and it has been an inspiration for me to offer my time and support in joining the school council, where I can help facilitate that for all.....next minute I'm in the staff room taking on the Presidents role! Wish me luck!

Each newsletter we will introduce a new council member to the school who will provide an update of the last council meeting and allow you all to get to know a bit more about us and in turn, who to approach if you want to volunteer your time or bring something to our attention.



We are currently looking for more parent members to join us, so if you are interested and want to know more, please reach out to me- jo.pitt@education.vic.gov.au

### **School Council meeting summary (21.6.23)....**

- Election of a new President and Vice President - Jo Pitt and Lucy Sinclair respectively.
- School review update-The review is now complete, and we are in the process of finalising the goals and targets. In approximately three weeks' time our school reviewer, Martin Winfield, will provide a report and it will be published on the new school website.
- VSBA landscaping proposal update- we now have been allocated a VSBA case manager who has organised for 3 x Department of Education vetted landscape architects who Shaun and Bale met with in the school holidays for a site walk. These architects will provide initial fee proposals and concept designs to take us to the next stage. Our goal is to push this project to completion in the shortest time viable, to get a positive outcome for as many of our current students to enjoy as possible. We will keep you updated on what this timeline might look like as the project progresses. So stay tuned.
- Confirmation that recent fundraising events (Pasta drive and Battle of the bands) is committed to contributing to the costs of Anita's proposal for the new music program.
- Finance Sub-committee summary- it was reported that Parent Payment Arrangements have only been received from approximately 50% of families so far this year, balance sheets for April and May 2023 reviewed.
- Environments Sub-committee summary- Working bee #1 details finalised and the dates of #2 and #3 confirmed, landscaping work discussions, initial discussions for the bike shed upgrade, new avenues explored to secure a regular and ongoing garden maintenance person (still required).
- Community Sub-committee summary- 2023 Movie night planning and proposal discussions.
- Education Sub-committee summary- review and update of listed policies; Complaints, Volunteers, Visitors, Student Wellbeing and engagement, Bullying Prevention, Digital Learning, Aboriginal Learning, wellbeing and safety action plan, Administration of Medication, First Aid and Anaphylaxis.

### **Upcoming social events....**

*Movie Night*

In case you hadn't heard, the community subcommittee is organising a Parent Movie night. Come and see the new 'Mission Impossible Dead Reckoning' movie. Meet some new parents and mingle with friendly faces. 6pm arrival for a 6.30pm start @ Westgarth Cinema. Tickets \$30 - includes popcorn and soft drink. Book by Wed 26 July via canteen in Compass. Proceeds raised will go towards costumes for the Whole School Production on Thursday 14 September.

### *Trivia Night*

Unfortunately, this was meant to be a save the date for the NPS Trivia Night @ Welcome to Thornbury, but very recent communications from the venue mean that the secured date is no longer secure!! And so, while the community subcommittee flex their agility and ability to react, we hope to have details coming soon! This is one event we want to keep in our calendar 😊

### *Join the community subcommittee*

Would you like to be a part of the school's social and fundraising events? Why not join the community subcommittee. It's fun and a great way to meet and connect with other parents and the school community. Contact Lucy [lucycsinclair@hotmail.com](mailto:lucycsinclair@hotmail.com) for more information.

### **Reminders and requests from the Council....**

2023 Parent payment Arrangement Curriculum Contributions.

Parent / guardian payments are critical for ensuring Northcote Primary school has the right technology, classroom supplies and programs to run a fantastic and high-quality education program. The payment of \$250 is voluntary, but the School Council would like to encourage all parents / guardians to make this payment to support the school and your children's education where they can. Payments can still be made for 2023 and we would like to remind families that the school can provide confidential support options for families facing financial difficulties. Please reach out to Shaun or Caterina for the assistance that is available to you. The payment is made via Compass in the 'Payments Centre' under Contributions. Here you can make the payment or review under the Payments tab if your made payment for this year has been paid already.



# Pupil of the week Term 3

2023

## Week 2

Prep Natalie	Gem B
Prep Olivia	Chloe R
Prep Meg	Fern L
Grade 1/2 Sharif	Adaline S
Grade 1/2 Brigitte	Teddy B
Grade 1/2 Sam	Joshie J
Grade 1/2 Stephanie	Penny C
Grade 3/4 Matt	Matteo M
Grade 3/4 Sarah & Nick	Zar Q
Grade 3/4 Kate	Seleena R
Grade 3/4 Eleanor	C J B
Grade 5/6 Steven	Ari V
Grade 5/6 Izzy	Tol P
Grade 5/6 Declan	Elvie R
Grade 5/6 Luke	Audrey B

## Week 3

Prep Natalie	Mon D
Prep Olivia	Santiago I
Prep Meg	Arthur P
Grade 1/2 Sharif	Peta T
Grade 1/2 Brigitte	Harvey S
Grade 1/2 Sam	Kaan O
Grade 1/2 Stephanie	Indi F
Grade 3/4 Matt	Sophie D
Grade 3/4 Sarah & Nick	Sahra A
Grade 3/4 Kate	Ari G
Grade 3/4 Eleanor	Immi M

Grade 5/6 Steven

Milton A

Grade 5/6 Izzy

Lola S

Grade 5/6 Declan

Zoe B

Grade 5/6 Luke

Sammy H

**To be celebrated at Monday 24th July's Assembly**



## Introducing our new staff members

Olivia Middleton is a new member of our Prep Team - Prep B!

Hi, I'm Olivia! I'm from the UK and after doing some travelling around Southeast Asia, made the decision to move to Melbourne. I've been here for almost a year now and I am super excited to get back into teaching and to get to know the lovely students of Northcote Primary! My favourite subject is phonics, my favourite animals are elephants, and my favourite Aussie delicacy is chocolate scotch fingers. Can't wait to see what the rest of this year brings!



## Kate Hill will be starting at NPS at the beginning of Term 3 in 3/4 C!

Hello to the Northcote PS family! I've just returned from 5 years in Kenya where I was teaching at an international school and working on illustration projects. I love and miss my 'other home' very much, but I am excited to meet all of you! The thing that I love best about working in schools is the sense of community: the care we can show each other, the creativity we can nurture together and especially when we have fun and laugh together!





# Division Netball - Congratulations!!!

We are going to Regionals on the 15th August!!

**On Thursday nine year six's went to Narrandjeri Stadium and played two games of intense netball against two strong schools. Both of those schools we beat which means we are going to play as a team again on August 15th at the Northern Metropolitan Regionals. The score of the first game (that was against St Josephs) was 5 to 24. The score of the second game (that was against Holy Name) was 5 to 13. We had heaps of very supportive parents, Dale and our awesome coach Jill (Zoe's mum)- and an awesome day. The nine of us are so happy to be able to represent an awesome school like Northcote Primary school at district, division and soon regionals, and a plus we get to do it together as a team.**

**Eva Schmidt**









# Another successful NPS Working Bee

While the weather conditions weren't perfect, we were still able to get a number of tasks crossed off our to do list! Many thanks to our parents who volunteered part of their weekend to support us.

