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Northcote Primary School Newsletter

Issue 12 · 18 Aug 2023

Collaborative Learning in a Community that Cares

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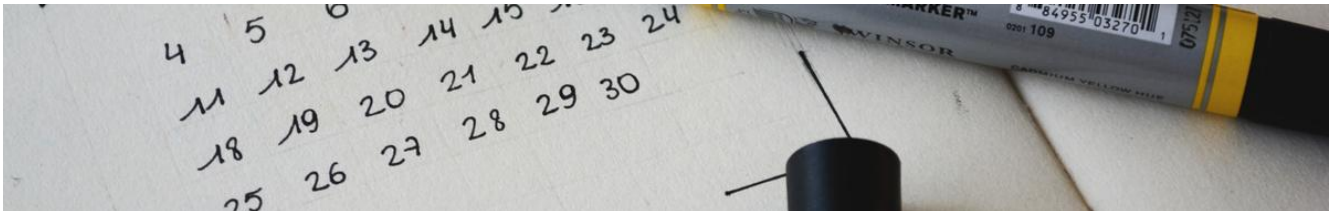
OSH Club



Our Proud Sponsor



Community Sports



Dates to Remember

Just a little reminder

Our school gates are unlocked at 8.45am each morning to allow students to enter.

The yard is not supervised before this time.

Students can enter classrooms from 8.50am each day. The gates are locked again at 9.00am when the bell goes. The gates are unlocked again at 3.20pm and are locked by 3.45pm.

Term 3

- Mondays Assembly 9.10am
- July - Prep 2024 Enrolments Forms completed and returned.
- Tuesday 15th August - District Athletics - Division Netball.
- Monday 21st August 9am - Book Week Parade
- Thursday 24th August - Prep Excursion, Museum of Play & Art
- 25th August - Wear it Purple Day
- Saturday 26th August - Working Bee 12-3pm
- Monday 28th August - Interschool Sports Gala Day
- Tuesday 29th August - 3/4 Incursion- Illustrator Ben Wood (Book Week)
- Friday 1st September - Sports Colours Day
- Thursday 7th September - Division Athletics

- 7th September Indigenous Literacy Day
- Wednesday 13th September 1.30pm - Kelly Sports Dance concert for parents.
- Thursday 14th September - All day Production Rehearsal
- Thursday 14th September 6.30pm- Whole School Production,
(The Centre Ivanhoe-275 Heidelberg Rd, Ivanhoe)
- Friday 15th September - Final day of Term 3 - early dismissal 2.30pm

Term 4

- Monday 2nd October - Term 4 begins
- Monday 9th October to Tuesday 10th October - Grade 1/2 Camp
- Tuesday 24th October 9.30-10.15am- Prep 2024 Storytime session #1
- Tuesday 31st October 9.30-10.15am- Prep 2024 Storytime session #2
- Thursday 26th October - NPS Trivia Night at Welcome to Thornbury
- Friday 27th October - National Teacher's Day
- Curriculum Day- Monday 6th of November pupil free day
- Tuesday 7th November Cup Day Holiday
- Wednesday 8th November to Friday 10th November - Grade 3/4 Camp
- 11th November - Remembrance Day
- Tuesday 14th November 7- 8pm - Prep 2024 Parent Information session
- Tuesday 21st November 9.15 10.15am - First Prep 2024 Orientation session
- Tuesday 28th November 9.15-10.15am - 2nd Prep 2024 Orientation session
- Tuesday 5th December 9.15-10.15am - 3rd Prep 2024 Orientation session *Parent's Invited for Information session*
- 10th December - World Human Rights Day
- Wednesday 20th December - Final day of Term 4 - Early dismissal 1.30pm Assembly at 9am.

2024

Term 1 begins Tuesday 30th January 2024

- Saturday 16th March - NPS Fete
- Tuesday 19th March - Athletics Day (Back up date Tuesday 26th March)
- Thursday 6 June 2024 - Parents Battle of the Bands at The Croxton Band room

School Council and Sub Committee dates

Wednesday 16th August	6pm - Finance Sub Committee meeting 7pm - Environment Sub Committee meeting 8pm - Community Sub Committee meeting
Wednesday 30th August	7pm - School Council meeting
Wednesday 11th October	6pm - Finance Sub Committee meeting 7pm - Environment Sub Committee meeting 8 pm - Community Sub Committee meeting
Wednesday 25th October	7pm - School Council meeting
Wednesday 22nd November	online - Education Sub Committee meeting
Wednesday 29th November	6pm - Community Sub Committee meeting 7pm - Environment Sub Committee meeting
Monday 4th December	6pm - Finance Sub Committee meeting
Wednesday 6th December	7pm - School Council meeting



Greetings from Shaun

Parent Opinion Survey

Yes, that time of year has come around again. From Monday 7th August, through to Friday 8th September around 30% of our families will be randomly selected to participate in the 2023 Parent Opinion Survey. For those families who are randomly selected, we hope that you take the time to participate so that we are able to gain an understanding of our community's views and help us shape decisions for the future. The survey doesn't take too long to complete and we would really appreciate if you could take the time to provide us with your views.

Book Week

Book week commences next week, Monday the 21st August. The theme this year is "Read, Grow, Inspire". This year NPS celebrations will kick off with a parade to be held at 9:10am on Monday 21st August on the 'top turf' - weather permitting.

Book Week is a wonderful opportunity for us to celebrate literature and foster a love of reading in our students. Be as creative as you can, and we can't wait to see our wonderful school filled with book characters coming to life and chatter about literature at this event.

Outdoor Furniture

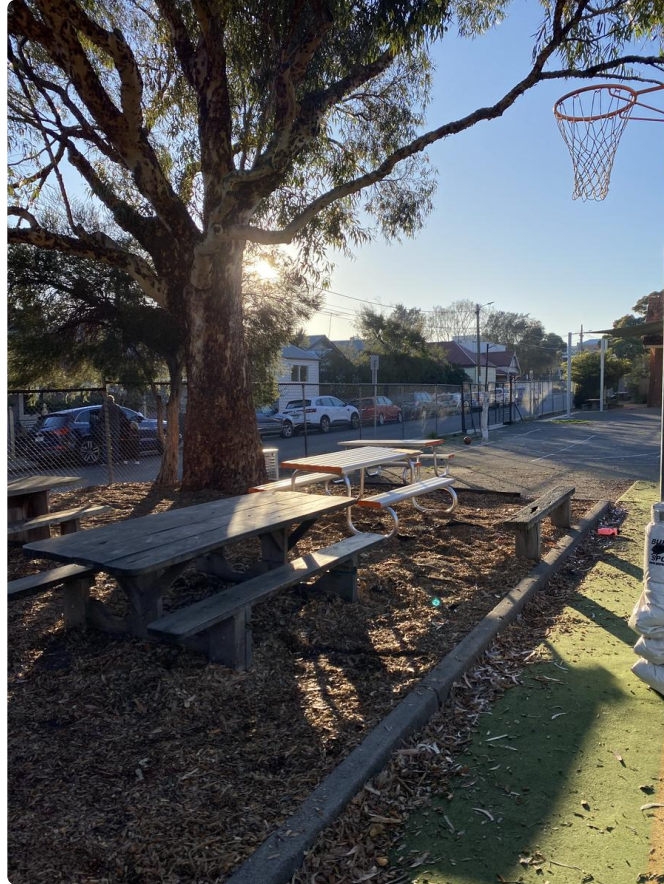
Have you noticed our new outdoor furniture?

We are excited to share some wonderful news with our school community! Thanks to the incredible support of our dedicated parents, teachers, and students, the recent school fundraising efforts have allowed us to purchase the new outdoor furniture. Your generous contributions have allowed us to create a more comfortable and inviting outdoor space for everyone to enjoy. With these new additions, we aim to provide a welcoming environment where students can collaborate on projects or enjoy during their lunch breaks.

