



Read online: <https://newsletters.naavi.com/i/Mr39Dr5>

Northcote Primary School Newsletter

Issue 13 · 01 Sep 2023

Collaborative Learning in a Community that Cares

In this issue



Dates to Remember



School Production- Poster Competition winners



Greetings from Shaun



Police Visit to NPS



A word from our School Council



Victorian Premiers' Reading Challenge Update



Thanks for another great working bee!



Australian Girls Choir visiting NPS October 2



Book Week- Book Parade and wrap up!



Kelly Sports Dance Concert - 13th September



Grade 3/4 Ben Wood Illustrator Incursion



2023 Parent Payments



School Production Information Update



Pupil of the week Term 3



NPS Future students Last Tour Date for 2023



Community Sports



OSH Club



THE BUSINESS END OF SCHOOL LIFE



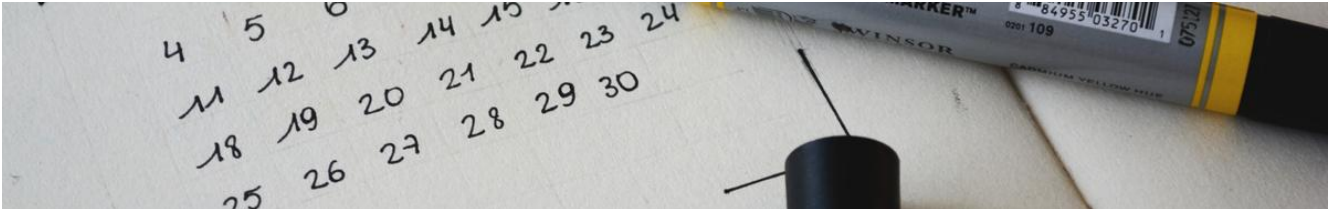
Our Proud Sponsor



2023 First Aid Team



Community announcements



Dates to Remember

Just a little reminder

Our school gates are unlocked at 8.45am each morning to allow students to enter.

The yard is not supervised before this time.

Students can enter classrooms from 8.50am each day. The gates are locked again at 9.00am when the bell goes. The gates are unlocked again at 3.20pm and are locked by 3.45pm.

Term 3

- Mondays Assembly 9.10am
- Prep 2024 Enrolments Forms completed and returned.
- Friday 1st September - Sports Colours Day
- Thursday 7th September - Division Athletics
- 7th September Indigenous Literacy Day
- Monday 11th September 7.30pm - 'Talking the Talk' Parent information evening
- Tuesday 12th September 10am-12pm Online Zoom
- Wednesday 13th September 1.30pm - Kelly Sports Dance concert for parents.
- Thursday 14th September - All day Production Rehearsal
- Thursday 14th September 6.30pm- Whole School Production,
(The Centre Ivanhoe-275 Heidelberg Rd, Ivanhoe)

- Friday 15th September - Final day of Term 3 - early dismissal 2.30pm

Term 4

- Monday 2nd October - Term 4 begins
- Monday 2nd October 1.40pm- Australian Girl's Choir Workshop at NPS
- Monday 9th October to Tuesday 10th October - Grade 1/2 Camp (Mt Evelyn)
- Tuesday 24th October 9.30-10.15am- Prep 2024 Storytime session #1
- Tuesday 31st October 9.30-10.15am- Prep 2024 Storytime session #2
- Thursday 26th October - NPS Trivia Night at Welcome to Thornbury
- Friday 27th October - National Teacher's Day
- Curriculum Day- Monday 6th of November pupil free day
- Tuesday 7th November Cup Day Holiday
- Wednesday 8th November to Friday 10th November - Grade 3/4 Camp
- 11th November - Remembrance Day
- Monday 13th of November Prep + 5/6 Swimming (Week 1)
- Tuesday 14th November 7- 8pm - Prep 2024 Parent Information session
- Monday 20th of November Prep + 5/6 Swimming (Week 2)
- Tuesday 21st November 9.15 10.15am - First Prep 2024 Orientation session
- Tuesday 28th November 9.15-10.15am - 2nd Prep 2024 Orientation session
- Tuesday 5th December 9.15-10.15am - 3rd Prep 2024 Orientation session *Parent's Invited for Information session*
- Monday 4th December - End of Year Picnic
- 10th December - World Human Rights Day
- Wednesday 13th December - Year 6 Graduation at Welcome to Thornbury
- Wednesday 20th December - Final day of Term 4 - Assembly at 9am. Early dismissal 1.30pm -Assembly at 9am.

2024

Term 1 begins Tuesday 30th January 2024

- Saturday 16th March - NPS Fete
- Tuesday 19th March - Athletics Day (Back up date Tuesday 26th March)
- Thursday 6 June 2024 - Parents Battle of the Bands at The Croxton Band room

School Council and Sub Committee dates

Wednesday 16th August	6pm - Finance Sub Committee meeting 7pm - Environment Sub Committee meeting 8pm - Community Sub Committee meeting
Wednesday 30th August	7pm - School Council meeting
Wednesday 11th October	6pm - Finance Sub Committee meeting 7pm - Environment Sub Committee meeting 8 pm - Community Sub Committee meeting
Wednesday 25th October	7pm - School Council meeting
Wednesday 22nd November	online - Education Sub Committee meeting
Wednesday 29th November	6pm - Community Sub Committee meeting 7pm - Environment Sub Committee meeting
Monday 4th December	6pm - Finance Sub Committee meeting
Wednesday 6th December	7pm - School Council meeting



Greetings from Shaun

Planning Week

Next week the teachers will be working together in their teams to begin to plan the teaching and learning program for term 4. This means that there will be some changes to our specialist timetable to provide teaching staff with the opportunity to meet for a full day. These are the days each of the teams will be planning together:

Monday- 1/2's

Tuesday -5/6's + Italian

Wednesday- 3/4's

Thursday- Specialist (Art, Music, PE)

Friday- Prep

Parent Opinion Survey

This is just an ever so gentle reminder to the families who were randomly selected to participate in the 2023 Parent Opinion Survey, that you have until Friday 8th September to respond (please).

For those families selected, we hope that you take the time to participate so that we are able to gain an understanding of our community's views and help us shape decisions for the future. The survey doesn't take too long to complete and we would really appreciate if you could take the time to provide us with your views.

Emergency Fire Drill

Today we conducted an onsite emergency evacuation drill at school. These drills are an essential part of helping us to be prepared for the real thing.

During these drills, students and staff practice responding to various emergency scenarios, including fires, earthquakes, and lockdowns. This helps ensure that everyone knows what to

do in case of a real emergency, enabling a quicker and a more coordinated response.

Rest assured, our commitment to your child's safety remains unwavering, and these drills are a proactive step in maintaining a safe and secure learning environment here at Northcote Primary.

If you have any questions or concerns, please don't hesitate to reach out.



Jellis Craig and NPS partnership

In some exciting news, I'm pleased to say that we have secured a partnership agreement between Jellis Craig Inner North for 2024.

Jellis Craig's Estate Agent & Auctioneer Matthew McIntosh will be donating his professional services by holding a live 'AUCTION for an AUCTION' at next year's School Fete (Saturday the 16th March 2024).

This major prize will deliver a substantial financial benefit to Northcote Primary School in addition to Jellis Craig's existing arrangement of donating \$500 per sales commission or \$350 per rental fee to our school, when an Northcote family member or staff member appoints a Jellis Craig Inner North Agent to sell or lease their home.

Thank you to Matthew & the Jellis Craig team for their ongoing support to our school community. Please see Matt's bio latein the newsletter and reach out directly to him for more information.

'Fear Less' online seminar

Fear Less Seminar

A free online single-session supported parenting seminar
for parents of children experiencing anxiety.

Open to parents living in the Cities of Darebin, Yarra, Banyule, Nillumbik and Whittlesea.

Fear-Less Triple P supports parents to learn new strategies for managing their child's anxiety. This program is for parents that are concerned about their child's anxiety that would like to learn strategies they can put in place to support the wellbeing of their child and the family.

Content is suited to parents or caregivers of children aged from 6 to 14 years.

The topics covered in this program include:

- Understanding how anxiety works,
- Becoming the best possible model of anxiety management for their children,
- Becoming effective emotion coaches,
- Understanding and teaching the value of flexible thinking,
- Managing their children's anxiety effectively, and
- Using constructive coping.

Date: 12th September 2023
Location: Online via Zoom
Time: 10:00am-12:00 pm

How to make an enquiry:

Contact the Triple P team by emailing triplep@berrystreet.org.au with your *name* and *contact number* or call our Northern Office on 9450 4700 and ask to speak to a member of Triple P to complete enrolment. Enquiries must be made by 5pm on 5th September 2023.
Please note that capacity for the session may be reached prior to this date.

**BERRY
STREET**

Believing In
Children,
Young People,
Families &
Their Future.



Lost Property

As we near the end of term, the lost property area is once again overflowing with a selection of jackets, jumpers, gloves, lunchboxes, drink bottles... and much more! Please encourage your child to check for any lost items over the next week - or have a quick look at pick-up or drop-off times. I know I sound like a broken record, but don't forget to label items of clothes that come to school, otherwise there's a chance you may never see them again! All unlabelled clothes that are still in lost property in the last week of term will be donated to charity.

Being Sun Smart- 1st of September

As the warm sunshine begins to embrace us, it is important to remember that with great sunshine comes great responsibility. Yes, you guessed it right – it's time to talk about being SunSmart! It might seem premature, however from the 1st of September the UV index begins to increase, which means it is time to start wearing your hats outside at recess and lunchtime and of course during PE.