Working Bee #1 2023 – Saturday 17th June 2023 What was a possibly one of the windiest days in a while and having provided less than ideal notice to prospective volunteers, it must be said our working bee group of Saturday 17th June did a tremendous job and it was thoroughly rewarding. Well done and thank you to everyone who came along and supported!! You were all fantastic! Check out the pictures of their achievements below. We managed to source a huge 8 cubic metres of fresh Redgum mulch (free!) which was tirelessly shovelled into wheelbarrows for the whole 3 hours and distributed and raked around all the school. Naming just some of what was achieved was that the lawns were cut, the garden beds were weeded, new plants were planted, trees were pruned, the school roof and storm drains was cleared, the play areas were raked flat, large areas were pressure washed, a veggie garden bed was created, and additional bike racks were put on the block, and even the sandpit was sieved!! It was the first of 3 planned working bees this year and we hope that the ones that follow gain even more traction, involve consuming more sausages around the BBQ (prepared by our head chef Shaun!) and promote the wonderful community feeling we all pride our school on! The next one is Saturday 26th August 12-3pm and you will be pleased to know we have booked more sunshine and less wind for that one! We hope to see you there.

Here are some pictures of some of the great work that took place.....













Shelter shed was given a 'good wash'!















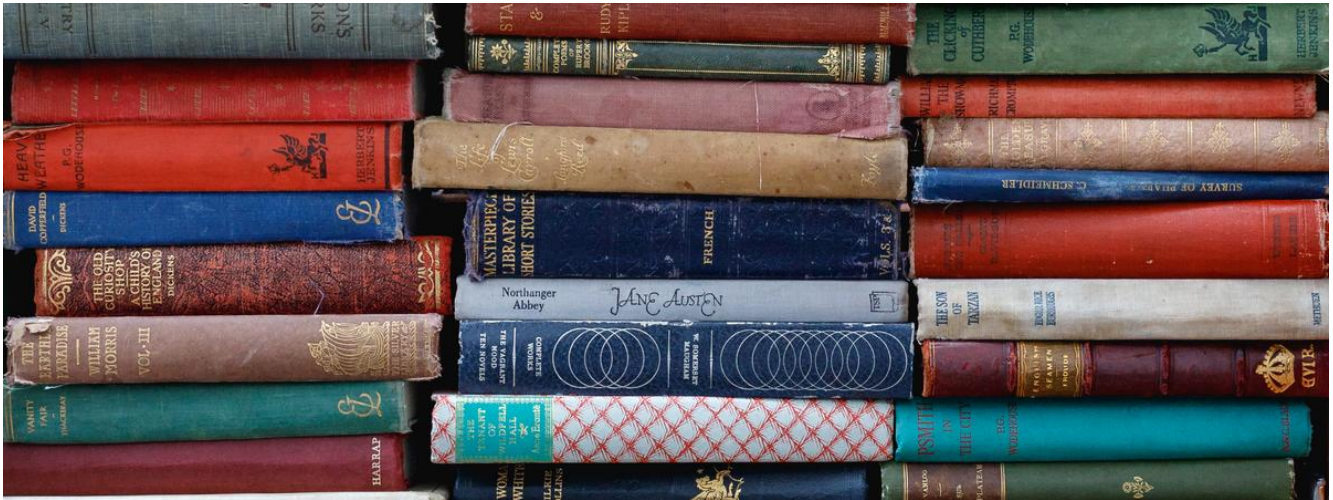
## Save the date - Working Bee#2



# Northcote Primary's Working Bee #2 August 26th 12 - 3pm

Working Bee #2 is fast approaching, please add the date into your calendar as we would love if you could come along and help out. There will be lots to do and plenty of sausages to eat (vego options also available).





# Book Week





Children's Book Week is approaching! Please save the date for our fun filled, fabulous annual Book Week Parade, which will be taking place on **Monday the 21st of August at 9:00am** (in lieu of assembly).

This year's theme is '**Read, Grow, Inspire!**'

For those of you who are new to the school, the **book week parade** is an opportunity for all students to dress up as their favourite book character to celebrate everything books.

We encourage all students to participate, so have a look at what you have at home and, if you have time and are so inclined, get creative! Please note, this is a low key, fun event. There is absolutely no need to stress or to spend money.

For those of you that are interested, the following is a link to The Children's Book Council of Australia (CBCA) shortlisted books for 2023.

<https://cbca.org.au/shortlist-2023>

The parade is held outside (weather permitting) and is a lot of fun for all involved, we look forward to seeing you there.

More information to follow, closer to the date.

Meagan Porter  
meagan.porter@education.vic.gov.au



# Victorian Premiers' Reading Challenge



Thank you to everyone who has signed up to be part of the Premier's Reading Challenge! We have an amazing number of students from across the school who are '**wild about reading**' and participating this year, which is excellent to see!

A reminder that the closing date (8th September 2023) is only a couple of months away, so keep entering those finished books into your child/ren's personal page on the website. These books can be independently read or co-read with an adult.

If your child/ren would like to receive an official Certificate of Achievement and congratulations from the Premier of Victoria, please make sure the books are entered into the website by the closing date.

I've been looking at the numbers, and can report that we've had the most students sign up ever, from across all grades within the school:

- The 1/2's have signed up the most readers with 31
- The total number of books that our Challenge participants have finished reading and registered into the Challenge website (at time of printing) was a whopping **928 books** - woo hoo!!!
- Lastly, there are currently **10 students** that have already **finished** the challenge - congratulations! BUT, don't drop the book there... let's see how many more books you can read over the coming weeks.

Well done to everyone for participating - let's keep on reading and developing our love of literature.

Meagan Porter  
Premier's Reading Challenge Coordinator



# What's happening in Prep in Term 3.....

Prep overview for Term 3

# WHAT'S HAPPENING IN TERM 3 FOR PREP?



## WRITING

The genre focus for this term is Narrative texts. The Prep students will explore the features of a Narrative text through the use of picture storybooks. They will create their own narrative story, focusing on using adjectives and a 'Sizzling Start' to make their writing more interesting to the reader.

The Prep students will continue learning to apply their sounds to write words, along with including a capital letter, full stop and finger spaces to write a sentence.



## READING

We are beginning our differentiated reading groups this term. Students will be grouped depending on their point of need and will practise decoding and comprehension strategies to support their reading.

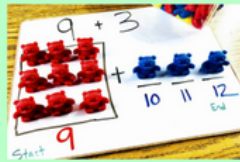
Each group will get to work 1:1 with their teacher each week to receive targeted guidance, they will also practise buddy reading and read to self to further develop their skills.

*The best way to support your child is to practise reading their reader with them for 10 minutes every day.*



## NUMERACY

This term in Maths, the Prep students will be investigating a range of different topics, such as addition and subtraction, patterns and algebra and place value. Students will use hands on materials to support their learning and will focus on explaining their thinking. Students will also learn about measurement and explore different ways we can measure objects in the world around us. There will be a big focus on the language we use to describe the comparisons in length and weight, such as short/shorter/shortest and heavy/heavier/heaviest.



count on strategy

*To support your child at home, practise the 'count on' strategy when adding two numbers together to find the total.*

## SCHOOL PRODUCTION

We will be enthusiastically practising our songs and dances for our school production taking place at the end of this term. We can't wait to perform for all of our family and friends!