We want to express our heartfelt gratitude to each and every one of you who contributed to our fundraising initiatives. Your investment in our school not only enhances the physical space but also the overall well-being and sense of community for all members.

We look forward to seeing our students utilise and enjoy this new outdoor furniture for years to come!





Northside Parents Battle of the Bands Update

We're very excited to report back that our wonderful school community have successfully raised \$1,734 for our school's music program! Money raised was through ticket sales to the sold-out Parents Battle of the Bands event in June.

The monies raised will go to support our music program and help with the purchase of a set of marimbas (wooden key xylophones for us not so musically minded folk)

The Parents Battle of the Bands events run across Melbourne (Northside/Southside) and encourage school parents to come together to have fun and create music, all in the name of fundraising for our school.

Following several years of isolation due to extended lockdowns, these events play a crucial role in enhancing mental health and well-being by nurturing connections and cultivating a community spirit.

So, **SAVE THE DATE** for the 2024 Northside Parents Battle:

Thursday 6 June 2024

The Croxton Band room

A bigger venue next year means more capacity; more tickets sold=more \$ for our school.
(More details to follow in due course).



Members of Northcote Primary's The Nits, Jason & Laura being presented with a LARGE cheque marking NPS' success.

Being Sun Smart- 1st of September

As the warm sunshine begins to embrace us, it is important to remember that with great sunshine comes great responsibility. Yes, you guessed it right – it's time to talk about being SunSmart! It might seem premature, however from the 1st of September the UV index begins to increase, which means it is time to start wearing your hats outside at recess and lunchtime and of course during PE.

As we enjoy the outdoor activities and sunny days, let's ensure that we're taking the necessary steps to protect ourselves from the sun's powerful rays. Remember, being SunSmart is not just a choice – it's a commitment to our health and well-being. By practicing SunSmart habits, we can enjoy the sun's warmth and beauty while safeguarding ourselves from its harmful effects. So, let's all come together and make SunSafety a part of our daily routine at Northcote Primary!

Why Be SunSmart? The sun is a great source of joy, warmth, and Vitamin D, but it also emits ultraviolet (UV) rays that can damage our skin and eyes, leading to sunburn, premature aging, and even skin cancer later in life. Remember, we can have fun under the sun while still staying safe and healthy.

Slip, Slop, Slap, Seek, Slide: This catchy saying reminds us of the five key steps to SunSmart protection.

Take Care,

Shaun.

Prep 2024 Enrolments

Letters of offers went out to our future Prep families and we have had a few very excited email confirmations and even some in person confirmations! To support next years Preps, we have a number of special events planned for the remainder of the year to support their transition to school process and get them ready for life at Northcote Primary.

If you are still hoping to enrol your child in 2024, there is still time - please visit our school website, download and complete an enrolment form and send it in to the office as soon as possible. If you have any questions about enrolments, you can also give Donna a call on (03) 94810009.

School Council

Please be sure to check the page titled "School Council" to meet our Vice President Lucy Sinclair and read about important upcoming events, exciting proposals and information

school council wish to share with families.

Parent Opinion Survey

Yes, that time of year has come around again. From Monday 7th August, through to Friday 8th September around 30% of our families will be randomly selected to participate in the 2023 Parent Opinion Survey. For those families who are randomly selected, we hope that you take the time to participate so that we are able to gain an understanding of our community's views and help us shape decisions for the future. The survey does not take too long to complete and we would really appreciate if you could take the time to provide us with your feedback.

Movie Night

A group of parents got together last Tuesday evening to witness yet another reckoning of Mission Impossible from Tom Cruise, at the parent movie night. Whether a die hard fan or just out for a bit of escapism, a good night was had by all and the event raised money for the school. Thanks to Lucy and the Community sub-committee for the work put in to organise this event.

1/2 Swimming Program

Our 1/2 swimming program finished up yesterday, and parents and carers can breath a sigh of relief that you don't have to worry about trying to dry towels and bathers until Term 4 now (Prep and Year 5/6 parents and carers- this is meant for you!).

While it has been a busy four weeks, everyone has done such a great job to make swimming a real success. Thanks again to our army of parent volunteers who have helped make this possible and again to Dale and our classroom teachers for their organisation and smooth operation this year.

Don't forget the Prep and Year 5/6 swimming program is scheduled to commence in Term 4 and we will communicate further information as those dates get closer.

Term Overviews

We have decided to include the Term 3 overviews once again in this issue of our newsletter, just in case you didn't catch them in the last issue. Thanks you for those who passed on their

feedback last fortnight, look out for Term 4 overviews in the first issue next term.

We have also updated our Specialist page with the Term 3 Italian overview and details about the very exciting **Dante Alighieri** poster competition. These pages are called "What's happening in..." be sure to click into those pages to see what our students will be learning about.

If you have any questions about how you can support your children at home, make sure you speak with your child's classroom teacher.

Take Care,

Shaun.



Book Week- Book Parade Monday 21st August 9am



Children's Book Week is nearly here!

To celebrate we are holding our annual **Book Week parade**, an **open morning** for families/carers to come into the classrooms and our first ever Northcote Primary School **Book of the Year Award**.

PARADE

Our fun filled, fabulous annual Book Week Parade, will be taking place on **Monday the 21st of August at 9:10am** (that's this Monday)! It will be outside (weather permitting) on the basketball/netball courts.

The **book week parade** is an opportunity for **all students** to **dress up** as their favourite book character to celebrate everything books.

We would love it if you could please encourage your child/ren to participate.

Please note, this is a low key, fun event. There is absolutely no need to stress or to spend money, have a look at what you have at home and, if you have time and are so inclined, get creative!

OPEN MORNING

Families and carers are also invited to come back after the parade to their child/ren's classroom to continue the fun until recess.

Unless you are a **grade 5/6** parent where the classroom fun will **finish at 10:00am** instead due to your child/ren having **specialists**.

NPS BOOK OF THE YEAR

Every NPS class will be reading five of the shortlisted books during Book Week and voting for their favourite. Votes will be tallied and an announcement of the NPS Book of the Year will be made by the end of Friday.

Looking forward to seeing you all Monday as we **read, grow, inspire**.

Meagan Porter
meagan.porter@education.vic.gov.au

CHILDREN'S BOOK WEEK
#CBCA2023

SHORTLIST 2023

CBCA BOOK OF THE YEAR AWARDS



OLDER READERS



YOUNGER READERS



EARLY CHILDHOOD



PICTURE BOOK



EVE POWNALL AWARD



NEW ILLUSTRATOR AWARD



ARTWORK BY MATT OTTLEY
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Division Netball

Division Netball report

By Zara T and Tahlia B

Not so long ago, on the 15th of August, the NPS Girls Netball Team battled it out against other highly skilled teams from around the Northern Metropolitan Region. We tried our very best and came out as the 5th best team in the area.

We were challenged with 3 amazing teams. In the first game, we played against Diamond Creek. They were an outstanding team and they beat us, 21 - 12, but it was a very good experience to learn and improve our skills, as was the next game against Kismet Park. We unfortunately lost this one too, but we had a whole lot of fun. After that we had one last game to play against Carlton North. They were also an incredible team and we managed to beat them, 15 - 7.

We did an awesome job, considering we had 1 sub, 1 absent from an injury and 1 injured in-game.





A proud parent's update on Division Netball

The girls were fantastic - highly competitive and committed to giving their best in each game.

Unfortunately, we had a general height disadvantage compared to some of our competition and with no Francesca (injured) and only half an Adelle (somewhat injured but determined to play), it made it a little harder than it could have been, had we had a fully fit team.

We played Glen Katherine in our first game and unfortunately lost to them, and then had another loss to Kismet Park in our second game. This meant that we played Carlton Primary School in the playoffs, which we won convincingly - a great way to end the day! Overall, the girls finished a highly respectable 5th best in the Region 😊

While there was no support from NPS, the team was very lucky to have a huge cheer squad made up of parents, grandparents and extended family members.