As we enjoy the outdoor activities and sunny days, let's ensure that we're taking the necessary steps to protect ourselves from the sun's powerful rays. Remember, being SunSmart is not just a choice – it's a commitment to our health and well-being. By practicing SunSmart habits, we can enjoy the sun's warmth and beauty while safeguarding ourselves from its harmful effects. So, let's all come together and make SunSafety a part of our daily routine at Northcote Primary!

Why Be SunSmart? The sun is a great source of joy, warmth, and Vitamin D, but it also emits ultraviolet (UV) rays that can damage our skin and eyes, leading to sunburn, premature aging, and even skin cancer later in life. Remember, we can have fun under the sun while still staying safe and healthy.

Slip, Slop, Slap, Seek, Slide: This catchy saying reminds us of the five key steps to SunSmart protection.

Take Care,

Shaun.

Prep 2024 Enrolments

Letters of offers went out to our future Prep families and we have had a few very excited email confirmations and even some in person confirmations! To support next years Preps, we have a number of special events planned for the remainder of the year to support their transition to school process and get them ready for life at Northcote Primary.

If you are still hoping to enrol your child in 2024, there is still time - please visit our school website, download and complete an enrolment form and send it in to the office as soon as possible. If you have any questions about enrolments, you can also give Donna a call on (03) 94810009.

School Council

Please be sure to check the page titled "School Council" to meet our Vice President Lucy Sinclair and read about important upcoming events, exciting proposals and information school council wish to share with families.

Parent Opinion Survey

Yes, that time of year has come around again. From Monday 7th August, through to Friday 8th September around 30% of our families will be randomly selected to participate in the 2023 Parent Opinion Survey. For those families who are randomly selected, we hope that you take the time to participate so that we are able to gain an understanding of our community's views and help us shape decisions for the future. The survey does not take too long to complete and we would really appreciate if you could take the time to provide us with your feedback.

Movie Night

A group of parents got together last Tuesday evening to witness yet another reckoning of Mission Impossible from Tom Cruise, at the parent movie night. Whether a die hard fan or just out for a bit of escapism, a good night was had by all and the event raised money for the school. Thanks to Lucy and the Community sub-committee for the work put in to organise this event.

1/2 Swimming Program

Our 1/2 swimming program finished up yesterday, and parents and carers can breath a sigh of relief that you don't have to worry about trying to dry towels and bathers until Term 4 now (Prep and Year 5/6 parents and carers- this is meant for you!).

While it has been a busy four weeks, everyone has done such a great job to make swimming a real success. Thanks again to our army of parent volunteers who have helped make this possible and again to Dale and our classroom teachers for their organisation and smooth operation this year.

Don't forget the Prep and Year 5/6 swimming program is scheduled to commence in Term 4 and we will communicate further information as those dates get closer.

Term Overviews

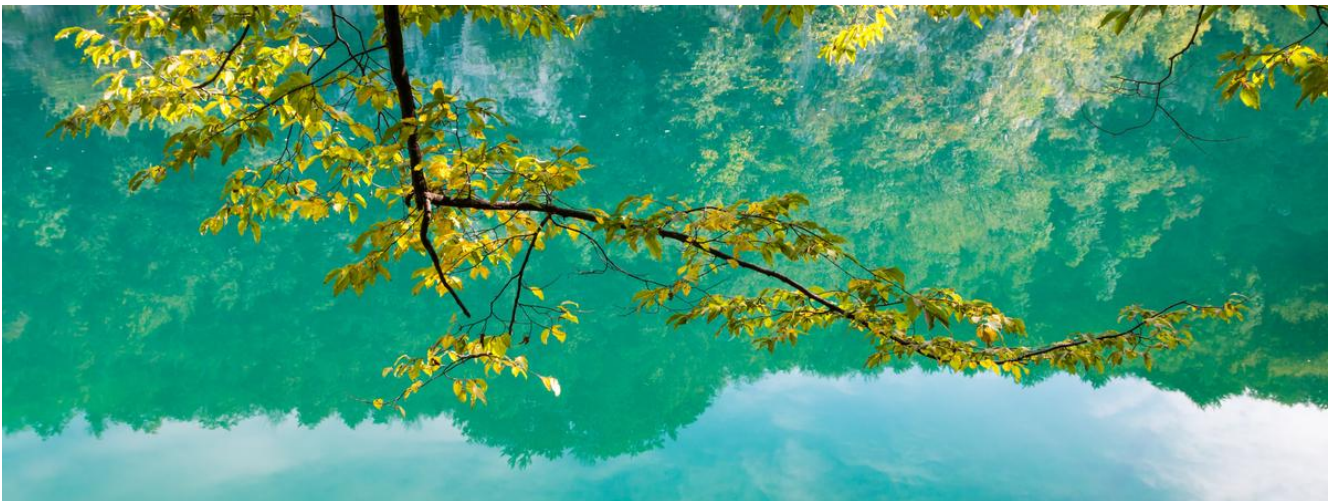
We have decided to include the Term 3 overviews once again in this issue of our newsletter, just in case you didn't catch them in the last issue. Thanks you for those who passed on their feedback last fortnight, look out for Term 4 overviews in the first issue next term.

We have also updated our Specialist page with the Term 3 Italian overview and details about the very exciting **Dante Alighieri** poster competition. These pages are called "What's happening in..." be sure to click into those pages to see what our students will be learning about.

If you have any questions about how you can support your children at home, make sure you speak with your child's classroom teacher.

Take Care,

Shaun.



A word from our School Council

Introducing another School Council Member.....

Hi everyone,

I'm Ellis Richardson, parent of Xander in Brigitte's Grade 1/2 calls and first-time member of the NPS School Council. Can you believe another month has whizzed by and we are now at

the tail end of Term 3, and hopefully all our young humans are getting excited about upcoming school holidays!

As we always try to do, we want to provide you a brief update on this month's School Council meeting (held Wednesday 30 August) and our goals for the next few months.

Welcome Natalie Dean (prep teacher) who was voted in as a community member!

Talking the Talk (Sexuality Education)

NPS have engaged with provider from "Talking the Talk" to support the implementation of Sexuality Education from Prep to Grade 6. These sessions will be face to face, and the messages will focus on consent.

This face to face information session will be held at the school on Monday 11 September from 7:30pm until 9:00pm

*"Through knowledge and education, we aim to positively influence an individual's, lifetime journey of discovering their own unique sexuality personality and to facilitate their right to the opportunity to write their own sexual health and wellbeing 'script' for their journey through life"*Source: <https://www.talkingthetalksexed.com.au>

VSBA Landscaping Works

Shaun has organised a preferred candidate to sign the consultancy agreement. The current plan is for them to commence the conceptual design in early September, based on their availability.

Working Bee (26 August)

The Working Bee was a great success, with the focus on clearing up and around the grounds of The Block. Thanks to the parents who devoted their Saturday afternoon to the group effort. You'll see some photos from the working bee in the newsletter.

Interactive Whiteboards

The school recently purchased 12 new Interactive Whiteboards, which have all been delivered, installed and now being used in the classes. All staff have received professional training on how to use them. Most existing TVs will be repurposed in other exciting ways for use around the classes.

School Hats

New school hats will be available from the end of Term 3 / Start of term 4 for families to purchase.

The hats will be reversible, navy on the outside with house colours on the inside. What a great idea!

Grade 3/4 School Camp

The School Council endorsed the risk assessments for the 3/4 camp to Phillip Island which will be held on Wednesday the 8th - Friday 10th of November. It looks like a fun camp, and we can't wait to hear all about their camp adventures.

Upcoming Purchases from School Fundraising

- Green Team will be getting new composting systems. The organic waste bins and solar composting units will be a great way to educate the kids on reuse, recycle and repurpose.
- Video / Editing equipment for the Grade 5/6's to create videos as part of an exciting project.
- X2 mobile stainless steel bench tops for the school canteen. These will be used by students for cooking and as they're portable, can be for social and fundraising events
- We are also still investigating a new PA system to replace the older one.

Community Fundraisers and Events

We want to hear from you! Please fill out the NPS **Fundraiser and Events Survey** - this is your chance to show your interest in fundraising events and have your say about what you want to see in 2024.

COMPLETE SURVEY

The community sub-committee will be forever grateful if parents and carers in our school community could tell us what you like, don't like and want to see more of. Tell us your ideas! It will help us plan our fundraising and social events for 2024.

If you'd like to get involved in the school's fundraising and social events – contact Lucy Sinclair 0403 668 669 lucycsinclair@hotmail.com

Trivia Night - Save the Date - Thursday 26th October @ Welcome to Thornbury – see more information about the Trivia Night in the newsletter.

NPS tea towels – over the next few weeks and into T4, Amy the art teacher will be working with students to design year level tea towels. Keep an eye out on compass next term for when the tea towels go on sale. They make excellent Christmas gifts! Funds raised from the tea towels will go towards the Green Team composting initiative.

Mango drive – over the next few weeks we will start promoting our yearly mango drive – which means summer is approaching!

Funds raised from the tea towels and mangos will go towards the Green Team composting initiative.

[2024 Enrolments – have you enrolled your preps?](#)

Finally, if you haven't enrolled your Preps for 2024, now is a good time! Shaun and the team would love to hear from you.



Thanks for another great working bee!

We had some great weather for a hardy group of parents, students and staff on the weekend. They attacked weeds and invasive grasses in the block and restored some garden beds to their former glory. Pruned the fruit trees, removed some dead plants, edging and weeding, turned over the compost and I even saw a few worms delicately relocated to the vege patch.

I can't wait to see the student's faces on Monday when they see our fantastic efforts. The block is now looking much refreshed and in some cases ready for brand new planting!

Thanks to everyone who came along to help - as always we literally could not do it without you! Thanks also to the behind the scenes team for sourcing the snags, bunnings goodies and BBQ.