# What's happening in Grade 1/2 this term.....

## Grade 1/2 Term 3 Overview

### Reading

This term in Grade 1/2 we are focusing on comprehension skills in *Reading*. The students have commenced the term learning practising their strategies for finding the main ideas in the text and retelling information from the text in the form of summaries. We will also be working on making connections between the text and the students' prior knowledge and personal experiences to help them understand and relate to the text at a deeper level and make inferences about characters' feelings, motives and actions. Later in the term students will be exploring poetry and developing their ability to evaluate and describe the language used, including rhyme, rhythm, alliteration and onomatopoeia and their effect on the reader.

### Writing

The students are working on narratives again this term, using the *7 Steps to Writing Success* to plan, draft, revise, edit and publish stories that grab and excite the reader. In particular, students will focus on how to build tension and excitement, and make their writing more dynamic with dialogue. Towards the end of the term, they will also be experimenting with different poetry styles and structures, and writing some of their own poetry.

### Speaking & Listening

In *Speaking & Listening* skills we are working on skills for interacting with and responding to others. This will include practice sharing within small groups, presenting to the class, and asking deep questions to get more information from the speaker.

### Numeracy

We have started the term with a focus on number patterns and basic algebra skills, including skip-counting, identifying the rule for number patterns, finding missing pattern elements using a rule, and finding the missing number in a number sentence (equation) to make it 'balance' on both sides of the equals-sign. We will be using these skip-counting and number pattern skills as a foundation for launch into a focus on multiplication with strong links to repeated addition, followed by a focus on division later in the term.

In Homegroup maths, we have started the term with Chance and Probability, investigating the likelihood of different events and applying this knowledge to games of chance to see if predicting the likelihood of certain outcomes can lead to increased success. In the second half of the term, we will move to a focus on measurement in which students will explore, measure and calculate the attributes of length, area, volume and capacity.

### Inquiry

As it is a School Production year, there will be a Performing Arts focus in inquiry this term. Students will be exploring movement, dance and drama, and will be practising the production songs they have been learning in Music with Anita, as well as rehearsing their scenes for the big show.



# What's happening in 3/4 this term.....

3/4 overview for Term 3

Focus	Approx. Timing	Student learning will include:
<b>READING</b>		
Summarising	Week 3-6	<p><b><u>Students will learn to:</u></b> Recall key events from a text, focussing on recalling the specific order of events, not just the beginning, middle and end.</p> <p>Verbally recall the main idea of the story using only one sentence.</p> <p>Draw a picture of the main idea in a book that they have read.</p>
Inferring	Week 7-10	<p><b><u>Students will learn to:</u></b> Identify the main characters and discuss why they have made certain decisions, their likely future actions and their feelings.</p> <p>Discuss the illustrations, pictures or paintings in a book without looking at the text and investigate what information these images give us.</p>
<b>WRITING</b>		
Poetry	Week 3-7	<p><b><u>Students will learn:</u></b></p> <p>The features of and how to write different poetic genres, such as:</p>



		<ul style="list-style-type: none"> <li>• Cinquain</li> <li>• Haiku</li> <li>• Limericks</li> <li>• Odes</li> </ul> <p>A range of language devices and how to use them effectively, including:</p> <ul style="list-style-type: none"> <li>• Puns and spoonerisms</li> <li>• Similes</li> <li>• Metaphor</li> <li>• Hyperbole</li> <li>• Personification</li> </ul>
Narrative (Fantasy)	Week 8-10	<p><b><u>Students will learn about:</u></b></p> <p>The structure and features of Fantasy texts.</p> <p>Students will write an alternative ending to a well known fantasy story, such as:</p> <ul style="list-style-type: none"> <li>• Alice in Wonderland</li> <li>• Charlie and the Chocolate Factory</li> <li>• Peter Pan</li> </ul>
<b>MATHS</b>		
Fractions, Decimals & Percentages	Whole Term	<p><b><u>Students will learn to:</u></b></p> <ul style="list-style-type: none"> <li>• Model and represent unit fractions including <math>\frac{1}{2}</math>, <math>\frac{1}{4}</math>, <math>\frac{1}{3}</math>, <math>\frac{1}{5}</math></li> <li>• Practise counting by quarters, halves and thirds, including mixed numerals (<math>\frac{1}{4}</math>, <math>\frac{1}{2}</math>, <math>\frac{3}{4}</math>, 1, <math>1\frac{1}{4}</math> ...).</li> <li>• Investigate decimals in real world situations (money, measurements etc).</li> <li>• Roll dice to create fractions, for example <math>\frac{1}{8}</math> and <math>\frac{3}{4}</math>, and add together.</li> </ul>

Time	Whole Term	<p><b><u>Students will learn to:</u></b></p> <ul style="list-style-type: none"> <li>• Make their own clock using a paper plate</li> <li>• Convert between 12 and 24 hour time. For example 1730 converts to 5:30pm.</li> <li>• Convert between units of time. For example, 150 minutes is equivalent to how many hours? 93 seconds is equivalent to how many minutes.</li> </ul>
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# What's happening this term in our 5/6 area.....

## 5/6 Term 3 Overview

### LITERACY

In Literacy this term, 5/6 students will delve deeper into how to infer meaning from fiction and non-fiction texts. They will learn essential skills such as determining author's bias and analysing the purpose of different texts, including advertising and news articles. They will make connections between what they read and their own lives, and other texts, and use critical analysis to form judgements. We will also focus on reading with fluency and at a suitable pace.

Students will further develop their skills in writing effective, persuasive texts. They will construct and deconstruct persuasive pieces, learning to apply strategies to convince the reader of their argument or opinion. We are using the Seven Steps to Writing Success to guide the writing process. All students will write and deliver a persuasive speech based on a common theme. Two Year 6 students will have the opportunity to participate in the Darebin

District Public Speaking competition, held at the beginning of Term 4 at Northcote High School. This long running competition has seen a high level of success for NPS students, and we have provided several winners and placegetters over recent years.

We have a weekly spelling and grammar focus. Spelling words all contain the same visual, sound or meaning pattern. These will include silent letters (such as 'h' and 'p'), complex sentences, and using colons and conjunctions correctly.

## NUMERACY

In Maths, students will consolidate their understanding of fractions, decimals, percentages, ratios and proportional reasoning. We will continue to build upon the concepts already learnt in previous terms to engage and empower the students. This term, we will also develop students' skills in Measurement - focusing on volume, capacity and mass. They will have hands on experiences of measuring and calculating using the correct units of measurement, and convert between them, eg. expressing mass in grams and kilograms. In mixed ability groups, students will become more proficient with their geometric skills and language, focusing on locations and transformations (including directional language, enlargements and rotations). In each area of Maths, students create a glossary of relevant maths terminology which assists them to speak in a common, technical language. At every opportunity, Maths skills are linked to real life, practical situations to emphasise the importance of learning these skills.

## OTHER CURRICULUM AREAS

In **Digital Technologies**, students will learn to collaborate to create a film trailer. They will need to problem solve to allocate roles, plan, script and perform in a persuasive or entertaining short film trailer about a chosen topic.

In **Performing Arts**, students will hone their skills in singing and dancing by rehearsing their production item. We don't want to reveal too much at this stage so we don't ruin the surprise for September 14th.