Jill (parent of Zoe Byrnes)



District Athletics

District Athletics report

By Edward and Annabel

On Tuesday we went to District Athletics. It was at the Coburg athletics track, the place we go to on our regular athletics day.

The way you get to district is by coming top, or close to top, at something on our school athletics. You are allowed to compete in 2 events, 3 if you are in the relay team. You compete with your gender and age level.

Grade 1/2s and preps do not have an option to go to district, only 3/4s and 5/6s. If you come first or second in an event you go through to Division, the next stage. After that is Regionals, then State, then Nationals. During Dale's time as P.E teacher, a few students have gone to State a couple of times, but never Nationals.

We saw a lot of talent, from the high speed 100 and 200 metre sprints to the slower paced 1500 metre jogs. We saw people throwing discuses and shot puts, jumping high and long. And hop, step, jumping into victory. Even team based relays took place.

About 25 kids from our school went, and a handful got through to the next round (Division). That's all and we'll report back after Division.





























Dante Alighieri Poster Competition



Italian Update

(Foundation/Years 5/6/Year 3/4D)



What a fantastico start to our 'In Fondo Al Mare' theme!

Our focus now is the theme for a statewide competition! Sì (Yes), Dante is back! The annual Dante Alighieri statewide poster competition is back with us and students from Foundation to Year 6 are being provided with an opportunity to enter.

The Preps have started learning about 'il mare – the sea' through a story about a little captain. We have learnt some sea animal names such as : il delfino, la stella marina, il polpo etc. and we have sung some songs too! Che super stelle!

The Year 3/4D class and the Year 5/6's are currently finalising their draft work. We have watched some Italian children's YouTube clips and have drafted some posters with some wonderful designs. Most students are now on their final copy of their poster work and are taking extra care with detail!

Soon all students will add words or simple sentences to accompany their work before final submission. Che campione!

Due to the processing of payment for the entry into the competition, please note, the new due date for entry submission – see below. All students are now aware of this change of date.

Competition details: Last year, NPS had over 70 students participating. The competition is theme based and students are always keen to enter and to compete with other students from around the state. Last year, our winners were presented with a trophy with their name engraved on it, a book prize, a certificate, and had their photo taken for the Italian newspaper, Il Globo! Superbo! We received many Finalists and two Year 6 students with First and Third Place!

The Dante Alighieri Society also introduced another category in 2019, which they will continue this year. It is The Teacher's Choice Award for one student. The student needs to: demonstrate a commitment to the competition, be creative, have correct spelling and punctuation, fulfill the criteria and demonstrate an enthusiasm and an ongoing contribution to Italian classes.

The competition requirements are as follows:

DANTE ALIGHIERI SOCIETY MELBOURNE
Poster Competition 2023
Task Sheet



In Fondo al Mare – At the Bottom of the Sea

All student entries must adhere to the following guidelines, as well as those stipulated for each year level:

- No larger than A3
- Include a painting, drawing or collage
- Be **clearly** labelled with the student's name, year level and school

Foundation, Grade 1 and Grade 2: Students write the heading 'in fondo al mare' on a prominent part of their poster. Students must write FIVE **adjectives, nouns or noun groups** describing or stating features of the underwater scene depicted on the poster. **Example:** [in fondo al mare] quieta; pesci; alga marina; acqua; sirena.

Grade 3 and Grade 4 students: Students write the heading 'in fondo al mare' on a prominent part of their poster. Students must include FIVE extended noun groups or simple sentences describing or stating features of the underwater scene depicted on the poster. **Example:** [in fondo al mare] vedo l'acqua blu; i pesci

nuotano; c'è l'alga marina; vedo il filo della canna da pesca; c'è corallo colorato.

Grade 5 and Grade 6 students: Students are required to write the heading 'in fondo al mare' on a prominent part of their poster. They must include FIVE **sentences** describing the features of the underwater scene depicted on the poster. This could include comparisons between under the sea and on land. **Example:** [in fondo al mare] le creature marine vivono in fondo al mare; in fondo al mare ci sono i banchi di pesci lucidi; ci sono i delfini che fischiano; c'è una bella sirena che canta; si può vedere il fondo delle barche da pesca.

This year, any winners will be required to attend a presentation afternoon in Term 4 where they will receive a trophy, a certificate, a book prize and have their photo taken for the Italian newspaper, Il Globo - date and the venue to be confirmed.

If you wish your child to enter this competition, please enclose \$5 together with the slip below in an envelope or pay via EFT via the office and return signed slip below and send this to the office before THURSDAY the 31st of AUGUST 2023 - NO LATER. The entry fee is preferred earlier so we know which students are entering! Grazie to the students who have already completed this process! Ottimo!

If you have any queries regarding the Italian Program, particularly for Foundation, Year 3/4D and Years 5/6, please feel free to contact me at the school or drop in directly after school for a chat or to make an appointment. If you have any queries about Italian in Years 1/2, and 3/4, please feel free to contact Gaynor.



Stay tuned until next time, grazie mille (many thanks) for your continuing support,

Signorina Rosa - Foundation, Year 3/4D and Years 5/6, (Mon/Tue)

*****PLEASE note that no money or posters will be accepted after this date as money and posters will need to be processed for individual student submission.***

THE DANTE ALIGHIERI SOCIETY JUNIOR POSTER COMPETITION 2023.

Final day to submit entry fee and your poster is Thursday, 31st of August 2023
- The entry fee is preferred earlier so we know which students are entering!

All completed posters must be submitted by this date.

Please send money for entry fee to the office in an envelope with this permission slip.

Entry Fee = \$5

Yes, I wish my child to enter The Dante Alighieri Poster Competition.

Student's name: _____

Grade: _____ Please find enclosed: \$5.00 or EFT via the office

Thank you.

I give permission for _____ (child's name) to have his/her/their photo, full name, year level and school name to be published in The Italian Newspaper 'Il Globo'.

Parent/Guardian Signature: _____

A quick update from our Italian teacher, Gaynor.....

Italian Yrs 1,2,3 and 4

Ciao Parents,

Your children are busily working on their posters for the Dante Alighieri Society competition. They have been busily putting together word lists and simple sentences based around the theme 'Under the Sea' or in Italian 'In fondo al mare.'

I've noticed that IMAX are showing a movie called 'Under the Sea.' I think if you have the opportunity, this would be great for the children to see. Their interest in the topic is high. I am so impressed with how well their Italian language learning has progressed which in turn really facilitates their overall English Literacy.

Please refer to the newsletter notice pertaining to the new deadline for payment of the small entry fee and I strongly encourage you to enter your child in this prestigious competition.

NPS has a history of doing well in this competition.

