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# Northcote Primary School Newsletter

Issue 3 · 08 Mar 2024

*Collaborative Learning in a Community that Cares*

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Sun smart- Please pack your hats!



Kelly Sports and Dance Program



THE BUSINESS END OF SCHOOL LIFE



Darebin is calling all youth makers



2024 First Aid Team



# Parent Payment Arrangement 2024

## **2024 Parent Payment Arrangements.**

We very much value being able to support our student's learning and growth by offering them opportunities through resources like Mathletics, Reading Eggs, books , stationery and programs such as Evolve, Pivot , Essential Assessments, to name a few.

The '2024 Parent Payment Arrangement' is located Compass.

This will allow Northcote Primary to support the standard curriculum for our children.

This also allows us to strive to offer the best possible education to our children with supporting programs and resources to foster optimal learning outcomes and experiences for all. The exact details of what this contribution covers and how it is spent is in the document attached. All students receive their individual student materials on the first day of school next year.

We would like to acknowledge that although this contribution is higher than previous years, we have tried our best to avoid this as much as possible. There has been very careful consideration taken, in reaching the final amount for 2024. We have tried to reduce the number of payments across the year whilst also absorbing the increasing general costs to make sure that the school is not running at a loss and can still provide a wide range of programs and experiences to enhance the standard curriculum.

We would like to remind you that these payments are voluntary and assure you that they are in line with the Victorian DET guidelines and similar to surrounding schools.

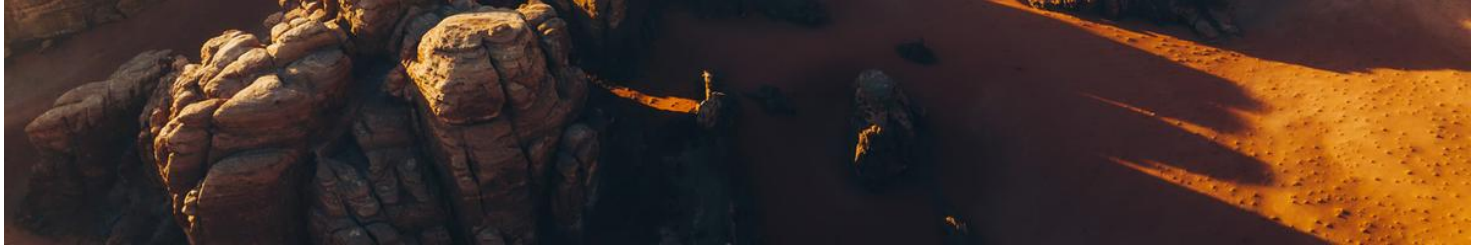
Please continue to regularly check Compass - we use the Compass platform for all our official communication with families.

The cost for 2024 Parent Payment Arrangement is \$350.00

In the newsletter section 'THE BUSINESS END OF SCHOOL LIFE' compass information, you will find attached a copy of the Compass Pay Parent Guide on how to make payments via Compass.

Please do not hesitate to contact the school's office should you have any concerns.

 2024 PPA Northcote PS Final Version SW JP School Council Approved 11...



# Dates to Remember 2024

## Just a little reminder

Our school gates are unlocked at 8.45am each morning to allow students to enter.

The yard is not supervised before this time.

Students can enter classrooms from 8.50am each day. The gates are locked again at 9.00am when the bell goes. The gates are unlocked again at 3.20pm and are locked by 3.45pm.