In **Social Emotional Learning (SEL)**, the focus is on help seeking. This includes looking at trusting relationships, healthy friendships and support networks. We will also continue to focus on other significant events such as NAIDOC Week. We enable and encourage respectful discussions about topics related to fairness and social justice (past and present), such power imbalances, race, gender, and rights.

In **5/6 Sport**, each student will be placed in a winter team squad, based on their preferences (either basketball, T-ball, Newcombe or Ultimate Frisbee). Every Friday, the squads practise their skills in preparation for a one-off Gala Day, to be held later in Term 3. Weekly interschool sports matches are not occurring this year.



# This is what our Specialists have planned for Term 3

Specialists overview for Term 3

## Physical Education - Dale McLean

Preps – Football and leaping, jumping and skipping

1/2s – Football, tee-ball and leaping, jumping and skipping

3/4s – Tee-ball/softball, Tennis and Lacrosse

5/6s – Softball, Tennis and Lacrosse

## Music - Anita Hillman

### **Term 3 NPS Music Overview**

During music this term all students will be preparing for our amazing Disney themed whole school Production. Students will be rehearsing the songs and dances for their class act during music lessons as well as in their homerooms. Make sure to pencil in the 14th of September in your diaries, tickets will be available soon on Compass so keep an eye out!

### Preps

In addition to the production preparation the Preps will continue their learning about beat, rhythm and pitch. This term they will be learning about rests in rhythmic phrases which we

call 'za'. They will be building their ability to pitch match through singing and playing games with different simple two and three note songs. Ask your child to sing you the Apple Tree song and explain the game.

### Grade 1/2

In addition to the production preparation the Grade 1/2s will continue their learning about beat, rhythm and pitch. They will be learning how to identify rhythmic phrases and use formal notation for ta, ti-ti and za (crotchets, quavers and crotchet rests). We will continue to sing and play games with many different simple two and three note songs to build confidence when singing and pitch matching.

### Grade 3/4

In addition to the production preparation this term the 3/4s will be building on their understanding of rhythm by learning about syncopation. They will be learning about stress and accents on upbeats and downbeats and the effect this has on the feel of songs and pieces of music.

### Grade 5/6

In addition to the production preparation this term the 5/6s will be further consolidating their understanding of rhythm and pitch through games, songs and working in small groups to compose short ostinatos and arrangements.

## Art - Amy Murray

🧡 Textile Art: Unleashing Creativity Across All Grades! 🧡

This term, we're diving into the captivating world of Textile Art across all grades:

- Preps: Creating 3D birds through wool weaving and wrapping, inspired by Tjanpi Desert Weavers.
- 1/2s: Hand stitching and sewing felt bags, drawing inspiration from Mola art of the San Blas Islands.
- 3/4s: Crafting unique "Ugly Dolls" to celebrate individuality and what makes us special.
- 5/6s: Tie-dyeing and hand stitching pillows, inspired by Shibori Techniques.

In addition to their individual textile art projects, each grade will create special elements for their production numbers, adding their artistic touch to our school production! 🧡🧡

## Italian - Rosa Paladino/ Gaynor Martyn

*Italian overview will be provided in the next newsletter.*



# Nude Food Warriors for NPS

## Nude Food across the school

On Monday 5th June, to celebrate World Environment Day, students across the school were encouraged to package their snacks and lunch in reusable containers without any plastic packaging, otherwise known as Nude Food.

To get a gauge on how well our school was already doing, the student Green Team members from Grades 3-6 went around to classrooms at recess to take photos of some excellent examples of students using reusable containers, without any plastic to go into landfill. Here is some of what they captured:







Reusable fork!!



Reusable spoon!!







←





Well done NPS. Let's all try a bit harder to reduce the amount of plastic packaging we use.

# NPS Future students

# Last Tour Dates for 2023



We ask that enrolments are completed preferably by the end of Term 3

*Prospective families and children can come and see NPS on a 'business as usual' day, meet the Principal and other staff. School tour times are 9.30 - 10.30am and prospective families are requested to confirm attendance by calling the our school office and registering their name and contact details.*

Our next tour date:

- Tuesday 18th July 9.30 - 10.30am
- Tuesday 1st August 9.30 - 10.30am
- Tuesday 15th August 9.30 - 10.30am


Enrolment packs are available from our office.



# OSH Club

## OSH Club Information

<https://www.oshclub.com.au/vic/northcote-primary-school/>

 northcote-primary-OSHC.pdf



## Let's go!

OSHClub pride ourselves on providing your children with fun, play-based learning experiences before and after school as well as during the school holidays. Whether your child attends OSHC daily or only occasionally, each visit is an exciting and engaging adventure!



### Compelling programs

We'll empower your child to explore, navigate, experiment and engage in a diverse range of experiences.

### Educators who care

Our educators will embrace your child's journey: caring deeply, thinking creatively and inspiring them to thrive.

### Future ready

We focus on building knowledge, skills and behaviours that help prepare your child for whatever the future may hold.

### Unified partnership

As an integral part of the school community, together we'll create a fun and engaging environment for your child to flourish.

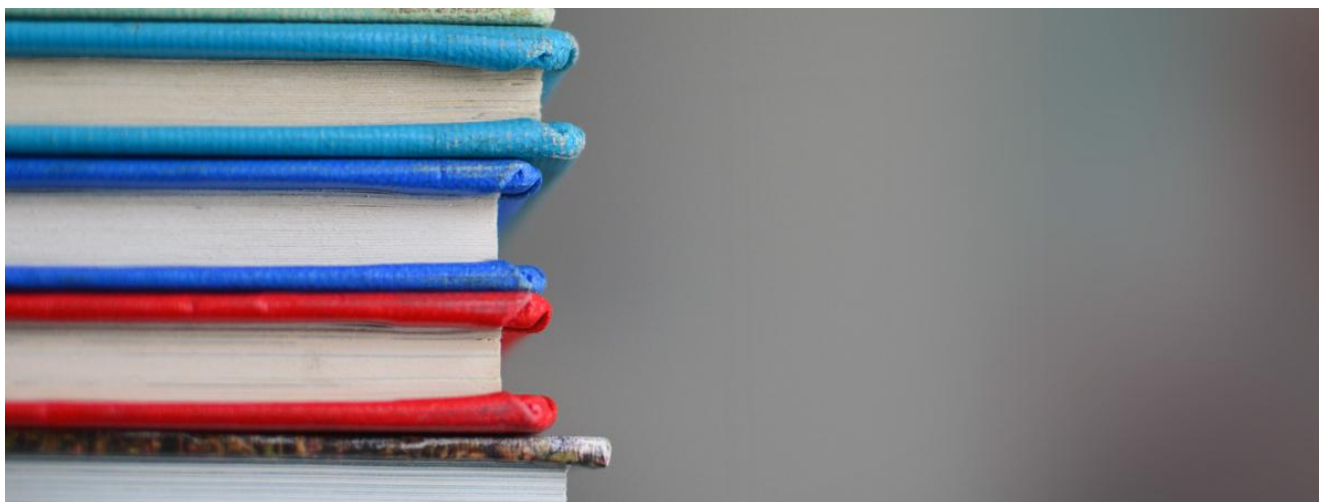
### Fabulous food

We fuel curious minds and growing bodies, helping to shape your child's understanding of health and wellness positively.