Grazie molto,

Gaynor



Principal Day

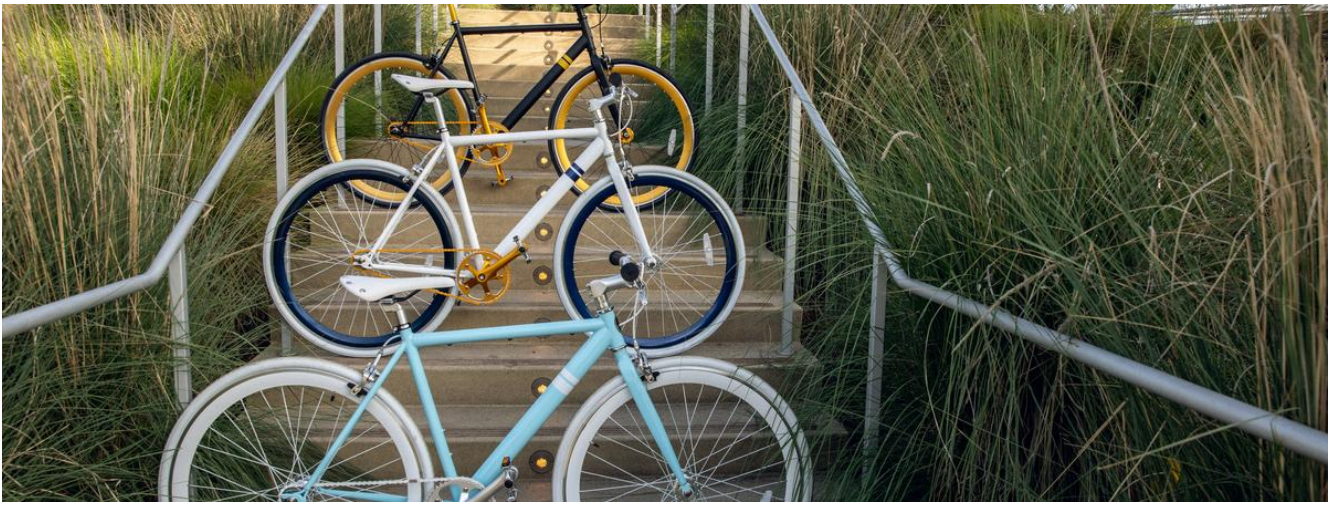
On **Friday 4 August 2023** we celebrated our Principal Team, Shaun Wells and Bale Micovski with a mighty morning tea to acknowledge all their hard work.

Our 5/6's gave thanks with a pre recorded tune to "jingle bell rock" singing their very own lyrics, which was played over cake and nibbles- (many thanks Anita).

The Preps put in a great creative effort with their superhero cards and Amy's Prep and 3/4 Art class made a 'well wishes' poster for the staffroom.

Now more than ever, it is important to celebrate those people who support and contribute to our children and their futures.





A message from our School Council

Vice President Lucy Sinclair

Hi everyone, my name is Lucy Sinclair and I'm the new Vice President of the School Council. I like to think of myself as your Salina Meyer (VEEP)! I've got girl/boy twins (Everly and Harvey) in grade one and I'm excited to be on the council this year.

It's my turn to report on the last school council meeting (26 July) for the school newsletter.

We covered a lot in the last meeting as we took part in mandatory **Child Safety training**, which was interesting as it not only covered off the usual safety training but addressed a large component on online child safety standards. It also touched on the importance of all visitors needing to sign in. If you're visiting the school - it's vital that you sign in at the office. This includes all grandparents, friends, carers and family members. If there is an incident at the school, the office needs to know exactly who is on school grounds at all times.

Council approved the **Grade 1/2 camp** risk assessments. The overnight camp at Mt Evelyn (9 - 10 October) looks super fun!

NPS is getting a new bike shed! We approved and endorsed funds raised from the 2023 fete for the bike shed. The shed will have racks for 32 bikes and 20 scooters. The below renders of the proposed bike shed were done by James from B2 Architects (full disclosure – James is my husband!). More renders are available on the [NPS Facebook page](#). The environment committee is now seeking three quotes to build the bike shed. These will be brought to the school council for approval in the next few months. Watch this space!

Next up, the Council discussed **Code Camp** as an alternative after school and holiday program. Code Camp offers a range of STEAM, coding, animation and Minecraft engineering – teaching kids to get creative with technology. We hope to bring more news about this later in the year.

The school is getting **12 new smartboards**. We approved funds to purchase 12 HDI LED interactive screens to be used in classrooms. Thanks to the school's ICT team for putting in the work to research and source quotes.

Teachers **fundraising wish list**. Thanks to our wonderful teachers for putting together a wish list for our fundraising goals. This list, combined with areas identified over the years for improving the school grounds has been extremely helpful for what we're raising money towards.

SAVE the DATES

Trivia Night is now locked in on **Thursday 26 October at Welcome to Thornbury**. Start doing the Good Weekends Quiz. Funds raised from the trivia night will go towards the grade 5/6 wish list for new recording equipment. The 5/6's are hoping to get cameras, microphones, greenscreen and studio equipment to support their digital technology learning.

We were pretty stoked to hear that **Parents Battle of the Bands** raised \$3000! This will go towards instruments for our new music program.

The next school **Working Bee** is happening on **Saturday 26 August** – please mark this in your calendar.

'arts n craft' and social events The school council and subcommittees have big ideas for our beautiful school, but we need your help! We can't do it on our own. If you want to make our amazing school even better, please put your hand up and email us – lucycsinclair@hotmail.com or joanne.pitt@hotmail.co.uk. **It would be great to have a parent from grades 3/4 😊**

Jo is exploring options to create an **N sculpture** featuring a **mural** at the front of the school. Ideas so far with Amy (art teacher) have been students decorating tiles on the N. If you're in the carpentry/building/sculpture space or a budding handyperson – please get in touch with Jo.

Are you a knitter or a crocheter? We've been discussing ideas of **Yarn bombing the Friendship Tree!** We'd love to explore this idea further as a lunch time club. Please reach out to Jo.

NPS Parent Movie Night – thanks to the great bunch of parents who came to the movies on Tuesday to see the latest Mission Impossible Dead Reckoning movie. Tom Cruise hasn't aged, even when jumping from a motor bike off a cliff!

Thanks for reading,

Lucy



Artist impression north side of bike shed



Artist impression inside the bike shed



2023 Parent Payments

Parent Payments

Reminders and requests from School Council....

2023 Parent payment Arrangement Curriculum Contributions.

Parent / guardian payments are critical for ensuring Northcote Primary school has the right technology, classroom supplies and programs to run a fantastic and high-quality education program.

The payment of \$250 is voluntary, but the School Council would like to encourage all parents / guardians to make this payment to support the school and your children's education where they can.

Payments can still be made for 2023 and we would like to remind families that the school can provide confidential support options for families facing financial difficulties. Please reach out to Shaun or Caterina for the assistance that is available to you.

The payment is made via Compass in the 'Payments Centre' under Contributions. Here you can make the payment or review under the Payments tab if your made payment for this year has been paid already.

Attached is a copy of the Parent Payment Arrangement which was approved by the school council on Wednesday 22 of February 2023, for Curriculum Contributions for student use for the 2023 School Year.

In '[The Business End of School Life](#)' section of our newsletter you will always find all the helpful compass information required, and a copy of the Compass Pay Parent Guide on how

to make payments via Compass.

Please do not hesitate to contact the school's office should you have any concerns.

Kind Regards

 Parent Payment Arrangement 2023 PPA.pdf



School Production- Information and Poster Competition

Venue: The Centre Ivanhoe, 275 Heidelberg Rd, Ivanhoe

Our School Production will be held at:

The Centre Ivanhoe, 275 Heidelberg Rd, Ivanhoe.

Students arrive at 6.30pm

Doors open for audience at 6.45pm

Extra tickets released on Monday 21st August.

On Monday 21st of August families will be able to purchase extra tickets for our School Production.

This option will once again be available through Compass Canteen on Monday and will **close on Friday 25th of August, unless we reach venue capacity before - we will then need to close ticket sales earlier.**

NPS PRODUCTION

GENERAL INFO

Date: 14th September

Time: Student arrival **6:30pm**, doors open for audience at **6:45pm**.

All classes have started learning their acts! All students in the school will be involved so make sure you get your **tickets** ASAP!

COMPASS EVENT

Please click onto the event and pay the bus fare and provide consent for your child to attend the dress rehearsal

COSTUMES

On Monday all class costume information will be posted on Compass. Please read carefully. All costume items will be very simple and easy to source from clothes you have at home or purchased cheaply. Additional props will be created during art classes.

TICKETS

Tickets are now available through Compass Canteen. Please note there is a **3 ticket per family** limit initially. Once this first round is closed additional tickets will be available.

PARENT HELPERS

We need some parent helpers for the rehearsal and night of the performance. Keep an eye out for a Compass post next week about specifics.