## 2024

**Term 1 begins Tuesday 30th January 2024 (the term officially begins on 29th January however this is a student free day)**

- Mondays Assembly 9.10am
- Friday 15th February - 22nd March -Tri Skills Yr 1/2 & 3/4
- Friday 8th March - Curriculum Day - PUPIL FREE DAY
- Saturday 16th March - NPS Fete
- Monday 18th March - Parent Helper Induction Session 9.30am
- Tuesday 19th March - Athletics Day (Back update Tuesday 26th March)
- Friday 22nd March - Ride to School Day
- Monday 25th March - Crazy Hair Day, show support for the The Leukaemia Foundation
- Wednesday 27th March at 2pm - Kelly Dance Performance in the Hall.
- Thursday 28th March - End of term 1
- Friday 29th March - Good Friday

## Term 2

- Mondays Assembly 9.10am
- Monday 15th April - Term 2 begins
- Week beginning 22nd April (more details to come) Smile Squad visits NPS
- Friday 3rd May - 150 years Celebration
- Tuesday 11th June - Curriculum Day - PUPIL FREE DAY
- Monday 13th -15th May - 5/6 Lady Northcote Camp

## **Term 3**

- Trivia Night < Welcome to Thornbury Thursday 12 September 2024
- Mondays Assembly 9.10am
- Monday 15th July - Term 3 begins.
- Thursday 1st August - Parents Battle of the Bands at The Croxton Band room.
- Wednesday 14th - 16th August - 3/4 Camp Toolangi
- Friday 23rd August - Professional Planning Day PUPIL FREE DAY
- Friday 20th September - Term 3 ends, early dismissal 2.30pm

## **Term 4**

- Icypole Fridays are back!
- Tea Towel Fundraiser ( more details to come)
- Mango Fundraiser ( more details to come)
- Mondays Assembly 9.10am
- Monday 7th October - Term 4 begins
- Tuesday 8th - 9th October - 1/2 Mt Evelyn Camp
- Monday 4th November - Curriculum Day
- Tuesday 5th November - Melbourne Cup Day
- End of Year Picnic and Art Show ( more details to come)
- Friday 20th December - Term 4 ends, early dismissal 1.30pm

## **School Tour Dates**

### **2024 NPS Tour Dates**

- **Tuesday 20th February, 9.15am to 10.15am**
- **Tuesday 5th March, 9.15am to 10.15am**
- **Thursday 7th March, 4 – 5pm**
- **Tuesday 19th March, 9.15am to 10.15am**
- **Thursday 18th April, 4 – 5pm**
- **Prep Parent Information evening -Tuesday 30th April, 7 – 8pm**
- **Thursday 2nd May, 4 – 5pm**
- **Tuesday 21st May, 9.15am to 10.15am**
- **Tuesday 25th June, 9.15am to 10.15am**
- **Thursday 1st August, 4 - 5pm**

### School Council and Sub Committee dates 2024

Wednesday 21st February 7-9pm - Finance Meeting (policies)

Wednesday 20th March 6.30pm - Annual Report Meeting

7-8.30pm - AGM, New School Council



# Greetings from Shaun

## NAPLAN 2024

In the upcoming week starting from March the 11th, 2024, our Year 3 and 5 students will embark on their NAPLAN assessments. Teachers have spent the past weeks preparing students for what to expect during these assessments and guiding them on navigating the tests through digital platforms.

The assessments will primarily be conducted online, with the exception of the Year 3 writing test, which will remain on paper. To familiarise students with the

online format, they have been supported to participate in coordinated practice tests ahead of the official testing period.

After running the practice tests this week we have decided to stagger the tests. Please note that this is different to the original schedule sent out previously.

The updated test schedule will be:

**Wednesday 13th March**

9:15am - Writing for Grade 3 and 5

**Thursday 14th March**

9:15am - Grade 5 Reading

11:30am - Grade 3 Reading

**Friday 15th March**

9:15am - Grade 3 Language Conventions

11:30am - Grade 5 Language Conventions

**Monday 18th March**

9:45am - Grade 3 Numeracy

11:30am - Grade 5 Numeracy

**Wednesday 20th March**

Catch up tests as required

Please ensure your child brings their fully charged device to school daily.

Please note that Year 3 tests will last for 40 – 45 minutes, while Year 5 tests will span 42 – 50 minutes.

Should you have any queries regarding your child's participation in the NAPLAN tests, feel free to reach out to your child's teacher.