### Peace of mind

You can be confident that your child is safe, happy and given every opportunity to fulfill their potential.

Join the fun. Be active. Get together.



# Santa Maria College OpenDay

Come along to our Open Day!



# UPCOMING COLLEGE TOURS

## Discovery Tours

Tuesday 6 June: 9.15am  
Wednesday 19 July: 9.15am  
Wednesday 9 August: 9.15am

## Express Tours

We are now also hosting small, group express tours every fortnight, for approximately 45 minutes.

**Visit the College website or scan the QR Code to register for a tour**



**Year 7 2025 enrolments close in August! Very limited places for 2024**

**P: 9488 1600 E: registrar@santamaria.vic.edu.au W: www.santamaria.vic.edu.au**



# Community Sports

Join a community sporting team.....



# Fitzroy Junior Football Club



Join our club and be a part of grassroots footy.  
Fitzroy prides itself on its culture of fairness,  
safety and inclusion above on field success.

Limited places are available for  
Boys & Girls in all age groups from:  
U8's (born 2015) – U13's (born 2010)



***SPECIAL OFFER!*** - The next 10 new players will receive  
a ***FREE custom fitted mouthguard worth \$70***

Registration enquiries, email: [registration@fitzroyjuniorfc.com.au](mailto:registration@fitzroyjuniorfc.com.au)  
For further information visit: [www.fitzroyjuniorfc.com.au](http://www.fitzroyjuniorfc.com.au) or like us  
on Facebook: [facebook.com/FitzroyJuniorFootballClub](https://facebook.com/FitzroyJuniorFootballClub) for updates.

# WE ARE FITZROY

**[Student soccer voucher- see link below for voucher](#)**



We are giving away \$25 vouchers to all parents in the area. The whole idea is to give students the opportunity to get professional soccer sessions for FREE.

We have found that sending this through compass has the best results or any equivalent communication channel the school uses.

*Football Star Academy voucher for a free soccer trial: <https://forms.gle/Cbe9zTx6zK3m3pct9>*

Please let me know if you have any questions.

Kind regards,

Yours in Sport,

Sebastian

Business Operations

FSA VIC 38: Aberfeldie, Brunswick South West, Essendon, Moonee Ponds, Moreland West and Pascoe Vale

M 0422853411

[Email:vic38coach.football@sportstaracademy.com.au](mailto:vic38coach.football@sportstaracademy.com.au)

# Recruiting Now for 2023!



**Fitness Confidence**  
**Dancing Friendship**

Are you thinking about trying  
Calisthenics? Why not come along and give it a go!  
The first two classes are obligation free,  
no experience necessary.



## Free Trial



TINY TOTS (5YRS AND UNDER) SATURDAYS 9:00-9:45AM  
TINIES (7 YRS AND UNDER) SATURDAYS 10:00-11:15AM  
SUB-JUNIORS (10 YRS AND UNDER) SATURDAYS 11:30-2:00PM

5/159 Newlands Road, Coburg North  
[www.stmarkscalisthenicsclub.com](http://www.stmarkscalisthenicsclub.com)  
[stmarksccl@hotmail.com](mailto:stmarksccl@hotmail.com)



36A

37

37A

38

38A

39

39A

39B

39C

39D

39E

39F



TX 50033

# Come and swim with us!



*Northcote Swim Club is welcoming new members!*

Are you interested in joining a swim squad?



Northcote Swim Club is a community based competitive swimming club. Our squad sessions cater for every level and are supported by qualified coaches.

***Dive into our club as we prepare to move into our new state of the swim centre – coming late 2023.***

- Be part of a team
- Make new friends
- Exercise and stay active
- Build swim skills
- Professionally trained coaches
- Pathway to competition

**Contact us to learn more and arrange a trial:**

[ntc.swimming@gmail.com](mailto:ntc.swimming@gmail.com)  
[northcote.swimmingclub.org.au](http://northcote.swimmingclub.org.au)





# THE BUSINESS END OF SCHOOL LIFE

THE FOLLOWING ARE REPEATED INFORMATION ITEMS, WHICH CAN BE REFERRED BACK TO BY OUR SCHOOL COMMUNITY WHEN NECESSARY

## Parent Payments

Attached is a copy of the Parent Payment Arrangement has been approved by the school council on Wednesday 22 of February 2023, for Curriculum Contributions for student use for the 2023 School Year.

The cost for 2023 Parent Payment Arrangement is \$250.00

In the newsletter section compass information, you will find attached a copy of the Compass Pay Parent Guide on how to make payments via Compass.

Please do not hesitate to contact the school's office should you have any concerns.

Kind Regards

Caterina Carnovale

Business Manager

 Parent Payment Arrangement 2023 PPA.pdf

## Compass Attendance

This is a gentle reminder to parents/carers, about the importance of logging student absences on Compass. This is a Department of Education requirement.

If your child is absent from school or is going to be absent in the future (for example a planned family holiday), it is important that this absence is logged via Compass.

Attached is a parent guide to using compass.

 Parent-guide-Compass.pdf

## CSEF: Camps, Sports and Excursions Funds



## FINANCIAL ASSISTANCE INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link between a student's background and their outcomes.

### CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors. Excursions encourage a deeper understanding of how the world works while sports teach teamwork, discipline and leadership. All are a part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$125 for primary school students
- \$225 for secondary school students

### MORE INFORMATION

For more information about CSEF visit:

<https://www.education.vic.gov.au/about/programs/Pages/csef.aspx>

### HOW TO APPLY

New applicants should contact the school office to obtain a CSEF application form or download from the website below.

If you applied for CSEF at your child's school last year, you do not need to complete an application form this year unless there has been a change in your family circumstances.

You only need to complete an application form if any of the following changes have occurred:

- **new student enrolments;** your child has started or changed schools this year.
- **changed family circumstances;** such as a change of custody, change of name, concession card number, or new siblings commencing this year.

Check with the school office if you are unsure.



## Important Information

Our school gates are unlocked at 8.45am each morning to allow students to enter, the yard is not supervised before this time. Students can enter classrooms from 8.45am each day. The

gates are again locked at 9.00am when the bell goes. The gates are unlocked again at 3.20pm and are locked by 3.45pm.

### **Helmets**

When riding a bike or scooter to or from school, all students **MUST** wear a helmet at all times.

### **Bikes and Scooters**

Helmets must be worn on the way to and from school. Bikes and scooters must also be WALKED (not ridden) once inside the school.

*Please note: bike and scooter storage is not completely secure. Unauthorised access via the external fences has occurred in the past. We highly recommend the use of a personal bike/scooter lock to avoid theft. The school takes no responsibility for the loss or damage of equipment stored on site.*

### **Kiss and Go**

Just a reminder to families that the Kiss & Go zone is a short-term stopping area where drivers are allowed to stop and park the vehicle for a **short time** – no longer than two minutes – while the student exits or enters the vehicle from the curbside doors. This enables students to walk between the car and the school, using the safety of the footpath.

### **Ball games before and after school**

To ensure everyone feels safe during the busy mornings and afternoons, ball games are not permitted during these times.

## **Classroom Cuisine 2023**

This is the current lunch menu from Classroom Cuisine. Lunch orders are delivered to NPS everyday, with the exception Tuesdays.