But for now if you are a sewer or crafter we are looking for volunteers to help make the costumes for the main role students. Email Anita if you are interested.

POSTER COMPETITION

Calling all artists and designers! We are having a poster competition for our NPS Production. The winning design will be used for flyers, the program and the DVD case.

PLEASE INCLUDE IN YOUR DESIGN

The title of the production:

'Movie Night Mayhem'

The date of the production:

'14th September'

Please submit your designs to your homeroom teacher or the front office before the **25th of August.**



Lost Property

Lost Property will be on display **outside the 1/2 area on Friday afternoons at pick up time.** Please have a look through the items to check if any of it belongs to your children. We are feeling a little overwhelmed by the amount of great, quality clothes that seem to belong to no one - we even have glasses and 'fit bit' watches and bikes and scooters!

We urge you to please label all kids clothes, I know this is an annoying request however we are sending large bags to the Op Shops every term.

The silver lining.....we have been able to return the clothing to those students whose names were on them.

Many thanks in anticipation



Save the date - Working Bee#2 - Saturday August 26th.



Northcote Primary's Working Bee #2 August 26th 12 - 3pm

Working Bee #2 is fast approaching, please add the date into your calendar as we would love if you could come along and help out. There will be lots to do and plenty of sausages to eat (vego options also available).





Pupil of the week Term 3

2023

Week 5

Prep Natalie	Frances G
Prep Olivia	Louis P
Prep Meg	Heidi L
Grade 1/2 Sharif	
Grade 1/2 Brigitte	Ivie D
Grade 1/2 Sam	Harry R
Grade 1/2 Stephanie	Marek H
Grade 3/4 Matt	Ave W
Grade 3/4 Sarah & Nick	James P
Grade 3/4 Kate	
Grade 3/4 Eleanor	Evie C K
Grade 5/6 Steven	Connor S
Grade 5/6 Izzy	Oskar G
Grade 5/6 Declan	Abbey C
Grade 5/6 Luke	

Week 6 - No Assembly due to Book Parade Festivities.



An update from our Green Team

GREEN TEAM UPDATE

The Green Team members have been busy over the last few weeks gathering important data about our school. This is a requirement of our participation in the Resource Smart Sustainability program. To complete the Core Module of this program, we need to collect current data related to our school size, how school members travel to school, and what our grounds look like.

This week, the Green Team members went outside and, using a Biodiversity Audit tool from Cool Australia, we counted the native/indigenous trees, introduced species trees, and the number of rocks and logs we have in the yard. All these features are important for supporting biodiversity in our school.

Here is the data we collected:

Number of native/indigenous trees over 6m tall: 49 (mainly eucalypts, she oaks and melaleucas)

Number of exotic/introduced trees over 6m tall: 10

Number of native/indigenous trees under 6m tall: 65

Number of exotic/indigenous trees under 6m tall: 16

Number of large rocks and logs: 119

What this means is we are lucky to have a large number of trees, especially native trees.

These are fantastic for attracting wildlife such as lorikeets, magpies, wattlebirds, native bees, possums and many bugs.

The areas we need to improve are the quality of our soil, the number and type of weeds we have and the quality and use of productive gardens. We are aware of this and with the assistance of the Gardening Club, as well as plans to purchase bins to assist with the disposal of green waste, we hope to take steps to make these areas more productive.

NPS Future students

Last Tour Date for 2023



We ask that enrolments are completed preferably by the end of Term 3

Prospective families and children can come and see NPS on a 'business as usual' day, meet the Principal and other staff. School tour times are 9.30 - 10.30am and prospective families are requested to confirm attendance by calling the our school office and registering their name and contact details.

Our next tour date:

Tuesday 29th August 9.30 - 10.30am

Enrolment packs are available from our office.



Community announcements



TAKING ENROLMENTS FOR 2024

Fitzroy North & Thornbury

Ph. 94815324

Ph. 94849982



www.sunrisepreschool.vic.edu.au






OSH Club

OSH Club Information

<https://www.oshclub.com.au/vic/northcote-primary-school/>

 northcote-primary-OSHC.pdf



Welcome to OSHClub

Let's go!

OSHClub pride ourselves on providing your children with fun, play-based learning experiences before and after school as well as during the school holidays. Whether your child attends OSHC daily or only occasionally, each visit is an exciting and engaging adventure!



Compelling programs

We'll empower your child to explore, navigate, experiment and engage in a diverse range of experiences.

Educators who care

Our educators will embrace your child's journey: caring deeply, thinking creatively and inspiring them to thrive.

Future ready

We focus on building knowledge, skills and behaviours that help prepare your child for whatever the future may hold.

Unified partnership

As an integral part of the school community, together we'll create a fun and engaging environment for your child to flourish.

Fabulous food

We fuel curious minds and growing bodies, helping to shape your child's understanding of health and wellness positively.

Peace of mind

You can be confident that your child is safe, happy and given every opportunity to fulfill their potential.

Join the fun. Be active. Get together.



Community Sports

Join a community sporting team.....

Come and swim with us!



Northcote Swim Club is welcoming new members!

Are you interested in joining a swim squad?



Northcote Swim Club is a community based competitive swimming club. Our squad sessions cater for every level and are supported by qualified coaches.

Dive into our club as we prepare to move into our new state of the swim centre – coming late 2023.

- Be part of a team
- Make new friends
- Exercise and stay active
- Build swim skills
- Professionally trained coaches
- Pathway to competition

Contact us to learn more and arrange a trial:

ntc.swimming@gmail.com

northcote.swimmingclub.org.au





THE BUSINESS END OF SCHOOL LIFE

THE FOLLOWING ARE REPEATED INFORMATION ITEMS, WHICH CAN BE REFERRED BACK TO BY OUR SCHOOL COMMUNITY WHEN NECESSARY

Parent Payments

Attached is a copy of the Parent Payment Arrangement has been approved by the school council on Wednesday 22 of February 2023, for Curriculum Contributions for student use for the 2023 School Year.

The cost for 2023 Parent Payment Arrangement is \$250.00

In the newsletter section compass information, you will find attached a copy of the Compass Pay Parent Guide on how to make payments via Compass.

Please do not hesitate to contact the school's office should you have any concerns.

Kind Regards

Caterina Carnovale

Business Manager

 Parent Payment Arrangement 2023 PPA.pdf

Compass Pay for all school payments - Compass Pay at Northcote Primary School.

Compass Pay provides a more consistent approach to parent consent and payments of activities for students and confirm the student's medical requirements through the compass app.

Northcote Primary School has a streamline approach to the collection of payments for Camps, Excursions, Incursions, and the annual Parent Payment Arrangement, and fundraising activities.

This option allows parents/caregivers the opportunity to have all the information on one platform the Compass Parent App.

Cash, EFT and B-pay are available as options, the preferred method of payment is Compass. Compass creates efficiency for teachers and the office staff where immediately we will be able to see if parents/caregivers have consented and paid for the activity. Parents will receive a push notification from Compass when an activity has been created.

We have attached a copy of the Compass flyer on how to consent and pay for events.

 CompassPay Parent Guide.pdf

Compass Attendance

This is a gentle reminder to parents/carers, about the importance of logging student absences on Compass. This is a Department of Education requirement.

If your child is absent from school or is going to be absent in the future (for example a planned family holiday), it is important that this absence is logged via Compass.

Attached is a parent guide to using compass.

 Parent-guide-Compass.pdf

CSEF: Camps, Sports and Excursions Funds



FINANCIAL ASSISTANCE INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link between a student's background and their outcomes.

CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors. Excursions encourage a deeper understanding of how the world works while sports teach teamwork, discipline and leadership. All are a part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$125 for primary school students
- \$225 for secondary school students

MORE INFORMATION

For more information about CSEF visit:

<https://www.education.vic.gov.au/about/programs/Pages/csef.aspx>

HOW TO APPLY

New applicants should contact the school office to obtain a CSEF application form or download from the website below.