Thanks for another working bee!

"Volunteers don't get paid, not because they're worthless, but because they're priceless." - Cheesie but I like it....

Kind Regards,

Team Environments. Tarren





Lunch



Step grip applied!





Book Week- Book Parade and wrap up!



Hi Everyone,

A little note to say a very BIG thank you to everyone who helped us celebrate Book Week last week.

The annual parade was a huge success with many special visitors spotted, including the Wimpy Kid, Captain Underpants, Hermione, Harry Potter, Dogman, the Cat in the Hat, Wally, Billy B Brown, Bruce Bogtrotter (and his chocolate cake), superheroes, princesses and even a missing Jigsaw piece just to name a few. The Green Sheep woke up especially to be there, but boy was she glad to get back to being faaaaaast asleep later that day!

Thank you to all of the teachers and staff who put in such a great effort to dress up and to engage our students in everything BOOKS for the week, assisting them to READ, GROW, INSPIRE.

Thank you to all of the students who participated and made it such a fun event.

And last, but not least, thank you to all of the families/carers who participated, whether it was from home, helping with costume decision making or creating, or whether you attended our parade or visited our open classrooms, we appreciate all of the effort made.

NPS BOOK OF THE YEAR

You may have also heard, we ran our very first NPS Book of the Year competition. Every class had the 5 shortlisted picture books read to them and then voted on their favourite. The announcement of the winner was made at the end of Friday.

For anyone who missed it:

First place - The Best Hiding Place

Second place - Lionel and Me

Third place - Jigsaw

Thanks to our amazing librarian Susi, all of the NPS shortlisted books, as well as some of the other CBCA (Children's Book Council of Australia) shortlisted books, were part of a special Book Week display and available to browse in the library last week. These are now available for students to borrow.

Meagan Porter
meagan.porter@education.vic.gov.au

Here are some highlights from the day.....













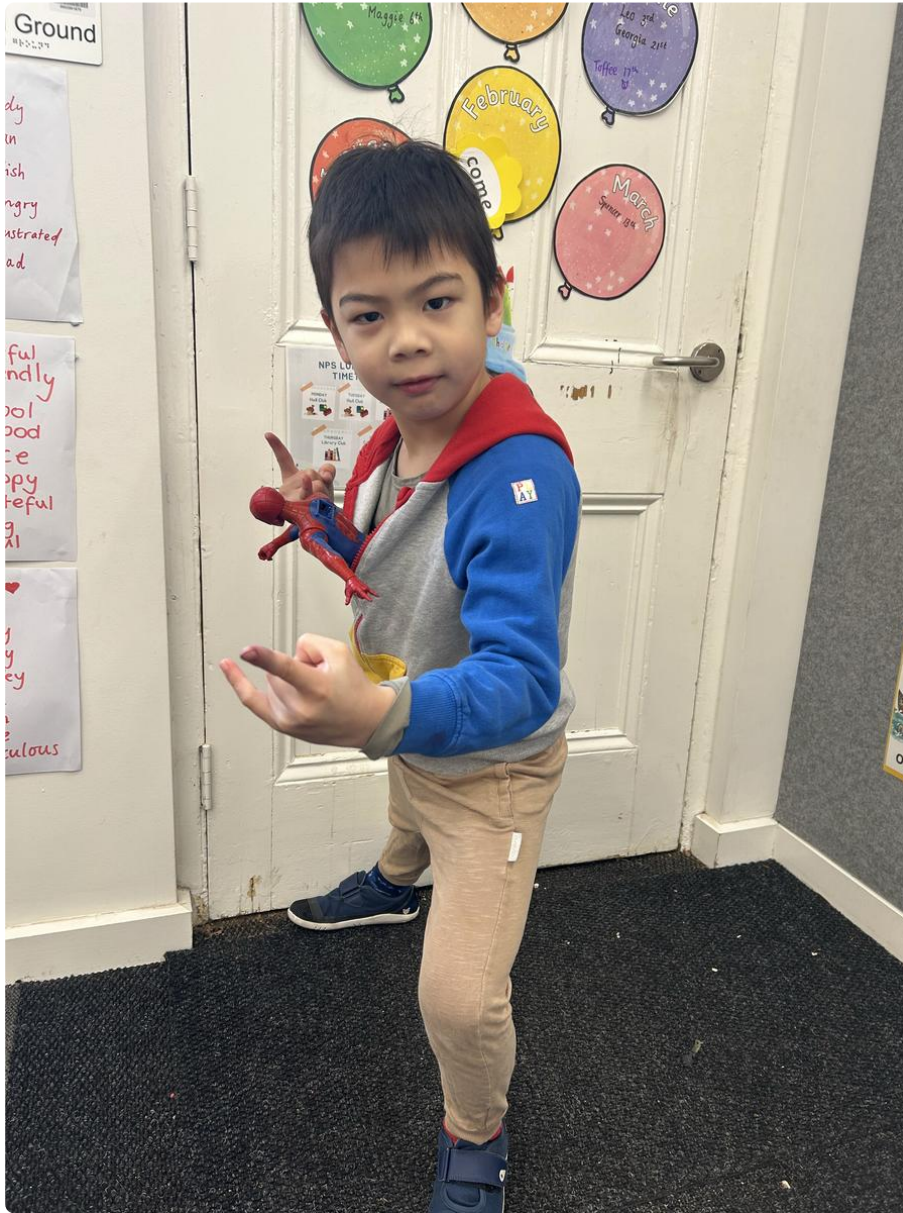






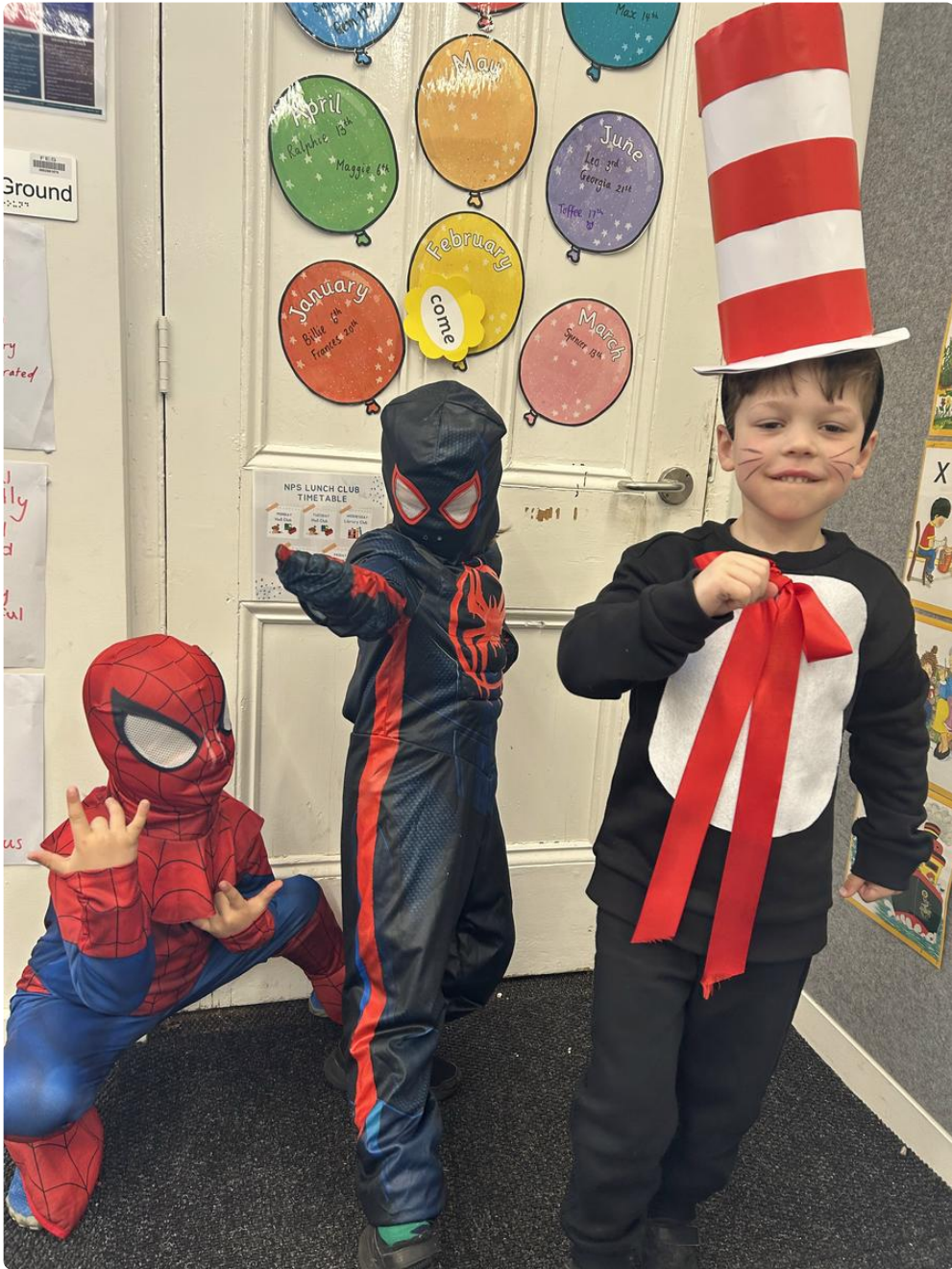


















Grade 3/4 Ben Wood Illustrator Incursion

Ben Wood came to run workshops with the 3/4s this week. We really loved it! He taught us how to draw pigeons, then he told us to make our own pigeons and give them a superpower! It was really fun and he showed us how to add backgrounds. Lots of people asked him for autographs. We were really amazed that we got to meet a famous illustrator! 'The best part was learning how to draw pigeons and make comics.' - Jonah Mcleod

Written by Ella Creighton-Selvay, 3/4 C





School Production Information Update

Our School Production will be held at: The Centre Ivanhoe, 275 Heidelberg Rd, Ivanhoe.