For additional information, please refer to the NAPLAN Information Brochure for Parents and Carers below:

[NAPLAN Information Brochure for Parents and Carers](#)

You can also access sample tests on the NAPLAN website's Public Demonstration Site: (<https://www.nap.edu.au/naplan/public-demonstration-site> ).

## Victorian Curriculum 2.0 Update

The VCAA is in the process of revising the current Victorian Curriculum F-10. The revisions aim to develop a more streamlined curriculum and provide access to higher-quality teaching and learning resources. The overarching structure of the Victorian Curriculum F-10 will not change – the current learning areas, capabilities and cross-curriculum priorities will remain.

This is the first major update to the Victorian Curriculum since it was introduced in 2017 and means our teachers will work together to unpack the updated curriculum, identify changes and the impact on our teaching and learning programs.

For each curriculum area, the roll-out will include two stages: familiarisation and implementation. Mathematics is the first area released, with familiarisation beginning at the end of last year, and schools starting to implement it this year.

Some of the major changes to the Mathematics curriculum are:

- The content is now organised into 6 strands - Number, Algebra, Measurement, Space, Statistics and Probability, where previously content was structured into 3 dual strands and 13 sub-strands,
- A stronger emphasis on the proficiencies of Understanding, Fluency, Problem Solving and Reasoning.
- Changes to the sequence of content to strengthen the developmental progression of key mathematical concepts, skills, procedures and processes.

We have already begun unpacking the new maths curriculum; updating our scope and sequence documents, working through Department resources and planning professional learning sessions for our staff.



## Maths at Northcote Primary

This week our teachers have spent another 3 days working with Carmel O'Beirne, our mathematics consultant. Carmel has been working with teachers in classrooms, planning meetings and PLC meetings. On Friday (today) we are spending a full day with Carmel working on Multiplicative Thinking.

Multiplicative thinking involves the capacity to work flexibly with the concepts, strategies and representations of multiplication and division in a wide range of contexts.



Today our teachers are unpacking this key 'big idea' in mathematics, experiencing games and activities that support the development of this skill and working collaboratively around planning and assessment for our upcoming maths units.

Don't forget that Monday is a public holiday, so we have a short week in the lead up to the much anticipated Northcote Primary School Fete for 2024. I can't wait to see you all there!

Take Care,

Shaun.



## NPS 2024 Fete/ 150 years

There's lots of Fete Information, so please keep scrolling!

### SILENT AUCTION LINK

[Item List: All Items](#) | [Free Online Silent Auction Fundraisers](#) | [32auctions](#)

#### **Fete Day is 8 days away!**

It's all systems go in Fete land with the team working hard behind the scenes. It's a huge amount of work for all the superstars to pull it all together.

**Silent Auction is now live!** We've already raised nearly \$3000! Jump on and start bidding. We have had over \$40,000 worth of goodies donated from families, local businesses and suppliers - including holiday houses, jewellery and X3 bottles of Bollinger champagne!

#### **Volunteers! we need you on Fete Day**

Please jump on to [SignUp](#) and put your name down and help out.

There are a number of stalls with NO helpers signed up 😞

- Crazy hair
- Salads & Sushi
- Wash up station
- Bake stall
- Pulled pork & chicken
- Wristbands & tickets
- BBQ
- Facepainting
- Helen's Harvest
- Kids Treats

**Wristband & tickets early bird savings** - orders close next Wednesday 13 March.

Don't forget to get in early and save, plus early collection (Thur 14 & Fri 15 arvo) means you don't need to line up on fete day!

### **NPS 150 ANNIVERSARY LIMITED EDITION T-shirts & totes**

[See the designs and purchase here!](#)

Order your t-shirt and tote bag now and collect from NPS office between 8.45am - 3.45pm Monday 25 - Wednesday 27 March – last week of Term 1.

T-shirts = \$29

Tote bags = \$15

### **Craft zone donations!**

Craft team are after the following:

- pipe cleaners
- googley eyes
- paint and brushes
- glitters
- coloured paper and card
- kid friendly glue
- any small art smocks

Drop off zone at the school office and OSH.