If you applied for CSEF at your child's school last year, you do not need to complete an application form this year unless there has been a change in your family circumstances.

You only need to complete an application form if any of the following changes have occurred:

- **new student enrolments;** your child has started or changed schools this year.
- **changed family circumstances;** such as a change of custody, change of name, concession card number, or new siblings commencing this year.

Check with the school office if you are unsure.



Important Information

Our school gates are unlocked at 8.45am each morning to allow students to enter, the yard is not supervised before this time. Students can enter classrooms from 8.45am each day. The gates are again locked at 9.00am when the bell goes. The gates are unlocked again at 3.20pm and are locked by 3.45pm.

Helmets

When riding a bike or scooter to or from school, all students MUST wear a helmet at all times.

Bikes and Scooters

Helmets must be worn on the way to and from school. Bikes and scooters must also be WALKED (not ridden) once inside the school.

Please note: bike and scooter storage is not completely secure. Unauthorised access via the external fences has occurred in the past. We highly recommend the use of a personal bike/scooter lock to avoid theft. The school takes no responsibility for the loss or damage of equipment stored on site.

Kiss and Go

Just a reminder to families that the Kiss & Go zone is a short-term stopping area where drivers are allowed to stop and park the vehicle for a **short time** – no longer than two minutes – while the student exits or enters the vehicle from the curbside doors. This enables students to walk between the car and the school, using the safety of the footpath.

Ball games before and after school

To ensure everyone feels safe during the busy mornings and afternoons, ball games are not permitted during these times.

Classroom Cuisine 2023

This is the current lunch menu from Classroom Cuisine. Lunch orders are delivered to NPS everyday, with the exception Tuesdays.

For our new families please note that this is an external lunch provider, all lunches are ordered online and orders should be placed by 8.30am.

Please Note: The "Canteen" function on Compass is not to order lunches, it is used primarily for our fundraisers.



SERVICING NORTHCOTE PRIMARY SCHOOL
AVAILABLE ON MONDAY, WEDNESDAY, THURSDAY & FRIDAY
Order ONLINE until 8.30am on the DAY LUNCH IS REQUIRED

LUNCH ITEM ONE

SALADS

- Greek Style Salad with Feta and Olives (V, GF)
- Pic(k)nic Box – Vegetarian (V, GF)
- Pic(k)nic Box with Ham (GF)
- Pic(k)nic Box with a Whole Egg
- Falafel with Tabouli Salad (V,G/DF, H)
- Mexican Inspired Salad (V, GF)
- Tuna Mix with Brown Rice & Quinoa Cakes (V, GF)

SUSHI

- Teriyaki Chicken Hand Rolls (2)
- Cooked Tuna Hand Rolls (2)
- Avocado Hand Rolls (2)
- Cucumber Hand Rolls (2)
- Vegetarian Hand Rolls (2)
- Tofu Hand Rolls (2)

BAKERY

- Cheese and Bacon Roll
- Cheese and Vegemite Scroll (w/m)
- SCROLL with Ham & Cheese
- Semi Dried Tomato and Olive ROLL
- Topped with Only Cheese Roll
- GOZLEME - Lamb & Beef (H)
- GOZLEME - Spinach and Cheese (V, H)

BAKED FRESH PIZZAS

(Thin & Crisp, Served at room temp)

- Margherita Pizza
- Ham and Pineapple Pizza

SANDWICHES, ROLLS & WRAPS

- Turkey, Cranberry, Lettuce and Cheese Sandwich
- Gluten Free Ham & Cheese Sandwich (GF)
- Simple Salad Roll (V)
- Cucumber & Ham Sandwich (GF)
- Vegemite Sandwich (2)
- Mild Salami and Salad Roll
- Plain Cheese Sandwich (2)
- Roast Beef, Fruit Chutney, Cheese and Lettuce Roll
- Cheese and Salad Roll
- Wholegrain ROLL with Cheese and Tomato
- WRAP (GF, DF) Ham and Salad
- Wholegrain Ham and Cheese Sandwich
- Chicken MAYO and Lettuce Roll (H)
- Garden Salad Wrap (GF,DF,V)

LUNCH ITEM TWO/THREE

FRESH FRUIT & VEG

- Freshly chopped strawberries with Grapes
- Fresh Fruit Combo
- Lightly Steamed Corn wheels & Broccoli pieces
- Celery & Carrot Sticks with Sultanas
- Chopped Carrot, Cucumber, Red & Yellow Capsicum
- Apple pieces with Lemon Juice, Cinnamon & Brown Sugar
- Chia Bowl with Banana, Coconut & Strawberries
- Sugar Snap Peas, Beans & Cherry Tomatoes
- Cantaloupe & Honeydew pieces
- Edamame (Lightly Salted)
- Cherry Tomatoes with Tasty Cheese & Rice Crackers
- Freshly chopped Orange Segments
- Whole Fruit – Banana OR Mandarin

YOGHURT

- Strawberry Chobani Yoghurt
- Blueberry Chobani Yoghurt
- Passionfruit Chobani Yoghurt
- Plain Chobani Yoghurt

BAKED GOODS

- Choc Chip Cookie
- Cornflake Cookie
- Finger Bun with Sprinkles
- Hedgehog Slice
- Choc Cup Cake (GF,DF)
- Blueberry Muffin
- Fruit Bun
- Jam Drop Biscuit (GF, NF, H)

DIPS & CRACKERS

- Tzatziki Dip with Rice Crackers
- Avocado Dip with Rice Crackers
- Spring Onion Dip with Rice Crackers

POPCORN/SNACKS

- Dried Fruit Medley with a Yoghurt Frog
- Popcorn - Lightly Salted
- Popcorn - Slightly Sweet, Lightly Salted
- Lightly salted Fav'va Beans
- Chickpeas with Lime & Black Pepper
- Balsamic & Sea Salt Fav'va Beans

DRINKS

- Apple Juice
- Orange Juice
- Full Cream Milk
- Nippy's Chocolate Milk
- Strawberry (Lactose Free) Milk
- So Good Soy Milk

Healthy, Interesting & Affordable Lunches Delivered to School!

More information about Our Offering including

Pricing, Ingredients and Portion Size is available on the Our Menu Page at

www.classroomcuisine.com.au

Late Arrivals & Early Departures

If your child is late or you are collecting them early it is **essential** you do so through the front office. **All Students must be signed in and out** via the Compass Kiosk at the front desk. For late arrivals a paper slip will print out when they are signed in, this slip is to be given to the teacher so they know the student has signed in at the office.

Please note if you have put a Compass note in for a late arrival or early departure (for example you log on Compass that your child is being picked up at 1.30pm for a medical appointment) you do not need to sign them out via the Compass Kiosk at the office. However, **you still must come into the office to collect the student.**

The Department of Education requires a parent, carer, or listed emergency contact physically collect the child from the office when it is during school hours. This means we are **unable to allow students to leave on their own**, even if it has been logged on Compass. We understand this may be inconvenient at times so please contact or the office on 9481 0009 and they will do their best to assist you.

Also, if you know of an early departure in advance, please inform the office and your child's teacher, so they are able to have the student waiting and ready for you to collect.



2023 First Aid Team

Introducing the NPS 2023 First Aid Team

For our returning families there will be some familiar faces, and for our new families our first aid team is

- Donna Cassidy
- Caterina Carnovale

If your child becomes unwell one of our fantastic First Aid Officers will be tending to them and will be in contact with you if necessary.