MOVIE NIGHT MAYHEM INFORMATION

IMPORTANT REMINDERS

- Date:** 14th September
6:00pm: Drop your child off at the venue
6:30pm: Doors open for audience members to take their seats
7:00pm: Show starts

Costume:

Please send your child wearing their costume to school on the 14th and pack a change of clothes.

On the evening students arrive at the theatre wearing their costume. Students don't need to bring anything with them on the night.

Parent Helpers:

I still need some parent helpers for ushering and the dress rehearsal. Please see my compass post if you are able to help out.

SEATING

There are no allocated seats on your tickets. You can sit either in the stalls or on the balcony at the back of the theatre. Please when you take a seat don't leave any gaps between people so that we can fit as many people as possible.

Your child will be sitting with their class for the duration of the performance.

DVD/STREAMING AVAILABLE FOR PURCHASE

Early Bird prices prior to the 14th
September
[https://www.modevideo.com.au/
product-page/northcote-ps-2023](https://www.modevideo.com.au/product-page/northcote-ps-2023)





School Production- Poster Competition winners announced!

Venue: The Centre Ivanhoe, 275 Heidelberg Rd, Ivanhoe

The winner of our School Production Poster Competition is.....

Lexi H, Yr 6

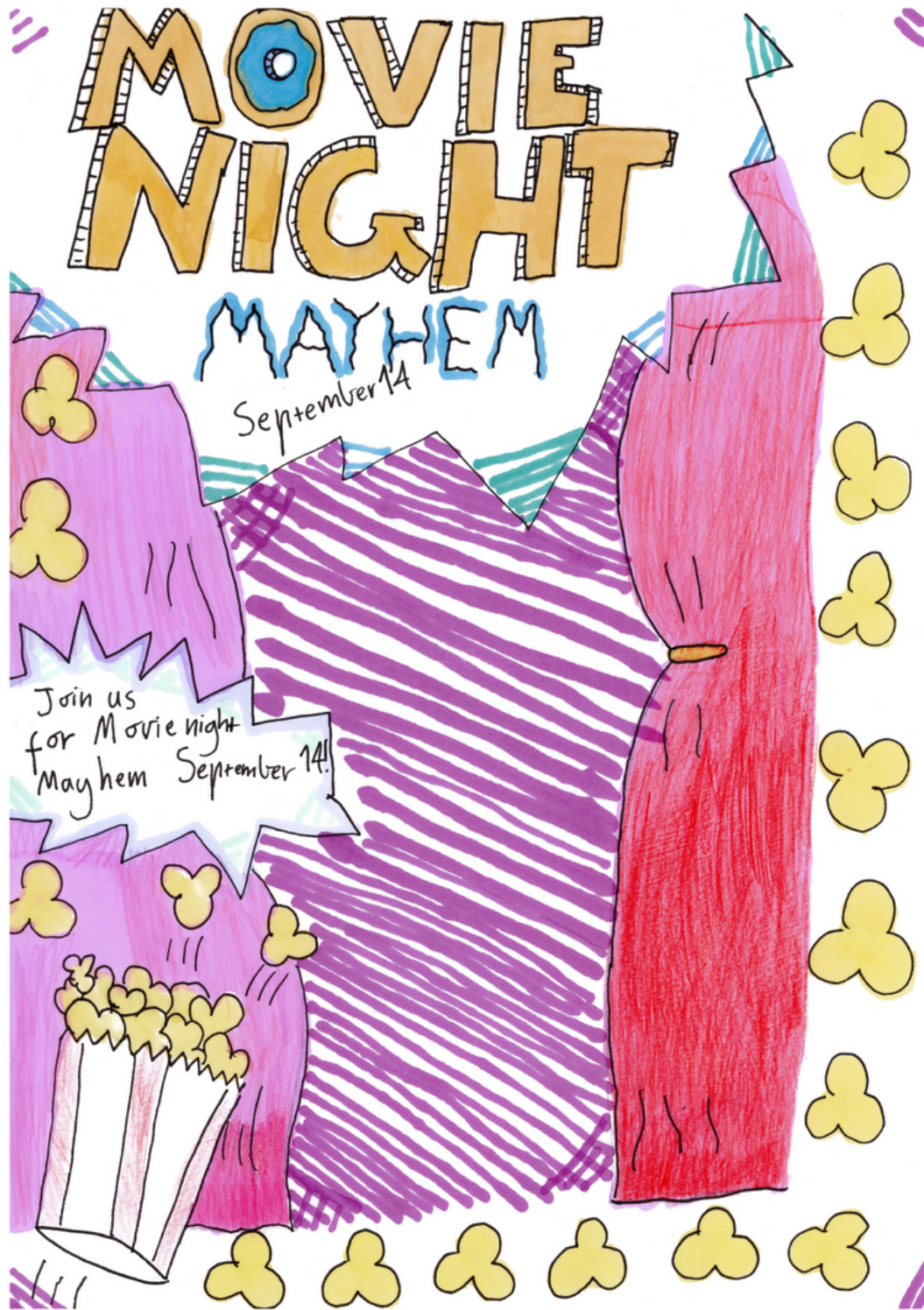


The Runners up are

Olive H Yr 2



Lenka H & Lyla T, Yr 3 (collaboration)



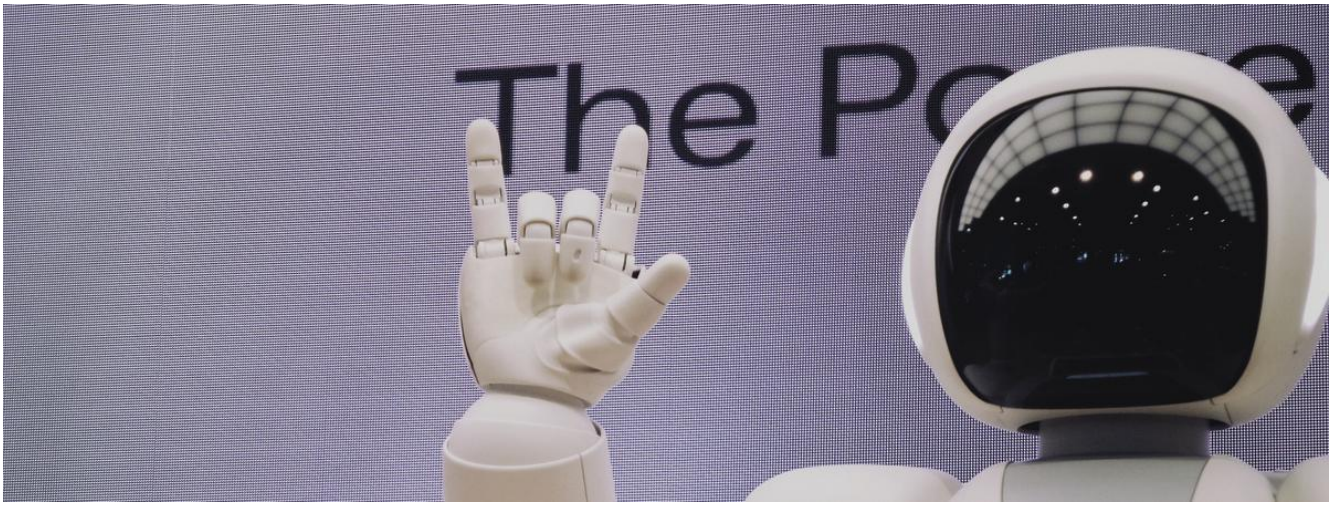
Students Arrive: 6pm | Doors: 6:30pm
Show Starts: 7pm

Flynn D, Yr 1



Please Come to
"Movie Night
Mayhem"

On the 14th of September 2023
Students Arrive: 6pm | Doors: 6:30pm
Show Starts: 7pm



Police Visit to NPS

5/6 POLICE VISIT – STAYING SAFE ONLINE

On Thursday 31st August, the 5/6s and 3/4s were visited by two members of the Preston Police's Youth Outreach team.

The focus of the session was to educate students about the potential risks to their safety when going online.

Some of the key learnings for the 5/6 students were:

- The average age of an online gamer is 40 years old. An unknown person claiming to be a ten-year-old child could actually be closer to this average age.
- Most passwords children use are weak and can easily be hacked, sometimes as quickly as 2 microseconds.
- It is better to create a 'passphrase' of meaningful words that you can easily remember.
- Look out for 'red flags' when online, such as friend requests from unknown people and requests to 'meet up' in person. "You are only one click away from danger."
- You should always block a 'red flag' and tell a trusted adult.
- Don't forward or share content that may be harmful, demeaning or disrespectful to another person, even if you think it might make someone laugh.
- Using a phone or communication tool to harass someone else is a criminal offence. If you are over 10 years old you will be investigated by the police and potentially have a criminal record.
- Messages can always be traced and retrieved from the 'cloud', even if they are deleted.

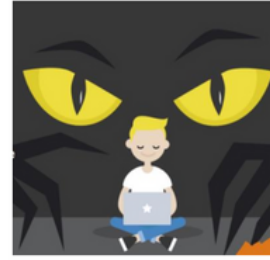
And two of the most eye-opening statistics were that:

- a) 25% of kids get bullied online
- b) 53% of all youth crime occurs online

As the police officer stated, when he was a child, the statistics for both were 0%.