### **Plant stall**

Call out for plants! Can you wander through your garden and/or house this weekend to see if you have something suitable to donate? Whatever's in your garden can easily be divided up and potted. What pot plant doesn't pass the Marie Kondo test anymore? What decorative pots are sitting around doing nothing except harbouring spiders? Are you good at making things like terrariums or mini succulent pots for kids? Plant donations can be dropped off on Friday (15/03) 3.45pm onwards at the school or on Fete morning. Any questions, or if you have a plant that needs a little bit of love and want to pass on now, get in touch with Andrew 0401 039 791 or at [npsplants@outlook.com](mailto:npsplants@outlook.com)

## **Donations**

We're still accepting the following donations for stalls! Please take to the School office:

- wrapped chocolates/bars/blocks for Lob-a-choc donations
- soft drink donations
- Mystery bottle - oils, wine, shampoo! Get creative!
- Frozen fruit and coconut water for smoothie bike

## **Have you made your own jams or pickles for Helen's Harvest?**

Please drop off at the school office and the Helen's Harvest team will ensure the jars are priced. Or bring to the Helen's Harvest stall on Fete Day! Please ensure you provide the product name and the ingredients.

**Bake Stall** This week students were sent home with bake packs, which include everything you need to help make the Bake Stall a true success!

If you're in need of some inspo, whole cakes are a fan favourite amongst the adults. [Sally's Baking Addiction](#) and [RecipeTin Eats](#) are two household favourite sites that have plenty of one-bowl cake recipes available. Prefer a little less baking? Lolly bags, iced biscuits and slices go down a treat with the kids! If your child didn't bring home a bake pack, or you'd love to contribute more, please head to the Office where they have spare packs. All donations can be delivered to the downtown 5/6 classroom on Friday March 15 between 3.30pm - 5.30pm (or the day of the fete - the earlier the better). Please remember to list ALL ingredients on the forms provided.

Volunteer Stalls sign up link : [Northcote Primary School Fete 2024 — Signup Sheet | SignUp.com](#)

150 Years Working Group Sign up link : [NPS 150 anniversary working group — Signup Sheet | SignUp.com](#)

Pre Fete Working Bee Sign up link : [NPS Fete Working Bees — Signup Sheet | SignUp.com](#)

Crazy hair Sign up link : [Northcote Primary School Fete 2024 — Signup Sheet | SignUp.com](#)

Bake Stall sign up link: [Northcote Primary School Fete 2024 — Signup Sheet | SignUp.com](#)

# BAKE STALL & KIDS TREAT STALL

The Bake Stall and Kids Treat Stall are two of the busiest and most fun stalls at the fete, but they can only be successful with your help. We need your baking and decorating skills!

With less than four weeks to go, please start thinking about all the fabulous bakes and treats you can donate to make these stalls a success. Keep an eye out for your baking pack, which will be sent home in the week before the fete. This pack will provide you with all the necessary information and packaging for your creations.

Check out the easy ideas below to create something fun for the Kids Treat Stall. You don't need to be a baker, you just need your imagination (Pinterest and Google are really helpful too!)



## NOT A FAN OF THE KITCHEN?

If you'd like to contribute but the idea of cooking makes you shudder, please sign up to help on the day (see sign up link!). We can't run these stalls without helpers!

[HEAD HERE TO VOLUNTEER YOUR TIME](#)



# Our Proud Sponsor

Introducing our dedicated Estate Agent & Auctioneer

## Matthew McIntosh

LICENSED ESTATE AGENT & AUCTIONEER

0457 193 014

[matthewmcintosh@jellisraig.com.au](mailto:matthewmcintosh@jellisraig.com.au)

### About Matthew

With an impressive record of outstanding sales results, Matthew McIntosh has established himself as a leading Sales Agent and Auctioneer in Fairfield, Northcote and Melbourne's inner north suburbs more broadly. Always genuine in his approach, he quickly builds rapport with both clients and buyers. He communicates with transparency, sharing all updates with vendors, from the initial preparation of their property to the final signing of the contracts.