The first aid office is located in front office (the other end to the front doors)

If your child is needing to be picked up, where possible we will organise their school bag and belongings and you can collect them from the front office 😊

Action Plans

Parents and carers are reminded that if their child has anaphylaxis, allergies, or asthma that their child **MUST HAVE A CURRENT PLAN.**

Red ASCIA Anaphylaxis Plan for use with EpiPen® adrenaline (epinephrine) autoinjectors is attached below and must be prepared in colour, completed by your GP and have a current photo of your child attached to it.

ascia
www.allergy.org.au

ACTION PLAN FOR Anaphylaxis
For use with EpiPen® adrenaline (epinephrine) autoinjectors

Name: _____
Date of birth: _____

Confirmed allergens: _____

Family/emergency contact name(s):
1. _____
Mobile Ph: _____
2. _____
Mobile Ph: _____

Plan prepared by doctor or nurse practitioner (np): _____

The treating doctor or np hereby authorises medications specified on this plan to be given according to the plan, as consented by the patient or parent/guardian.

Within this plan does not expire, review is recommended by _____

Signature: _____
Date: _____

How to give EpiPen®

- Form fit around EpiPen® and PULL OFF BLUE SAFETY RELEASE
- Hold leg still and PLACE ORANGE END against outer mid-thigh (with or without clothing)
- PUSH DOWN HARD until a click is heard or felt and hold in place for 3 seconds REMOVE EpiPen®

EpiPen® is prescribed as follows:
• EpiPen® Jr (150 mg) for children 7.5-20kg
• EpiPen® (300 mg) for children over 20kg and adults

SIGNS OF MILD TO MODERATE ALLERGIC REACTION

- Swelling of lips, face, eyes
- Hives or welts
- Tingling mouth
- Abdominal pain, vomiting - these are signs of anaphylaxis for insect allergy

ACTION FOR MILD TO MODERATE ALLERGIC REACTION

- For insect allergy - flick out sting if visible
- For tick allergy seek medical help or freeze tick and let it drop off
- Stay with person, call for help and locate adrenaline autoinjector
- Give antihistamine (if prescribed)
- Phone family/emergency contact

Mild to moderate allergic reactions (such as hives or swelling) may not always occur before anaphylaxis

WATCH FOR ANY ONE OF THE FOLLOWING SIGNS OF ANAPHYLAXIS (SEVERE ALLERGIC REACTION)

- Difficult or noisy breathing
- Swelling of tongue
- Swelling or tightness in throat
- Wheeze or persistent cough
- Difficulty talking or hoarse voice
- Persistent dizziness or collapse
- Pale and floppy (young children)

ACTION FOR ANAPHYLAXIS

- LAY PERSON FLAT - do NOT allow them to stand or walk
 - if unconscious or pregnant, place in recovery position
 - on left side if pregnant, as shown below
- If breathing is difficult allow them to sit with legs outstretched
- Hold young children flat, not upright

2 GIVE ADRENALINE AUTOINJECTOR

- Phone ambulance - 000 (AU) or 111 (NZ)
- Phone family/emergency contact
- Further adrenaline may be given if no response after 5 minutes
- Transfer person to hospital for at least 4 hours of observation

IF IN DOUBT GIVE ADRENALINE AUTOINJECTOR

Commence CPR at any time if person is unresponsive and not breathing normally

ALWAYS GIVE ADRENALINE AUTOINJECTOR FIRST, and then asthma reliever puffer if someone with known asthma and allergy to food, insects or medication has SUDDEN BREATHING DIFFICULTY (including wheeze, persistent cough or hoarse voice) even if there are no skin symptoms

Asthma reliever medication prescribed: Y N

Note: If adrenaline is accidentally injected (e.g. into a thumb) phone your local poisons information centre. Continue to follow this action plan for the person with the allergic reaction.

© ASCIA 2022 This plan was developed as a medical document that can only be completed and signed by the patient's doctor or nurse practitioner and cannot be altered without their permission.

Anaphylaxis EpiPen Plan Template.pdf

Red ASCIA Anaphylaxis Plan for use with Anapen® adrenaline (epinephrine) autoinjectors is attached below and must be prepared in colour, completed by your GP and have a current photo of your child attached to it.

ascia
australian society of clinical immunology and allergy
www.allergy.org.au

Name: _____
Date of birth: _____

Confirmed allergens: _____

Family/emergency contact name(s):
1. _____
Mobile Ph: _____
2. _____
Mobile Ph: _____

Plan prepared by doctor or nurse practitioner (NP):

The treating doctor or nurse practitioner authorises medications specified on this plan to be given according to the plan, as consented by the patient or parent/guardian.
While this plan does not expire, review is recommended by _____/_____/_____
Signed: _____
Date: _____

How to give Anapen®

Anapen® is prescribed in the form of:
• Anapen® 150 for children 15-20kg
• Anapen® 300 for children over 20kg and adults
• Anapen® 500 for children and adults over 50kg

Note: If adrenaline is accidentally injected (e.g. into a thumb) phone your local poisons information centre. Continue to follow this action plan for the person with the allergic reaction.

ACTION PLAN FOR Anaphylaxis

For use with Anapen® adrenaline (epinephrine) autoinjectors

SIGNS OF MILD TO MODERATE ALLERGIC REACTION

- Swelling of lips, face, eyes
- Tingling mouth
- Hives or welts
- Abdominal pain, vomiting - these are signs of anaphylaxis for insect allergy

ACTION FOR MILD TO MODERATE ALLERGIC REACTION

- For insect allergy - flick out sting if visible
- For tick allergy seek medical help or freeze tick and let it drop off
- Stay with person, call for help and locate adrenaline autoinjector
- Give antihistamine (if prescribed)
- Phone family/emergency contact

Mild to moderate allergic reactions (such as hives or swelling) may not always occur before anaphylaxis

WATCH FOR ANY ONE OF THE FOLLOWING SIGNS OF ANAPHYLAXIS (SEVERE ALLERGIC REACTION)

- Difficult or noisy breathing
- Swelling of tongue
- Swelling or tightness in throat
- Wheeze or persistent cough
- Difficulty talking or hoarse voice
- Persistent dizziness or collapse
- Pale and floppy (young children)

ACTION FOR ANAPHYLAXIS

1. **LAY PERSON FLAT - do NOT allow them to stand or walk**
 - If unconscious or pregnant, place in recovery position
 - on left side if pregnant, as shown below
 - If breathing is difficult allow them to sit with legs outstretched
 - Hold young children flat, not upright
2. **GIVE ADRENALINE AUTOINJECTOR**
3. **Phone ambulance - 000 (AU) or 111 (NZ)**
4. **Phone family/emergency contact**
5. **Further adrenaline may be given if no response after 5 minutes**
6. **Transfer person to hospital for at least 4 hours of observation**

IF IN DOUBT GIVE ADRENALINE AUTOINJECTOR

Commence CPR at any time if person is unresponsive and not breathing normally

ALWAYS GIVE ADRENALINE AUTOINJECTOR FIRST, and then asthma reliever puffer if someone with known asthma and allergy to food, insects or medication has SUDDEN BREATHING DIFFICULTY (including wheeze, persistent cough or hoarse voice) even if there are no skin symptoms

Asthma reliever medication prescribed: Y N

Anaphylaxis Anapen Plan Template.pdf

Blue Asthma Australia School Action Plan is attached below and must be prepared in colour, completed by your GP and have a current photo of your child attached to it. If your child has Ventolin at school, they must have an Asthma Action Plan.

FOR USE WITH PUFFER AND SPACER

ASTHMA ACTION PLAN

VICTORIAN SCHOOLS

Student's name: _____
DOB: _____
Confirmed triggers: _____

PHOTO:

Child can self-administer if well enough
 Child needs to pre-medicate prior to exercise
 Face mask needed with spacer

ALWAYS give adrenaline autoinjector FIRST, and then asthma reliever puffer if someone with known asthma and allergy to food, insects or medication has SUDDEN BREATHING DIFFICULTY (including wheeze, persistent cough or hoarse voice) even if there are no skin symptoms.
Adrenaline autoinjector prescribed: Y N Type of adrenaline autoinjector: _____

ASTHMA FIRST AID
For Severe or Life-Threatening signs and symptoms, call for emergency assistance immediately on Triple Zero "000"
Mild to moderate symptoms do not always present before severe or life-threatening symptoms

1. Sit the person upright
Stay with the person and be calm and reassuring
2. Give _____ separate puffs of Asthma, Asmol or Ventolin
Shake the puffer before each puff
Puff 1 puff into the spacer at a time
Take 4 breaths from spacer between each puff
3. Wait 4 minutes
If there is no improvement, repeat step 2
4. If there is still no improvement call emergency assistance
Use Triple Zero "000"
Say "ambulance" and that someone is having an asthma attack
Keep giving _____ puffs every 4 minutes until emergency assistance arrives
Commence CPR at any time if person is unresponsive and not breathing normally.