The lesson concluded with some positive messages:

- We all have trusted adults who can give us support and guidance
- The police can help
- Kids Helpline is a fantastic resource and should be used if needed





VictorianPremiers' Reading Challenge Update



8 DAYS TO GO - Victorian Premiers' Reading Challenge closing soon!

The closing date for the **Victorian Premiers' Reading Challenge (PRC)** is

Friday the 8th of September 2023

(that's next Friday!!)

Please update your child/ren's reading list and confirm the books that have been completed ASAP. This will allow time for the books to be verified, and certify that your child has finished the challenge.

The Premiers' Certificate of Achievement will be posted to the school and presented to children during term 4.

I am happy to report that so far:

The total number of books completed by our school's participants and logged into the challenge website equals a whopping **1406 books** - WOW!

25 children have already **finished** the challenge - WOO HOO!

Well done readers.

Meagan Porter

Premier's Reading Challenge Coordinator
meagan.porter@education.vic.gov.au



Australian Girls Choir visiting NPS October 2nd

Australian Girls Choir Assessment Workshop open for all girls Prep-6. Please see flyer attached for more information. Click on the QR code to sign up your child or fill out the form and bring into the office before the end of term.

The AGC will visit NPS on Monday 2nd October at 1:40pm.



AUSTRALIAN GIRLS CHOIR



Is this your daughter?

Look no further than the **Australian Girls Choir** because we encourage, challenge and inspire girls as they **learn to sing, dance and perform.**

JOIN US IN 2024



AUSTRALIAN SCHOOL OF PERFORMING ARTS





AUSTRALIAN GIRLS CHOIR

Take the Stage

Join us at our Spring Holiday Program or Summer Showtime Music Theatre workshops! aspagroup.com.au



An experience that goes far beyond the stage!

Girls blossom as members of the AGC, both on and off the stage. Your daughter will develop confidence, public speaking and presentation skills, resilience and friendships that will last a lifetime.

THE AGC WILL BE VISITING YOUR SCHOOL TO HOLD AN ASSESSMENT WORKSHOP WITH INTERESTED GIRLS.

The group assessment workshop includes singing and movement activities and is designed to be a fun and positive experience. Following our visit, we will post a personalised report and further information about 2024 classes to you.



Register Online

Register online at ausgirlschoir.com.au/schoolworkshop or return the permission slip to school



AUSTRALIAN GIRLS CHOIR assessment workshop (Please return to the front office by Friday)

Girl's Full Name _____ Date of Birth _____ Grade _____

School _____ Parent Full Name _____

Address _____ Suburb _____ Postcode _____ State _____

Email _____ Mobile _____

I give permission for my daughter to attend the group assessment for the Australian Girls Choir

Parent/Caregiver Name _____ Signature _____



Kelly Sports Dance Concert - 13th September



YOU'RE INVITED!!

WE ARE HOLDING OUR END OF TERM DANCE
PERFORMANCE FOR

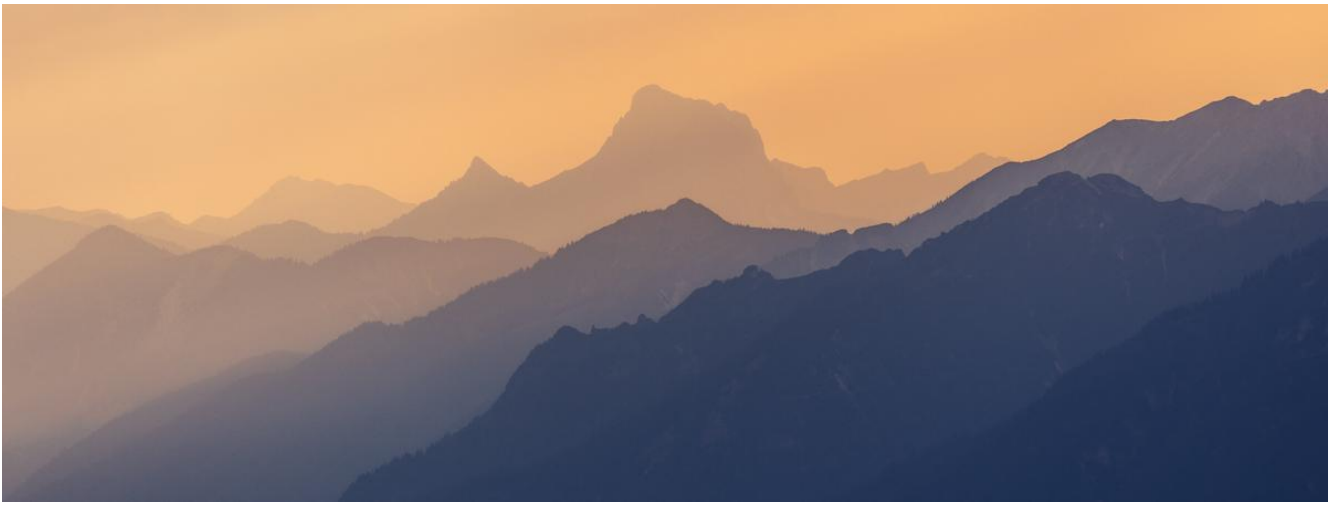
NORTHCOTE PRIMARY

ON WEDNESDAY 13TH SEPTEMBER AT 1.45PM

IN THE MULTI PURPOSE ROOM

FRIENDS & FAMILY ARE ALL WELCOME

Please remember to sign in at the office when you arrive



2023 Parent Payments

Parent Payments

Reminders and requests from School Council....

2023 Parent payment Arrangement Curriculum Contributions.

Parent / guardian payments are critical for ensuring Northcote Primary school has the right technology, classroom supplies and programs to run a fantastic and high-quality education program.

The payment of \$250 is voluntary, but the School Council would like to encourage all parents / guardians to make this payment to support the school and your children's education where they can.

Payments can still be made for 2023 and we would like to remind families that the school can provide confidential support options for families facing financial difficulties. Please reach out to Shaun or Caterina for the assistance that is available to you.

The payment is made via Compass in the 'Payments Centre' under Contributions. Here you can make the payment or review under the Payments tab if your made payment for this year has been paid already.

Attached is a copy of the Parent Payment Arrangement which was approved by the school council on Wednesday 22 of February 2023, for Curriculum Contributions for student use for the 2023 School Year.

In '[The Business End of School Life](#)' section of our newsletter you will always find all the helpful compass information required, and a copy of the Compass Pay Parent Guide on how to make payments via Compass.

Please do not hesitate to contact the school's office should you have any concerns.

Kind Regards

 Parent Payment Arrangement 2023 PPA.pdf



Pupil of the week Term 3

2023

Week 7

Prep Natalie	Olivia A
Prep Olivia	Riley M
Prep Meg	Edie F
Grade 1/2 Sharif	Eve P
Grade 1/2 Brigitte	
Grade 1/2 Sam	Julian C
Grade 1/2 Stephanie	Rex S
Grade 3/4 Matt	Oskar A
Grade 3/4 Sarah & Nick	Indie B
Grade 3/4 Kate	
Grade 3/4 Eleanor	Eddie J
Grade 5/6 Steven	Atticus R
Grade 5/6 Izzy	Max P
Grade 5/6 Declan	Arlo B
Grade 5/6 Luke	Ella S

Week 8

Prep Natalie	Spencer C
Prep Olivia	Samuel R
Prep Meg	Sean A
Grade 1/2 Sharif	Eleanor P
Grade 1/2 Brigitte	Sienna M

Grade 1/2 Sam	Nyah B
Grade 1/2 Stephanie	Taye T
Grade 3/4 Matt	Petra K
Grade 3/4 Sarah & Nick	Anvita B
Grade 3/4 Kate	Jonah M
Grade 3/4 Eleanor	Antogone W
Grade 5/6 Steven	Henry P
Grade 5/6 Izzy	Lachlan O
Grade 5/6 Declan	Felix M
Grade 5/6 Luke	The whole Basketball Team!

To be celebrated at Monday 4th of September assembly

NPS Future students

Last Tour Date for 2023



We ask that enrolments are completed preferably by the end of Term 3

Prospective families and children can come and see NPS on a 'business as usual' day, meet the Principal and other staff. School tour times are 9.30 - 10.30am and prospective families are requested to confirm attendance by calling the our school office and registering their name and contact details.

Our next tour date:

Tuesday 12th September 9.30 - 10.30am

Enrolment packs are available from our office.



OSH Club

OSH Club Information

<https://www.oshclub.com.au/vic/northcote-primary-school/>

 northcote-primary-OSHC.pdf



Let's go!

OSHClub pride ourselves on providing your children with fun, play-based learning experiences before and after school as well as during the school holidays. Whether your child attends OSHC daily or only occasionally, each visit is an exciting and engaging adventure!



Compelling programs

We'll empower your child to explore, navigate, experiment and engage in a diverse range of experiences.

Educators who care

Our educators will embrace your child's journey: caring deeply, thinking creatively and inspiring them to thrive.

Future ready

We focus on building knowledge, skills and behaviours that help prepare your child for whatever the future may hold.

Unified partnership

As an integral part of the school community, together we'll create a fun and engaging environment for your child to flourish.

Fabulous food

We fuel curious minds and growing bodies, helping to shape your child's understanding of health and wellness positively.

Peace of mind

You can be confident that your child is safe, happy and given every opportunity to fulfill their potential.

Join the fun. Be active. Get together.