"I'm client focused at every step. I don't leave any stone unturned in my pursuit of the best possible result on every campaign," he says.

Matthew compels buyers to remain engaged throughout the marketing campaign, maximising interest and competition as the sale approaches. An accomplished auctioneer, he uses charisma and energy to generate a spirited atmosphere at every auction.

"I try to keep the energy up and the atmosphere positive on auction day," Matthew says. "Emotions can run high, so it's important buyers don't feel intimidated by the process. We want them to feel confident as they put their best offer forward."

Thorough market research is a pivotal element of Matthew's success. In a fast-paced selling environment, he stays on top of buyer sentiment and broader economic factors to accurately price properties and provide clients with informed advice.



**Jellis Craig**

*Jellis Craig Northcote*  
427-431 High Street  
Northcote, VIC 3070  
P 03 9403 9300  
E [northcote@jellisraig.com.au](mailto:northcote@jellisraig.com.au)

*Jellis Craig Fitzroy*  
189 Johnston Street  
Fitzroy, VIC 3065  
P 03 8415 6500  
E [fitzroy@jellisraig.com.au](mailto:fitzroy@jellisraig.com.au)

*Jellis Craig Reservoir*  
982 984 High Street  
Reservoir, VIC 3073  
P 03 9070 5095  
E [reservoir@jellisraig.com.au](mailto:reservoir@jellisraig.com.au)

[jellisraig.com.au](http://jellisraig.com.au)

### What are Matt's clients saying?

Verified reviews provided by



“ Matt was a fantastic bloke to deal with all around. From the moment we stepped in for an inspection to getting the keys to our new home, we couldn't have asked for a more genuine and considerate person as an REA. He kept us updated on the proceedings, was easy to deal with, connected well with our people (e.g. conveyancer/bank) and even had some minor touch-ups to our new place sorted out of his own goodwill. Will highly recommend him to other potential new buyers.   
★★★★★  
Ahn G 7 days ago

“ Matt's commitment to our campaign was extraordinary. His professionalism and easy communication style created a trusting partnership. He had a clear vision on what strategy he felt best to achieve a great outcome. We challenged him a few times, but he was able to justify his rationale, explaining clearly and leaving us feeling confident. I highly recommend Matthew McIntosh to any prospective vendors.   
★★★★★  
Alex A 2 months ago

“ Great and responsive communicator, excellent market knowledge. We felt reassured and in good hands from first contact with Matthew, all the way through to the excellent final result.   
Thanks!  
★★★★★  
Matthew D 3 months ago

“ Matt has been helpful and professional. As a first home buyer, my knowledge with buying a property is very limited. Matt helped me through the whole process. He is a very trustworthy real estate agent. Highly recommended.   
★★★★★  
Lizzie H 3 months ago

“ We had the pleasure of recently working with Matt, and he truly exceeded our expectations. From the beginning to the end, he was always so polite, friendly, and readily available to provide advice whenever needed. cannot emphasize enough how highly we recommend Matt. If you are in search of an exceptional estate agent with whom you will genuinely enjoy working, someone who will wholeheartedly dedicate themselves to achieving the results you've always envisioned, then look no further than Matt.   
★★★★★  
Stuart K 3 months ago

“ I can't recommend Matt highly enough. He worked extremely hard to sell our property, really went above and beyond to achieve an outcome we are very happy with. Throughout the process he was responsive and happy to answer our questions, and helped us to have the confidence that we were in safe hands. He's also a genuinely lovely person and was all round great to deal with. Thank you Matt!  
★★★★★  
Nareeda L 3 months ago

# Northcote Primary School is proudly sponsored by Jellis Craig Inner North.

Jellis Craig will donate \$500 sales commission or \$350 rental fee to Northcote Primary School when a family or staff member appoints a Jellis Craig Inner

North Agent to sell or lease their home throughout 2023. Please Mention you are part of our NPS village to ensure our school receives these generous donations.