For our new families please note that this is an external lunch provider, all lunches are ordered online and orders should be placed by 8.30am.

Please Note: The "Canteen" function on Compass is not to order lunches, it is used primarily for our fundraisers.



**SERVICING NORTHCOTE PRIMARY SCHOOL**  
**AVAILABLE ON MONDAY, WEDNESDAY, THURSDAY & FRIDAY**  
**Order ONLINE until 8.30am on the DAY LUNCH IS REQUIRED**

### LUNCH ITEM ONE

#### SALADS

Greek Style Salad with Feta and Olives (V, GF)  
 Pic(k)nic Box – Vegetarian (V, GF)  
 Pic(k)nic Box with Ham (GF)  
 Pic(k)nic Box with a Whole Egg  
 Falafel with Tabouli Salad (V,G/DF, H)  
 Mexican Inspired Salad (V, GF)  
 Tuna Mix with Brown Rice & Quinoa Cakes (V, GF)

#### SUSHI

Teriyaki Chicken Hand Rolls (2)  
 Cooked Tuna Hand Rolls (2)  
 Avocado Hand Rolls (2)  
 Cucumber Hand Rolls (2)  
 Vegetarian Hand Rolls (2)  
 Tofu Hand Rolls (2)

#### BAKERY

Cheese and Bacon Roll  
 Cheese and Vegemite Scroll (w/m)  
 SCROLL with Ham & Cheese  
 Semi Dried Tomato and Olive ROLL  
 Topped with Only Cheese Roll  
 GOZLEME - Lamb & Beef (H)  
 GOZLEME - Spinach and Cheese (V, H)

#### BAKED FRESH PIZZAS

(Thin & Crisp, Served at room temp)

Margherita Pizza  
 Ham and Pineapple Pizza

#### SANDWICHES, ROLLS & WRAPS

Turkey, Cranberry, Lettuce and Cheese Sandwich  
 Gluten Free Ham & Cheese Sandwich (GF)  
 Simple Salad Roll (V)  
 Cucumber & Ham Sandwich (GF)  
 Vegemite Sandwich (2)  
 Mild Salami and Salad Roll  
 Plain Cheese Sandwich (2)  
 Roast Beef, Fruit Chutney, Cheese and Lettuce Roll  
 Cheese and Salad Roll  
 Wholegrain ROLL with Cheese and Tomato  
 WRAP (GF, DF) Ham and Salad  
 Wholegrain Ham and Cheese Sandwich  
 Chicken MAYO and Lettuce Roll (H)  
 Garden Salad Wrap (GF,DF,V)

### LUNCH ITEM TWO/THREE

#### FRESH FRUIT & VEG

Freshly chopped strawberries with Grapes  
 Fresh Fruit Combo  
 Lightly Steamed Corn wheels & Broccoli pieces  
 Celery & Carrot Sticks with Sultanas  
 Chopped Carrot, Cucumber, Red & Yellow Capsicum  
 Apple pieces with Lemon Juice, Cinnamon & Brown Sugar  
 Chia Bowl with Banana, Coconut & Strawberries  
 Sugar Snap Peas, Beans & Cherry Tomatoes  
 Cantaloupe & Honeydew pieces  
 Edamame (Lightly Salted)  
 Cherry Tomatoes with Tasty Cheese & Rice Crackers  
 Freshly chopped Orange Segments  
 Whole Fruit – Banana OR Mandarin

#### YOGHURT

Strawberry Chobani Yoghurt  
 Blueberry Chobani Yoghurt  
 Passionfruit Chobani Yoghurt  
 Plain Chobani Yoghurt

#### BAKED GOODS

Choc Chip Cookie  
 Cornflake Cookie  
 Finger Bun with Sprinkles  
 Hedgehog Slice  
 Choc Cup Cake (GF,DF)  
 Blueberry Muffin  
 Fruit Bun  
 Jam Drop Biscuit (GF, NF, H)

#### DIPS & CRACKERS

Tzatziki Dip with Rice Crackers  
 Avocado Dip with Rice Crackers  
 Spring Onion Dip with Rice Crackers

#### POPCORN/SNACKS

Dried Fruit Medley with a Yoghurt Frog  
 Popcorn - Lightly Salted  
 Popcorn - Slightly Sweet, Lightly Salted  
 Lightly salted Fav'va Beans  
 Chickpeas with Lime & Black Pepper  
 Balsamic & Sea Salt Fav'va Beans

#### DRINKS

Apple Juice  
 Orange Juice  
 Full Cream Milk  
 Nippy's Chocolate Milk  
 Strawberry (Lactose Free) Milk  
 So Good Soy Milk

**Healthy, Interesting & Affordable Lunches Delivered to School!**

More information about Our Offering including  
 Pricing, Ingredients and Portion Size is available on the Our Menu Page at  
[www.classroomcuisine.com.au](http://www.classroomcuisine.com.au)

### Late Arrivals & Early Departures

If your child is late or you are collecting them early it is **essential** you do so through the front office. **All Students must be signed in and out** via the Compass Kiosk at the front desk.



For late arrivals a paper slip will print out when they are signed in, this slip is to be given to the teacher so they know the student has signed in at the office.

Please note if you have put a Compass note in for a late arrival or early departure (for example you log on Compass that your child is being picked up at 1.30pm for a medical appointment) you do not need to sign them out via the Compass Kiosk at the office. However, **you still must come into the office to collect the student.**

The Department of Education requires a parent, carer, or listed emergency contact physically collect the child from the office when it is during school hours. This means we are **unable to allow students to leave on their own**, even if it has been logged on Compass. We understand this may be inconvenient at times so please contact or the office on 9481 0009 and they will do their best to assist you.

Also, if you know of an early departure in advance, please inform the office and your child's teacher, so they are able to have the student waiting and ready for you to collect.

### **Compass Pay for all school payments - Compass Pay at Northcote Primary School.**

Compass Pay provides a more consistent approach to parent consent and payments of activities for students and confirm the student's medical requirements through the compass app.

Northcote Primary School has a streamline approach to the collection of payments for Camps, Excursions, Incursions, and the annual Parent Payment Arrangement, and fundraising activities.

This option allows parents/caregivers the opportunity to have all the information on one platform the Compass Parent App.

Cash, EFT and B-pay are available as options, the preferred method of payment is Compass. Compass creates efficiency for teachers and the office staff where immediately we will be able to see if parents/caregivers have consented and paid for the activity. Parents will receive a push notification from Compass when an activity has been created.

We have attached a copy of the Compass flyer on how to consent and pay for events.

 [CompassPay Parent Guide.pdf](#)



# 2023 First Aid Team

## Introducing the NPS 2023 First Aid Team

For our returning families there will be some familiar faces, and for our new families our first aid team is

- Donna Cassidy
- Caterina Carnovale

If your child becomes unwell one of our fantastic First Aid Officers will be tending to them and will be in contact with you if necessary.

The first aid office is located in front office (the other end to the front doors)

If your child is needing to be picked up, where possible we will organise their school bag and belongings and you can collect them from the front office 😊

## Action Plans

Parents and carers are reminded that if their child has anaphylaxis, allergies, or asthma that their child **MUST HAVE A CURRENT PLAN.**

**Red ASCIA Anaphylaxis Plan for use with EpiPen® adrenaline (epinephrine)**

**autoinjectors** is attached below and must be prepared in colour, completed by your GP and have a current photo of your child attached to it.