Our Proud Sponsor

Introducing our dedicated Estate Agent & Auctioneer

Matthew McIntosh

LICENSED ESTATE AGENT & AUCTIONEER

0457 193 014

matthewmcintosh@jellisrcraig.com.au



Jellis Craig Northcote
 427-431 High Street
 Northcote, VIC 3070
 P 03 9403 9300
 E northcote@jellisrcraig.com.au

Jellis Craig Fitzroy
 189 Johnston Street
 Fitzroy, VIC 3065
 P 03 8415 6100
 E fitzroy@jellisrcraig.com.au

Jellis Craig Reservoir
 982-984 High Street
 Reservoir, VIC 3073
 P 03 9070 5095
 E reservoir@jellisrcraig.com.au
jellisrcraig.com.au

About Matthew

With an impressive record of outstanding sales results, Matthew McIntosh has established himself as a leading Sales Agent and Auctioneer in Fairfield, Northcote and Melbourne's inner north suburbs more broadly. Always genuine in his approach, he quickly builds rapport with both clients and buyers. He communicates with transparency, sharing all updates with vendors, from the initial preparation of their property to the final signing of the contracts.

"I'm client focused at every step. I don't leave any stone unturned in my pursuit of the best possible result on every campaign," he says.

Matthew compels buyers to remain engaged throughout the marketing campaign, maximising interest and competition as the sale approaches. An accomplished auctioneer, he uses charisma and energy to generate a spirited atmosphere at every auction.

"I try to keep the energy up and the atmosphere positive on auction day," Matthew says. "Emotions can run high, so it's important buyers don't feel intimidated by the process. We want them to feel confident as they put their best offer forward."

Thorough market research is a pivotal element of Matthew's success. In a fast-paced selling environment, he stays on top of buyer sentiment and broader economic factors to accurately price properties and provide clients with informed advice.



What are Matt's clients saying?

Verified reviews provided by



"Matt was a fantastic bloke to deal with all around. From the moment we stepped in for an inspection to getting the keys to our new home, we couldn't have asked for a more genuine and considerate person as an REA. He kept us updated on the proceedings, was easy to deal with, connected well with our people (e.g. conveyancer/bank) and even had some minor touch-ups to our new place sorted out of his own goodwill. Will highly recommend him to other potential new buyers.

★★★★★
Abhi G 7 days ago

"Matt's commitment to our campaign was extraordinary. His professionalism and easy communication style created a trusting partnership. He had a clear vision on what strategy he felt best to achieve a great outcome. We challenged him a few times, but he was able to justify his rationale, explaining clearly and leaving us feeling confident. I highly recommend Matthew McIntosh to any prospective vendors.

★★★★★
Alex A 2 months ago

"Great and responsive communicator, excellent market knowledge. We felt reassured and in good hands from first contact with Matthew, all the way through to the excellent final result. Thanks!

★★★★★
Matthew D 3 months ago

"Matt has been helpful and professional. As a first home buyer, my knowledge with buying a property is very limited. Matt helped me through the whole process. He is a very trustworthy real estate agent. Highly recommended.

★★★★★
Lizzie H 3 months ago

"We had the pleasure of recently working with Matt, and he truly exceeded our expectations. From the beginning to the end, he was always so polite, friendly, and readily available to provide advice whenever needed. cannot emphasize enough how highly we recommend Matt. If you are in search of an exceptional estate agent with whom you will genuinely enjoy working, someone who will wholeheartedly dedicate themselves to achieving the results you've always envisioned, then look no further than Matt

★★★★★
Stuart K 3 months ago

"I can't recommend Matt highly enough. He worked extremely hard to sell our property, really went above and beyond to achieve an outcome we are very happy with. Throughout the process he was responsive and happy to answer our questions, and helped us to have the confidence that we were in safe hands. He's also a genuinely lovely person and was all round great to deal with. Thank you Matt!

★★★★★
Nareeda L 3 months ago

Northcote Primary School is proudly sponsored by Jellis Craig Inner North.

Jellis Craig will donate \$500 sales commission or \$350 rental fee to Northcote Primary School when a family or staff member appoints a Jellis Craig Inner North Agent to sell or lease their home throughout 2023. Please Mention you are part of our NPS village to ensure our school receives these generous donations.

Jellis Craig



Northcote
Primary School

**Jellis
Craig**

Northcote Primary School is proudly sponsored throughout 2023 by Jellis Craig Inner North

Jellis Craig will donate \$500 sales commission or \$350 rental fee to Northcote Primary School when a family or staff member appoints a Jellis Craig Inner North Agent to sell or lease their home throughout 2023. Please mention you are part of our NPS village to ensure our school receives these generous donations.





Community announcements



TAKING ENROLMENTS FOR 2024

Fitzroy North & Thornbury

Ph. 94815324

Ph. 94849982



www.sunrisepreschool.vic.edu.au





Community Sports

Join a community sporting team.....

Come and swim with us!



Northcote Swim Club is welcoming new members!

Are you interested in joining a swim squad?



Northcote Swim Club is a community based competitive swimming club. Our squad sessions cater for every level and are supported by qualified coaches.

Dive into our club as we prepare to move into our new state of the swim centre – coming late 2023.

- Be part of a team
- Make new friends
- Exercise and stay active
- Build swim skills
- Professionally trained coaches
- Pathway to competition

Contact us to learn more and arrange a trial:

ntc.swimming@gmail.com

northcote.swimmingclub.org.au





THE BUSINESS END OF SCHOOL LIFE

THE FOLLOWING ARE REPEATED INFORMATION ITEMS, WHICH CAN BE REFERRED BACK TO BY OUR SCHOOL COMMUNITY WHEN NECESSARY

Parent Payments

Attached is a copy of the Parent Payment Arrangement has been approved by the school council on Wednesday 22 of February 2023, for Curriculum Contributions for student use for the 2023 School Year.

The cost for 2023 Parent Payment Arrangement is \$250.00

In the newsletter section compass information, you will find attached a copy of the Compass Pay Parent Guide on how to make payments via Compass.

Please do not hesitate to contact the school's office should you have any concerns.

Kind Regards

Caterina Carnovale

Business Manager

 Parent Payment Arrangement 2023 PPA.pdf

Compass Pay for all school payments - Compass Pay at Northcote Primary School.

Compass Pay provides a more consistent approach to parent consent and payments of activities for students and confirm the student's medical requirements through the compass app.

Northcote Primary School has a streamline approach to the collection of payments for Camps, Excursions, Incursions, and the annual Parent Payment Arrangement, and fundraising activities.

This option allows parents/caregivers the opportunity to have all the information on one platform the Compass Parent App.

Cash, EFT and B-pay are available as options, the preferred method of payment is Compass. Compass creates efficiency for teachers and the office staff where immediately we will be able to see if parents/caregivers have consented and paid for the activity. Parents will receive a push notification from Compass when an activity has been created.

We have attached a copy of the Compass flyer on how to consent and pay for events.

 CompassPay Parent Guide.pdf

Compass Attendance

This is a gentle reminder to parents/carers, about the importance of logging student absences on Compass. This is a Department of Education requirement.

If your child is absent from school or is going to be absent in the future (for example a planned family holiday), it is important that this absence is logged via Compass.

Attached is a parent guide to using compass.

 Parent-guide-Compass.pdf

CSEF: Camps, Sports and Excursions Funds



FINANCIAL ASSISTANCE INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link between a student's background and their outcomes.

CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors. Excursions encourage a deeper understanding of how the world works while sports teach teamwork, discipline and leadership. All are a part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$125 for primary school students
- \$225 for secondary school students

MORE INFORMATION

For more information about CSEF visit:

<https://www.education.vic.gov.au/about/programs/Pages/csef.aspx>

HOW TO APPLY

New applicants should contact the school office to obtain a CSEF application form or download from the website below.

If you applied for CSEF at your child's school last year, you do not need to complete an application form this year unless there has been a change in your family circumstances.

You only need to complete an application form if any of the following changes have occurred:

- **new student enrolments;** your child has started or changed schools this year.
- **changed family circumstances;** such as a change of custody, change of name, concession card number, or new siblings commencing this year.

Check with the school office if you are unsure.



Important Information

Our school gates are unlocked at 8.45am each morning to allow students to enter, the yard is not supervised before this time. Students can enter classrooms from 8.45am each day. The gates are again locked at 9.00am when the bell goes. The gates are unlocked again at 3.20pm and are locked by 3.45pm.

Helmets

When riding a bike or scooter to or from school, all students MUST wear a helmet at all times.

Bikes and Scooters

Helmets must be worn on the way to and from school. Bikes and scooters must also be WALKED (not ridden) once inside the school.

Please note: bike and scooter storage is not completely secure. Unauthorised access via the external fences has occurred in the past. We highly recommend the use of a personal bike/scooter lock to avoid theft. The school takes no responsibility for the loss or damage of equipment stored on site.

Kiss and Go

Just a reminder to families that the Kiss & Go zone is a short-term stopping area where drivers are allowed to stop and park the vehicle for a **short time** – no longer than two minutes – while the student exits or enters the vehicle from the curbside doors. This enables students to walk between the car and the school, using the safety of the footpath.

Ball games before and after school

To ensure everyone feels safe during the busy mornings and afternoons, ball games are not permitted during these times.

Classroom Cuisine 2023

This is the current lunch menu from Classroom Cuisine. Lunch orders are delivered to NPS everyday, with the exception Tuesdays.

For our new families please note that this is an external lunch provider, all lunches are ordered online and orders should be placed by 8.30am.

Please Note: The "Canteen" function on Compass is not to order lunches, it is used primarily for our fundraisers.