Blue/grey reliever medication is unlikely to harm, even if the person does not have asthma.

SIGNS AND SYMPTOMS	MILD TO MODERATE	SEVERE	LIFE-THREATENING
<p>SIGNS AND SYMPTOMS</p>	<ul style="list-style-type: none"> • More ordinary breathing • May have a cough • May have a wheeze • Other signs to look for: _____ 	<ul style="list-style-type: none"> • Cannot speak a full sentence • Sitting hunched forward • Tugging in of skin over sternum/throat • May have cough or wheeze • Obscured/fuzzy breathing • Lethargic • Skin tummy (young children) 	<ul style="list-style-type: none"> • Unable to speak or 1-2 words • Collapsed/exhausted • Gasping for breath • May no longer have a cough or wheeze • Drowsy/confused/unconscious • Skin discoloration (blue lips)

Emergency contact name: _____ Plan prepared by Dr or Nurse Practitioner: _____
Signed: _____
Work ph: _____ Date prepared: _____
Home ph: _____ Date of next review: _____
Mobile ph: _____

© Asthma Australia August 2013. This plan was developed in a medical document that can only be completed and signed by the patient's treating medical doctor or nurse practitioner and cannot be altered without their permission.

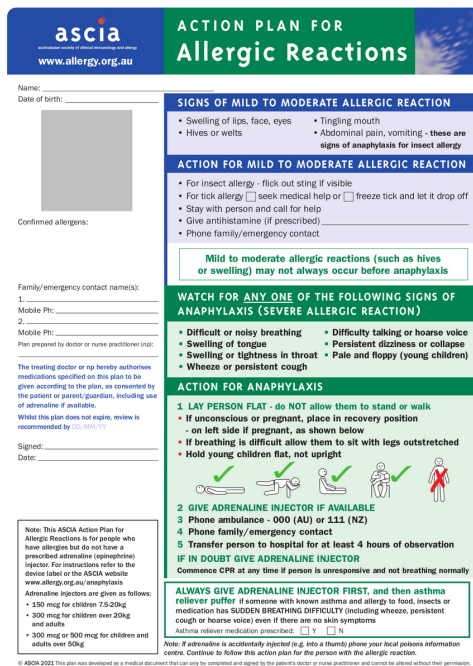
ASTHMA AUSTRALIA

Place mouthpiece of spacer in mouth and ensure lips seal around it.
Breathe out gently into the spacer.
Press down on puffer consider once to fire medication into spacer.
Breathe in and out normally for 4 breaths (keeping your mouth on the spacer).

- Assemble spacer.
- Remove cap from puffer.
- Shake puffer well.
- Attach puffer to end of spacer.

 Asthma Action Plan Template.pdf

Green ASCIA Allergic Reaction Plan is attached below and must be prepared in colour, completed by your GP and have a current photo of your child attached to it.



The form is titled 'ACTION PLAN FOR Allergic Reactions' and includes sections for patient information, signs of allergic reactions, action steps for mild to moderate and severe reactions, and emergency instructions. It features a photo placeholder, a list of confirmed allergens, and contact details for family/emergency contacts. The form also includes a section for the treating doctor or nurse practitioner to sign and date the plan.

 Allergy Plan Template.pdf

All plans **must be updated annually**, one of our first aid team will contact you when your child's plan is approaching expiration.

NPS Medication Authority Form

Parents **must provide all necessary medications** to be administered in the event of an emergency.

Medications will be administered by one of our trained First Aid Team members.

All medication is to be stored in the First Aid Room, NOT in the student's bag or classroom.

Any medication being stored at/administered on school grounds requires a NPS 2023

Medication Authority Form. These forms are to be **updated at the start of each year** (even if

there has been no change to medications). These can be filled out by parents/carers or by a GP.

This form **must** be filled out regardless of a student having a medical plan.

It must also be filled out for ongoing medication as well as temporary (for example, this form is required if a student is unwell and needs to be administered a course of antibiotics during school hours, as well as if a student requires a hay fever tablet only when symptoms arise).

Northcote Primary School 2023

Medication Authority Form
for a student who requires medication whilst at school

Name of School: **Northcote Primary School**

Student's Name: _____ Date of Birth: _____

Please Note: wherever possible, medication should be scheduled outside the school hours, e.g. medication required three times a day is generally not required during a school day; it can be taken before and after school and before bed.

Reason for Medication/s	Name of Medication/s	Dosage (amount)	Time/s to be taken	How it's taken (e.g. orally/topical/injection)	Dates
					Expiry Date: / / <input type="checkbox"/> Ongoing medication <input type="checkbox"/> Temporary medication
					Expiry Date: / / <input type="checkbox"/> Ongoing medication <input type="checkbox"/> Temporary medication
					Expiry Date: / / <input type="checkbox"/> Ongoing medication <input type="checkbox"/> Temporary medication
					Expiry Date: / / <input type="checkbox"/> Ongoing medication <input type="checkbox"/> Temporary medication

Medication Storage
Please indicate if there are specific storage instructions for the medication.

Medication delivered to the school
Please ensure that medication delivered to the school:

Is in its original package
 The pharmacy label matches the information included in this form.

Self-management of medication
Students in the early years will generally need supervision of their medication and other aspects of health care management. In line with their age and stage of development and capabilities, older students can take responsibility for their own health care. Self-management should follow agreement by the student and their parents/carers, the school and the student's medical/health practitioner. Please advise if this person's condition creates any difficulties with self-management, for example, difficulty remembering to take medication at a specified time or difficulties coordinating equipment.

Monitoring effects of Medication
Please note: School staff do not monitor the effects of medication and will seek emergency medical assistance if concerned about a student's behaviour following medication.

Privacy Statement: The school collects personal information so as the school can plan and support the health care needs of the student. Without the provision of this information the quality of the health support provided may be affected. The information may be disclosed to relevant school staff and appropriate medical personnel, including those engaged in providing health support as well as emergency personnel, where appropriate, or where authorized or required by another law. You are able to request access to the personal information that we hold about you/your child and to request that it be corrected. Please contact the school directly or FOG Omb on 94372676.

Authorisation:

Name of Medical/health practitioner: _____

Professional Role: _____ Contact details: _____

Signature: _____ Date: _____

Name of Parent/Carer: _____

Contact details: _____

Signature: _____ Date: _____

**If additional advice is required, please attach it to this form

Medication Authority Form.pdf

Copies of all forms can be found in the links on this page, alternatively printed copies of all forms can be collected from Donna in the front office.

Duty of Care

All NPS staff have a duty of care to our students – if we cannot establish contact with a parent/carer or emergency contact, an ambulance will be called if deemed necessary. Please ensure you make every attempt to be contactable during school hours, have voicemail set up on your phone and that your emergency contact details stored at the office are up to date.



Our Proud Sponsor

Northcote Primary School is proudly sponsored by Jellis Craig Inner North.

Jellis Craig will donate \$500 sales commission or \$350 rental fee to Northcote Primary School when a family or staff member appoints a Jellis Craig Inner North Agent to sell or lease their home throughout 2023. Please Mention you are part of our NPS village to ensure our school receives these generous donations.

Jellis Craig



Northcote
Primary School



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