**ascia**  
www.allergy.org.au

**ACTION PLAN FOR Anaphylaxis**

For use with **EpiPen®** adrenaline (epinephrine) autoinjectors

Name: \_\_\_\_\_  
Date of birth: \_\_\_\_\_

Confirmed allergens: \_\_\_\_\_

Family/emergency contact name(s):  
1. \_\_\_\_\_  
Mobile Ph: \_\_\_\_\_  
2. \_\_\_\_\_  
Mobile Ph: \_\_\_\_\_

Plan prepared by doctor or nurse practitioner (NP): \_\_\_\_\_  
The treating doctor or NP hereby authorises medications specified on this plan to be given according to the plan, as consented by the patient or parent/guardian.  
Whilst this plan does not expire, review is recommended by 30/06/21

Signed: \_\_\_\_\_  
Date: \_\_\_\_\_

**How to give EpiPen®**

- Form fit around EpiPen® and PULL OFF BLUE SAFETY RELEASE
- Hold leg, sit and PLACE ORANGE END against outer mid thigh (with or without clothing)
- PUSH DOWN HARD until a click is heard or felt and hold in place for 5 seconds REMOVE EpiPen®

EpiPen® is prescribed as follows:  
• EpiPen® 150 mg for children 15-30kg  
• EpiPen® 300 mg for children over 30kg and adults

Note: If adrenaline is accidentally injected (e.g. into a thumb) phone your local poisons information centre. Continue to follow this action plan for the person with the allergic reaction.

© ASCIA 2022. This plan was developed as a medical document that can only be completed and signed by the patient's doctor or nurse practitioner and cannot be altered without their permission.

**SIGNS OF MILD TO MODERATE ALLERGIC REACTION**

- Swelling of lips, face, eyes
- Hives or welts
- Tingling mouth
- Abdominal pain, vomiting - these are signs of anaphylaxis for insect allergy

**ACTION FOR MILD TO MODERATE ALLERGIC REACTION**

- For insect allergy - flick out sting if visible
- For tick allergy  seek medical help or  freeze tick and let it drop off
- Stay with person, call for help and locate adrenaline autoinjector
- Give antihistamine (if prescribed)
- Phone family/emergency contact

Mild to moderate allergic reactions (such as hives or swelling) may not always occur before anaphylaxis

**WATCH FOR ANY ONE OF THE FOLLOWING SIGNS OF ANAPHYLAXIS (SEVERE ALLERGIC REACTION)**

- Difficult or noisy breathing
- Swelling of tongue
- Swelling or tightness in throat
- Wheeze or persistent cough
- Difficulty talking or hoarse voice
- Persistent dizziness or collapse
- Pale and floppy (young children)

**ACTION FOR ANAPHYLAXIS**

- LAY PERSON FLAT - do NOT allow them to stand or walk
  - If unconscious or pregnant, place in recovery position - on left side if pregnant, as shown below
  - If breathing is difficult allow them to sit with legs outstretched
  - Hold young children flat, not upright
- GIVE ADRENALINE AUTOINJECTOR
- Phone ambulance - 000 (AU) or 111 (NZ)
- Phone family/emergency contact
- Further adrenaline may be given if no response after 5 minutes
- Transfer person to hospital for at least 4 hours of observation

**IF IN DOUBT GIVE ADRENALINE AUTOINJECTOR**  
Commence CPR at any time if person is unresponsive and not breathing normally

**ALWAYS GIVE ADRENALINE AUTOINJECTOR FIRST, and then asthma reliever puffer if someone with known asthma and allergy to food, insects or medication has SUDDEN BREATHING DIFFICULTY** (including wheeze, persistent cough or hoarse voice) even if there are no skin symptoms  
Asthma reliever medication prescribed:  Y  N

Anaphylaxis EpiPen Plan Template.pdf

**Red ASCIA Anaphylaxis Plan for use with Anapen® adrenaline (epinephrine)**

**autoinjectors** is attached below and must be prepared in colour, completed by your GP and have a current photo of your child attached to it.

**ascia**  
www.allergy.org.au

**ACTION PLAN FOR Anaphylaxis**

For use with **Anapen®** adrenaline (epinephrine) autoinjectors

Name: \_\_\_\_\_  
Date of birth: \_\_\_\_\_

Confirmed allergens: \_\_\_\_\_

Family/emergency contact name(s):  
1. \_\_\_\_\_  
Mobile Ph: \_\_\_\_\_  
2. \_\_\_\_\_  
Mobile Ph: \_\_\_\_\_

Plan prepared by doctor or nurse practitioner (NP): \_\_\_\_\_  
The treating doctor or NP hereby authorises medications specified on this plan to be given according to the plan, as consented by the patient or parent/guardian.  
Whilst this plan does not expire, review is recommended by \_\_\_\_\_

Signed: \_\_\_\_\_  
Date: \_\_\_\_\_

**How to give Anapen®**

- PULL OFF BLACK SAFETY CAP
- PULL OFF GREY SAFETY CAP from red button
- PLACE NEEDLE END 90° angle against outer mid thigh at 90° angle (with or without clothing)
- PRESS RED BUTTON for 30 seconds REMOVE Anapen®

Anapen® is prescribed as follows:  
• Anapen® 150 mg for children 15-30kg  
• Anapen® 300 for children over 30kg and adults  
• Anapen® 500 for children and adults over 50kg

Note: If adrenaline is accidentally injected (e.g. into a thumb) phone your local poisons information centre. Continue to follow this action plan for the person with the allergic reaction.

© ASCIA 2022. This plan was developed as a medical document that can only be completed and signed by the patient's doctor or nurse practitioner and cannot be altered without their permission.

**SIGNS OF MILD TO MODERATE ALLERGIC REACTION**

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- Phone ambulance - 000 (AU) or 111 (NZ)
- Phone family/emergency contact
- Further adrenaline may be given if no response after 5 minutes
- Transfer person to hospital for at least 4 hours of observation

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Commence CPR at any time if person is unresponsive and not breathing normally

**ALWAYS GIVE ADRENALINE AUTOINJECTOR FIRST, and then asthma reliever puffer if someone with known asthma and allergy to food, insects or medication has SUDDEN BREATHING DIFFICULTY** (including wheeze, persistent cough or hoarse voice) even if there are no skin symptoms  
Asthma reliever medication prescribed:  Y  N

Anaphylaxis Anapen Plan Template.pdf

**Blue Asthma Australia School Action Plan** is attached below and must be prepared in colour, completed by your GP and have a current photo of your child attached to it. If your child has Ventolin at school, they must have an Asthma Action Plan.