# Jellis Craig



**Northcote**  
Primary School

The ....

**Friendly Moving Men**   
High quality, affordable, local removals

.... have done it again!

Let's show the FMM team our community appreciation for their ongoing annual commitment to NPS & surrounding schools throughout the 2023 Spring / 2024 Summer Fetes season. 😊

Book them in for all your big moving truck needs via <https://friendlymovingmen.com.au/melbourne>

**Jellis  
Craig**

Northcote Primary School is proudly sponsored throughout 2023 by Jellis Craig Inner North

Jellis Craig will donate \$500 sales commission or \$350 rental fee to Northcote Primary School when a family or staff member appoints a Jellis Craig Inner North Agent to sell or lease their home throughout 2023. Please mention you are part of our NPS village to ensure our school receives these generous donations.

  
**Northcote**  
Primary School



Leukaemia  
Foundation

**World's  
Greatest  
Shave**

Flynn 1/2A is  
raising money for The Leukaemia  
Foundation

## **Crazy Hair Day- Monday 25<sup>th</sup> March**

*Come in your craziest head of hair for the day to support Flynn in Grade 1/2A in his efforts to raise money for the Leukaemia Foundation for The World's Greatest Shave. Bring your gold coin donations or use the online link below to visit Flynn's donation page*

<http://my.leukaemiafoundation.org.au/flyndrake>



Hi my name is Flynn,

*When Margie, my grandma died of cancer it was the saddest thing that has ever happened to me. I wanted to do something to help so I decided to grow my hair to donate and raise money. I was going to try and donate it last year but my hair was 19cm, and the website said that it needed to be 20cm to be used as a wig, so I stuck with it for a whole extra year...and now my hair is 36cm long! I would really appreciate it if you would be part of my World's Greatest Shave community and donate to my page?*

*Your donation means that together, we're working to stop blood cancer in its tracks.  
Any amount – big or small – will make a real, tangible difference.*

Mairead and Peter, Flynn's Parents:

"Thanks again for your help. Flynn has been blown away by everyone's support."

**Flynn will show off his newly shaved head and his donation of hair at Assembly on Monday 25<sup>th</sup> March at 9.15am, in the Hall.**



SCAN TO DONATE

**ON 25/03/24**  
**FLYNN DRAKE**  
**IS SHAVING**  
**TO RAISE FUNDS FOR**  
**BLOOD CANCER**



**Why I'm fundraising**

Hi, my name is Flynn.  
I am shaving and donating my hair in memory of my Grandma, Margie who died of cancer. I would really appreciate it if you would be part of my World's Greatest Shave community and donate to my page.  
Your donation means that together, we're working to stop blood cancer.



# Smile Squad is back at NPS



## Want to know more?

The Victorian government's Smile Squad free school dental program is rolling out across Victoria.

Smile Squad provides **completely free** dental check-ups for all students in government schools. **There is no cost to you.**

**From the 22nd of April to 10th May** (depending on student numbers) this initiative will be set up onsite at NPS. The initial assessments and minor works will be done at The Block and if any further treatment is needed students will be referred to a follow up appointment at a Smile Squad Clinic, which is ALL FREE!

- East Reservoir – 125 Blake Street, East Reservoir
- PANCH – 300 Bell Street, Preston
- Northcote – 42 Separation Street, Northcote

Depending on how many parents would like to take up this offer, will determine how long The Smile Squad will be onsite - potentially this program may run for a couple of weeks. We ask that if you would like your child to participate in this initiative that you complete and return the consent forms, either via the link <https://dentalhealthservicesvictoria.snapforms.com.au/form/sdp-consent-form> or by scanning the QR code located at the office - paper form will also be on hand at the office. For any further information regarding this initiative please refer to the link below and of course if you have any further questions please contact the office.. <https://www.smilesquad.vic.gov.au/information-parents>



## Ride2School Day

# NATIONAL RIDE2SCHOOL DAY

**Friday 22 March 2024**

**Join in the fun on National Ride2School Day by encouraging your students to ride, walk, skate or scoot to school.**

National Ride2School Day is the perfect opportunity for students and school communities across Australia to embrace a healthier start and to try riding and walking to school for themselves.