SERVICING NORTHCOTE PRIMARY SCHOOL
AVAILABLE ON MONDAY, WEDNESDAY, THURSDAY & FRIDAY
Order ONLINE until 8.30am on the DAY LUNCH IS REQUIRED

LUNCH ITEM ONE

SALADS

- Greek Style Salad with Feta and Olives (V, GF)
- Pic(k)nic Box – Vegetarian (V, GF)
- Pic(k)nic Box with Ham (GF)
- Pic(k)nic Box with a Whole Egg
- Falafel with Tabouli Salad (V,G/DF, H)
- Mexican Inspired Salad (V, GF)
- Tuna Mix with Brown Rice & Quinoa Cakes (V, GF)

SUSHI

- Teriyaki Chicken Hand Rolls (2)
- Cooked Tuna Hand Rolls (2)
- Avocado Hand Rolls (2)
- Cucumber Hand Rolls (2)
- Vegetarian Hand Rolls (2)
- Tofu Hand Rolls (2)

BAKERY

- Cheese and Bacon Roll
- Cheese and Vegemite Scroll (w/m)
- SCROLL with Ham & Cheese
- Semi Dried Tomato and Olive ROLL
- Topped with Only Cheese Roll
- GOZLEME - Lamb & Beef (H)
- GOZLEME - Spinach and Cheese (V, H)

BAKED FRESH PIZZAS

(Thin & Crisp, Served at room temp)

- Margherita Pizza
- Ham and Pineapple Pizza

SANDWICHES, ROLLS & WRAPS

- Turkey, Cranberry, Lettuce and Cheese Sandwich
- Gluten Free Ham & Cheese Sandwich (GF)
- Simple Salad Roll (V)
- Cucumber & Ham Sandwich (GF)
- Vegemite Sandwich (2)
- Mild Salami and Salad Roll
- Plain Cheese Sandwich (2)
- Roast Beef, Fruit Chutney, Cheese and Lettuce Roll
- Cheese and Salad Roll
- Wholegrain ROLL with Cheese and Tomato
- WRAP (GF, DF) Ham and Salad
- Wholegrain Ham and Cheese Sandwich
- Chicken MAYO and Lettuce Roll (H)
- Garden Salad Wrap (GF,DF,V)

LUNCH ITEM TWO/THREE

FRESH FRUIT & VEG

- Freshly chopped strawberries with Grapes
- Fresh Fruit Combo
- Lightly Steamed Corn wheels & Broccoli pieces
- Celery & Carrot Sticks with Sultanas
- Chopped Carrot, Cucumber, Red & Yellow Capsicum
- Apple pieces with Lemon Juice, Cinnamon & Brown Sugar
- Chia Bowl with Banana, Coconut & Strawberries
- Sugar Snap Peas, Beans & Cherry Tomatoes
- Cantaloupe & Honeydew pieces
- Edamame (Lightly Salted)
- Cherry Tomatoes with Tasty Cheese & Rice Crackers
- Freshly chopped Orange Segments
- Whole Fruit – Banana OR Mandarin

YOGHURT

- Strawberry Chobani Yoghurt
- Blueberry Chobani Yoghurt
- Passionfruit Chobani Yoghurt
- Plain Chobani Yoghurt

BAKED GOODS

- Choc Chip Cookie
- Cornflake Cookie
- Finger Bun with Sprinkles
- Hedgehog Slice
- Choc Cup Cake (GF,DF)
- Blueberry Muffin
- Fruit Bun
- Jam Drop Biscuit (GF, NF, H)

DIPS & CRACKERS

- Tzatziki Dip with Rice Crackers
- Avocado Dip with Rice Crackers
- Spring Onion Dip with Rice Crackers

POPCORN/SNACKS

- Dried Fruit Medley with a Yoghurt Frog
- Popcorn - Lightly Salted
- Popcorn - Slightly Sweet, Lightly Salted
- Lightly salted Fav'va Beans
- Chickpeas with Lime & Black Pepper
- Balsamic & Sea Salt Fav'va Beans

DRINKS

- Apple Juice
- Orange Juice
- Full Cream Milk
- Nippy's Chocolate Milk
- Strawberry (Lactose Free) Milk
- So Good Soy Milk

Healthy, Interesting & Affordable Lunches Delivered to School!

More information about Our Offering including

Pricing, Ingredients and Portion Size is available on the Our Menu Page at

www.classroomcuisine.com.au

Late Arrivals & Early Departures

If your child is late or you are collecting them early it is **essential** you do so through the front office. **All Students must be signed in and out** via the Compass Kiosk at the front desk. For late arrivals a paper slip will print out when they are signed in, this slip is to be given to the teacher so they know the student has signed in at the office.

Please note if you have put a Compass note in for a late arrival or early departure (for example you log on Compass that your child is being picked up at 1.30pm for a medical appointment) you do not need to sign them out via the Compass Kiosk at the office. However, **you still must come into the office to collect the student.**

The Department of Education requires a parent, carer, or listed emergency contact physically collect the child from the office when it is during school hours. This means we are **unable to allow students to leave on their own**, even if it has been logged on Compass. We understand this may be inconvenient at times so please contact or the office on 9481 0009 and they will do their best to assist you.

Also, if you know of an early departure in advance, please inform the office and your child's teacher, so they are able to have the student waiting and ready for you to collect.



2023 First Aid Team

Introducing the NPS 2023 First Aid Team

For our returning families there will be some familiar faces, and for our new families our first aid team is

- Donna Cassidy
- Caterina Carnovale

If your child becomes unwell one of our fantastic First Aid Officers will be tending to them and will be in contact with you if necessary.

The first aid office is located in front office (the other end to the front doors)

If your child is needing to be picked up, where possible we will organise their school bag and belongings and you can collect them from the front office 😊

Action Plans

Parents and carers are reminded that if their child has anaphylaxis, allergies, or asthma that their child **MUST HAVE A CURRENT PLAN.**

Red ASCIA Anaphylaxis Plan for use with EpiPen® adrenaline (epinephrine) autoinjectors is attached below and must be prepared in colour, completed by your GP and have a current photo of your child attached to it.

ascia
www.allergy.org.au

ACTION PLAN FOR Anaphylaxis
For use with EpiPen® adrenaline (epinephrine) autoinjectors

Name: _____
Date of birth: _____

Confirmed allergens: _____

Family/emergency contact name(s):
1. _____
Mobile Ph: _____
2. _____
Mobile Ph: _____
Plan prepared by doctor or nurse practitioner (np): _____

The treating doctor or np hereby authorises medications specified on this plan to be given according to the plan, as consented by the patient or parent/guardian.

Within this plan does not expire, review is recommended by _____

Signature: _____
Date: _____

How to give EpiPen®

1. Form fit around EpiPen® and PULL OFF BLUE SAFETY RELEASE
2. Hold leg stiff and PLACE ORANGE END against outer mid-thigh (with or without clothing)
3. PUSH DOWN HARD until a click is heard or felt and hold in place for 3 seconds RELEASING EpiPen®

EpiPen® is prescribed as follows:
• EpiPen® Jr (120 mg) for children 7.5-20kg
• EpiPen® (300 mg) for children over 20kg and adults

SIGNS OF MILD TO MODERATE ALLERGIC REACTION

- Swelling of lips, face, eyes
- Hives or welts
- Tingling mouth
- Abdominal pain, vomiting - these are signs of anaphylaxis for insect allergy

ACTION FOR MILD TO MODERATE ALLERGIC REACTION

- For insect allergy - flick out sting if visible
- For tick allergy seek medical help or freeze tick and let it drop off
- Stay with person, call for help and locate adrenaline autoinjector
- Give antihistamine (if prescribed)
- Phone family/emergency contact

Mild to moderate allergic reactions (such as hives or swelling) may not always occur before anaphylaxis

WATCH FOR ANY ONE OF THE FOLLOWING SIGNS OF ANAPHYLAXIS (SEVERE ALLERGIC REACTION)

- Difficult or noisy breathing
- Swelling of tongue
- Swelling or tightness in throat
- Wheeze or persistent cough
- Difficulty talking or hoarse voice
- Persistent dizziness or collapse
- Pale and floppy (young children)

ACTION FOR ANAPHYLAXIS

1. LAY PERSON FLAT - do NOT allow them to stand or walk
 - If unconscious or pregnant, place in recovery position
 - on left side if pregnant, as shown below
2. GIVE ADRENALINE AUTOINJECTOR
3. Phone ambulance - 000 (AU) or 111 (NZ)
4. Phone family/emergency contact
5. Further adrenaline may be given if no response after 5 minutes
6. Transfer person to hospital for at least 4 hours of observation

If breathing is difficult allow them to sit with legs outstretched

Hold young children flat, not upright

IF IN DOUBT GIVE ADRENALINE AUTOINJECTOR
Commence CPR at any time if person is unresponsive and not breathing normally

ALWAYS GIVE ADRENALINE AUTOINJECTOR FIRST, and then asthma reliever puffer if someone with known asthma and allergy to food, insects or medication has SUDDEN BREATHING DIFFICULTY (including wheeze, persistent cough or hoarse voice) even if there are no skin symptoms


Asthma reliever medication prescribed: Y N

Note: If adrenaline is accidentally injected (e.g. into a thumb) phone your local poisons information centre. Continue to follow this action plan for the person with the allergic reaction.

© ASCIA 2022. This plan was developed as a medical document that can only be completed and signed by the patient's doctor or nurse practitioner and cannot be altered without their permission.