**FOR USE WITH PUFFER AND SPACER**  
**ASTHMA ACTION PLAN**

**VICTORIAN SCHOOLS**

Student's name: \_\_\_\_\_

DOB: \_\_\_\_\_

Confirmed triggers: \_\_\_\_\_

PHOTO

Child can self-administer if well enough.  
 Child needs to pre-medicate prior to exercise  
 Face mask needed with spacer

**ALWAYS** give adrenaline autoinjector **FIRST** and then asthma reliever puffer if someone with known asthma and allergy to food, insects or medication has **SUDDEN BREATHING DIFFICULTY** (including wheeze, persistent cough or hoarse voice) even if there are no skin symptoms.  
 Adrenaline autoinjector prescribed:  Y  N Type of adrenaline autoinjector: \_\_\_\_\_

**ASTHMA FIRST AID**  
 For Severe or Life-Threatening signs and symptoms, call for emergency assistance immediately on Triple Zero "000". Mild to moderate symptoms do not always present before severe or life-threatening symptoms

1. Sit the person upright  
Stay with the person and be calm and reassuring
2. Give \_\_\_\_\_ separate puffs of Astromir, Asmol or Ventolin  
Shake the puffer before each puff  
Puff 1 puff into the spacer at a time  
Take 4 breaths from spacer between each puff
3. Wait 4 minutes  
If there is no improvement, repeat step 2
4. If there is still no improvement call emergency assistance  
Dial Triple Zero "000"  
Say "ambulance" and that someone is having an asthma attack  
Keep giving \_\_\_\_\_ puffs every 4 minutes until emergency assistance arrives  
Commence CPR at any time if person is unresponsive and not breathing normally.

Blue/grey reliever medication is unlikely to harm, even if the person does not have asthma.

SIGNS AND SYMPTOMS	MILD TO MODERATE	SEVERE	LIFE-THREATENING
	<ul style="list-style-type: none"> <li>Minor difficulty breathing</li> <li>May have a cough</li> <li>May have a wheeze</li> <li>Other signs to look for:</li> </ul>	<ul style="list-style-type: none"> <li>Cannot speak a full sentence</li> <li>Sitting hunched forward</li> <li>Tugging in of skin over chest/ribs</li> <li>May have cough or wheeze</li> <li>Obvious difficulty breathing</li> <li>Lethargic</li> <li>Sore tummy (young children)</li> </ul>	<ul style="list-style-type: none"> <li>Unable to speak or 2 words</li> <li>Collapsed/exhausted</li> <li>Gasping for breath</li> <li>May no longer have a cough or wheeze</li> <li>Downy/confused/unconscious</li> <li>Blue discoloration (blue lips)</li> </ul>

Emergency contact name: \_\_\_\_\_ Plan prepared by Dr or Nurse Practitioner: \_\_\_\_\_

Work ph: \_\_\_\_\_ Signed: \_\_\_\_\_  
Print name and stamp/signature of practitioner

Home ph: \_\_\_\_\_ Date prepared: \_\_\_\_\_

Mobile ph: \_\_\_\_\_ Date of next review: \_\_\_\_\_

- Assemble spacer.
- Remove cap from puffer.
- Shake puffer well.
- Attach puffer to end of spacer.

- Place mouthpiece of spacer in mouth and ensure lips seal around it.
- Breathe out gently into the spacer.
- Press down on puffer canister once to fire medication into spacer.
- Breathe in and out normally for 4 breaths (keeping your mouth on the spacer).

© Asthma Australia August 2023. This plan was developed as a medical document that can only be completed and signed by the patient's treating medical doctor or nurse practitioner and cannot be altered without their permission.

Asthma Action Plan Template.pdf

**Green ASCIA Allergic Reaction Plan** is attached below and must be prepared in colour, completed by your GP and have a current photo of your child attached to it.

📎 Allergy Plan Template.pdf

All plans **must be updated annually**, one of our first aid team will contact you when your child's plan is approaching expiration.

## NPS Medication Authority Form

Parents **must provide all necessary medications** to be administered in the event of an emergency.

Medications will be administered by one of our trained First Aid Team members.

All medication is to be stored in the First Aid Room, NOT in the student's bag or classroom.

Any medication being stored at/administered on school grounds requires a NPS 2023 Medication Authority Form. These forms are to be **updated at the start of each year** (even if there has been no change to medications). These can be filled out by parents/carers or by a GP.

This form **must** be filled out regardless of a student having a medical plan.

It must also be filled out for ongoing medication as well as temporary (for example, this form is required if a student is unwell and needs to be administered a course of antibiotics during school hours, as well as if a student requires a hay fever tablet only when symptoms arise).



2023

**Medication Authority Form**  
for a student who requires medication whilst at school

Name of School: Northcote Primary School  
Student's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Please Note: wherever possible, medication should be scheduled outside the school hours, e.g. medication required three times a day is generally not required during a school day; it can be taken before and after school and before bed.

Reason for Medication/s	Name of Medication/s	Dosage (amount)	Time/s to be taken	How it's taken (e.g. orally/topical/injection)	Dates
					Expiry Date: / / <input type="checkbox"/> Ongoing medication <input type="checkbox"/> Temporary medication
					Expiry Date: / / <input type="checkbox"/> Ongoing medication <input type="checkbox"/> Temporary medication
					Expiry Date: / / <input type="checkbox"/> Ongoing medication <input type="checkbox"/> Temporary medication
					Expiry Date: / / <input type="checkbox"/> Ongoing medication <input type="checkbox"/> Temporary medication

**Medication Storage:**  
Please indicate if there are specific storage instructions for the medication.

**Medication delivered to the school**

Please ensure that medication delivered to the school:  
 Is in its original package  
 The pharmacy label matches the information included in this form.

**Self-management of medication**

Students in the early years will generally need supervision of their medication and other aspects of health care management. In line with their age and stage of development and capabilities, older students can take responsibility for their own health care. Self management should follow agreement by the student and their parents/carers, the school and the student's medical/health practitioner.  
Please advise if this person's condition creates any difficulties with self management, for example, difficulty remembering to take medication at a specified time or difficulties coordinating equipment.

**Monitoring effects of Medication**

Please note: School staff do not monitor the effects of medication and will seek emergency medical assistance if concerned about a student's behaviour following medication.

Privacy Statement  
The school collects personal information so as the school can plan and support the health care needs of the student. Without the consent of this information the quality of the health support provided may be affected. The information may be disclosed to relevant school staff and appropriate medical personnel, including those engaged in providing health support as well as emergency personnel, where appropriate, or where authorized or required by another law. You are able to request access to the personal information that we hold about you/your child and to request that it be corrected. Please contact the school directly or FOI Unit on 94372676.

**Authorisation:**

Name of Medical/health practitioner: \_\_\_\_\_

Professional Role: \_\_\_\_\_ Contact details: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Name of Parent/Carer: \_\_\_\_\_

Contact details: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

\*\*If additional advice is required, please attach it to this form



Copies of all forms can be found in the links on this page, alternatively printed copies of all forms can be collected from Donna in the front office.

## Duty of Care

All NPS staff have a duty of care to our students – if we cannot establish contact with a parent/carer or emergency contact, an ambulance will be called if deemed necessary. Please ensure you make every attempt to be contactable during school hours, have voicemail set up on your phone and that your emergency contact details stored at the office are up to date.



## Our Proud Sponsor

**Northcote Primary School is proudly sponsored by Jellis Craig Inner North.**

**Jellis Craig will donate \$500 sales commission or \$350 rental fee to Northcote Primary School when a family or staff member appoints a Jellis Craig Inner North Agent to sell or lease their home throughout 2023. Please Mention you are part of our NPS village to ensure our school receives these generous donations.**

# Jellis Craig



**Northcote**  
Primary School



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