Anaphylaxis EpiPen Plan Template.pdf

Red ASCIA Anaphylaxis Plan for use with Anapen® adrenaline (epinephrine) autoinjectors is attached below and must be prepared in colour, completed by your GP and have a current photo of your child attached to it.



www.allergy.org.au

Name: _____
Date of birth: _____

Confirmed allergens: _____

Family/emergency contact name(s):
1. _____
Mobile Ph: _____
2. _____
Mobile Ph: _____

Plan prepared by doctor or nurse practitioner (NP):

The treating doctor or nurse practitioner authorises medications specified on this plan to be given according to the plan, as consented by the patient or parent/guardian.
While this plan does not expire, review is recommended by _____/_____/_____
Signed: _____
Date: _____

ACTION PLAN FOR Anaphylaxis

For use with Anapen® adrenaline (epinephrine) autoinjectors

SIGNS OF MILD TO MODERATE ALLERGIC REACTION

- Swelling of lips, face, eyes
- Tingling mouth
- Hives or welts
- Abdominal pain, vomiting - these are signs of anaphylaxis for insect allergy

ACTION FOR MILD TO MODERATE ALLERGIC REACTION

- For insect allergy - flick out sting if visible
- For tick allergy seek medical help or freeze tick and let it drop off
- Stay with person, call for help and locate adrenaline autoinjector
- Give antihistamine (if prescribed)
- Phone family/emergency contact

Mild to moderate allergic reactions (such as hives or swelling) may not always occur before anaphylaxis

WATCH FOR ANY ONE OF THE FOLLOWING SIGNS OF ANAPHYLAXIS (SEVERE ALLERGIC REACTION)

- Difficult or noisy breathing
- Swelling of tongue
- Swelling or tightness in throat
- Wheeze or persistent cough
- Difficulty talking or hoarse voice
- Persistent dizziness or collapse
- Pale and floppy (young children)

ACTION FOR ANAPHYLAXIS

1. **LAY PERSON FLAT - do NOT allow them to stand or walk**
 - If unconscious or pregnant, place in recovery position
 - on left side if pregnant, as shown below
 - If breathing is difficult allow them to sit with legs outstretched
 - Hold young children flat, not upright
2. **GIVE ADRENALINE AUTOINJECTOR**
3. **Phone ambulance - 000 (AU) or 111 (NZ)**
4. **Phone family/emergency contact**
5. **Further adrenaline may be given if no response after 5 minutes**
6. **Transfer person to hospital for at least 4 hours of observation**

IF IN DOUBT GIVE ADRENALINE AUTOINJECTOR

Commence CPR at any time if person is unresponsive and not breathing normally

ALWAYS GIVE ADRENALINE AUTOINJECTOR FIRST, and then asthma reliever puffer if someone with known asthma and allergy to food, insects or medication has SUDDEN BREATHING DIFFICULTY (including wheeze, persistent cough or hoarse voice) even if there are no skin symptoms

Asthma reliever medication prescribed: Y N

Note: If adrenaline is accidentally injected (e.g. into a thumb) phone your local poisons information centre. Continue to follow this action plan for the person with the allergic reaction.

Anaphylaxis Anapen Plan Template.pdf


Blue Asthma Australia School Action Plan is attached below and must be prepared in colour, completed by your GP and have a current photo of your child attached to it. If your child has Ventolin at school, they must have an Asthma Action Plan.

FOR USE WITH PUFFER AND SPACER
ASTHMA ACTION PLAN

VICTORIAN SCHOOLS

Student's name: _____
DOB: _____
Confirmed triggers: _____

Anapen® is prescribed as follows:
• Anapen® 150 for children 15-20kg
• Anapen® 300 for children over 20kg and adults
• Anapen® 500 for children and adults over 50kg



PHOTO

Child can self-administer if well enough
 Child needs to pre-medicate prior to exercise
 Face mask needed with spacer

ALWAYS give adrenaline autoinjector FIRST, and then asthma reliever puffer if someone with known asthma and allergy to food, insects or medication has SUDDEN BREATHING DIFFICULTY (including wheeze, persistent cough or hoarse voice) even if there are no skin symptoms.

Adrenaline autoinjector prescribed: Y N Type of adrenaline autoinjector: _____

ASTHMA FIRST AID
For Severe or Life-Threatening signs and symptoms, call for emergency assistance immediately on Triple Zero "000"
Mild to moderate symptoms do not always present before severe or life-threatening symptoms


1. Sit the person upright
Stay with the person and be calm and reassuring
2. Give _____ separate puffs of Asthma, Asmol or Ventolin
Shake the puffer before each puff
Puff 1 puff into the spacer at a time
Take 4 breaths from spacer between each puff
3. Wait 4 minutes
If there is no improvement, repeat step 2
4. If there is still no improvement call emergency assistance
Use Triple Zero "000"
Say "ambulance" and that someone is having an asthma attack
Keep giving _____ puffs every 4 minutes until emergency assistance arrives
Commence CPR at any time if person is unresponsive and not breathing normally.

Blue/grey reliever medication is unlikely to harm, even if the person does not have asthma.

SIGNS AND SYMPTOMS	MILD TO MODERATE	SEVERE	LIFE-THREATENING
<ul style="list-style-type: none"> • More asthmatic breathing • May have a cough • May have a wheeze • Shorter sighs to look for 	<ul style="list-style-type: none"> • Cannot speak a full sentence • Sitting hunched forward • Tugging in of skin over sternum/throat • May have cough or wheeze • Obviously laboured breathing • Lethargic • Sore tummy (young children) 	<ul style="list-style-type: none"> • Unable to speak or 1-2 words • Collapsed/exhausted • Gasping for breath • May no longer have a cough or wheeze • Drowsy/confused/unconscious • Skin discoloration (blue lips) 	

Emergency contact name: _____
Work ph: _____
Home ph: _____
Mobile ph: _____

Plan prepared by Dr or Nurse Practitioner:
Signed: _____
Date prepared: _____
Date of next review: _____



- Place mouthpiece of spacer in mouth and ensure lips seal around it.
- Breathe out gently into the spacer.
- Press down on puffer consider once to fire medication into spacer.
- Breathe in and out normally for 4 breaths (keeping your mouth on the spacer).

© Asthma Australia August 2013. This plan was developed as a medical document that can only be completed and signed by the patient's treating medical doctor or nurse practitioner and cannot be altered without their permission.



Green ASCIA Allergic Reaction Plan is attached below and must be prepared in colour, completed by your GP and have a current photo of your child attached to it.

The form is titled 'ACTION PLAN FOR Allergic Reactions' and includes sections for patient information, signs of allergic reactions, action steps for mild to moderate and severe reactions, and emergency instructions. It features a photo placeholder, a list of confirmed allergens, and contact details for family and emergency services. The form also includes a section for the treating doctor or nurse practitioner to sign and authorize the plan.



All plans **must be updated annually**, one of our first aid team will contact you when your child's plan is approaching expiration.

NPS Medication Authority Form

Parents **must provide all necessary medications** to be administered in the event of an emergency.

Medications will be administered by one of our trained First Aid Team members.

All medication is to be stored in the First Aid Room, NOT in the student's bag or classroom.

Any medication being stored at/administered on school grounds requires a NPS 2023

Medication Authority Form. These forms are to be **updated at the start of each year** (even if

there has been no change to medications). These can be filled out by parents/carers or by a GP.

This form **must** be filled out regardless of a student having a medical plan.

It must also be filled out for ongoing medication as well as temporary (for example, this form is required if a student is unwell and needs to be administered a course of antibiotics during school hours, as well as if a student requires a hay fever tablet only when symptoms arise).



Medication Authority Form
for a student who requires medication whilst at school

Name of School: **Northcote Primary School**

Student's Name: _____ Date of Birth: _____

Please Note: wherever possible, medication should be scheduled outside the school hours, e.g. medication required three times a day is generally not required during a school day; it can be taken before and after school and before bed.

Reason for Medication/s	Name of Medication/s	Dosage (amount)	Time/s to be taken	How it's taken (e.g. orally/topical/injection)	Dates
					Expiry Date: / / <input type="checkbox"/> Ongoing medication <input type="checkbox"/> Temporary medication
					Expiry Date: / / <input type="checkbox"/> Ongoing medication <input type="checkbox"/> Temporary medication
					Expiry Date: / / <input type="checkbox"/> Ongoing medication <input type="checkbox"/> Temporary medication
					Expiry Date: / / <input type="checkbox"/> Ongoing medication <input type="checkbox"/> Temporary medication

Medication Storage
Please indicate if there are specific storage instructions for the medication:

Medication delivered to the school
Please ensure that medication delivered to the school:
 Is in its original package
 The pharmacy label matches the information included in this form.

Self-management of medication
Students in the early years will generally need supervision of their medication and other aspects of health care management. In line with their age and stage of development and capabilities, older students can take responsibility for their own health care. Self-management should follow agreement by the student and their parents/carers, the school and the student's medical/health practitioner.
Please advise if this person's condition creates any difficulties with self-management, for example, difficulty remembering to take medication at a specified time or difficulties coordinating equipment:

Monitoring effects of Medication
Please note: School staff do not monitor the effects of medication and will seek emergency medical assistance if concerned about a student's behaviour following medication.

Privacy Statement
The school collects personal information so as the school can plan and support the health care needs of the student. Without the provision of this information the quality of the health support provided may be affected. The information may be disclosed to relevant school staff and appropriate medical personnel, including those engaged in providing health support as well as emergency personnel, where appropriate, or where authorized or required by another law. You are able to request access to the personal information that we hold about you/your child and to request that it be corrected. Please contact the school directly or FOG Omb on 04372676.

Authorisation:

Name of Medical/health practitioner: _____

Professional Role: _____ Contact details: _____

Signature: _____ Date: _____

Name of Parent/Carer: _____

Contact details: _____

Signature: _____ Date: _____

**If additional advice is required, please attach it to this form



Copies of all forms can be found in the links on this page, alternatively printed copies of all forms can be collected from Donna in the front office.

Duty of Care

All NPS staff have a duty of care to our students – if we cannot establish contact with a parent/carer or emergency contact, an ambulance will be called if deemed necessary.

Please ensure you make every attempt to be contactable during school hours, have voicemail set up on your phone and that your emergency contact details stored at the office are up to date.