Students are asked to be as creative as they like in decorating their bike helmets, riding to school in them and then participating in a 'Helmet Parade' to showcase their designs.





# Late photo orders



Dear Parents and Students of Northcote Primary School,

**IT'S STILL NOT TOO LATE TO ORDER 2024 SCHOOL PHOTOS BEFORE LATE FEES ARE INCURRED**

Your school photo day was held on 27-02-2024 and all students are photographed regardless of purchase. If you did not place an order but would like to, it is not too late to order online.

**ONLINE ORDERING:** Your child's photos are now available for secure online purchase

**4 EASY STEPS TO ONLINE SCHOOL PHOTO ORDERING**

**Step 1:** Go to [www.advancedlife.com.au](http://www.advancedlife.com.au) and enter your school code [YR9 4P5 RL8]

**Step 2:** Enter your student's details

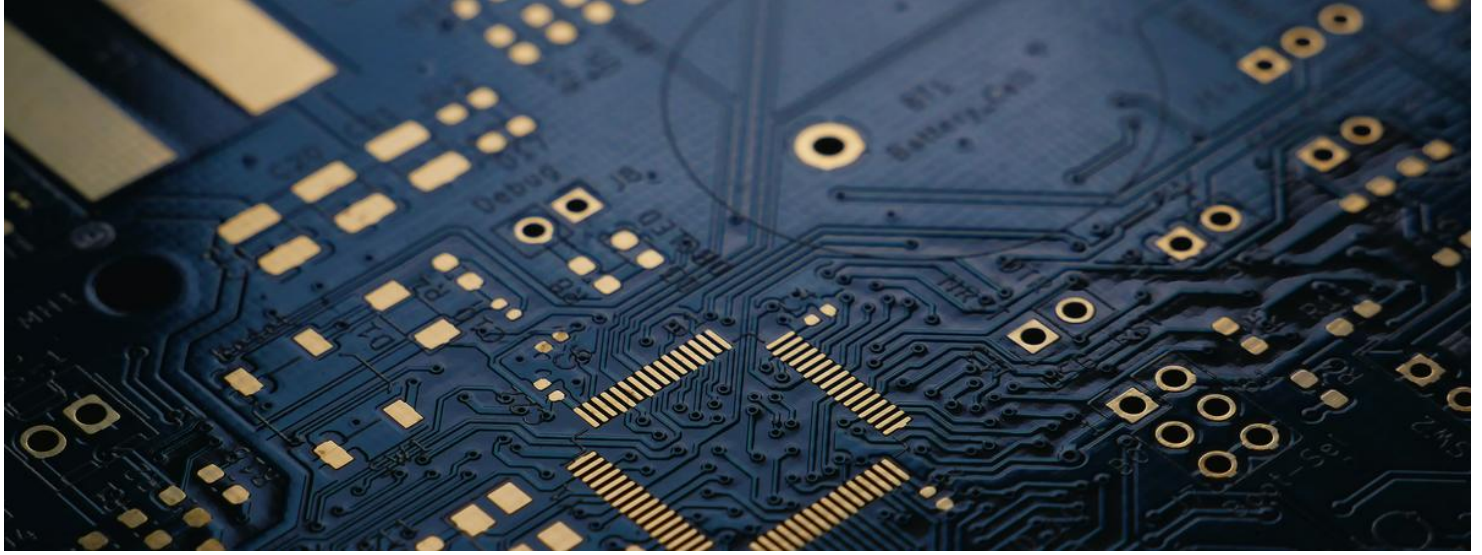
**Step 3:** Choose the package that best suits your needs (*all orders will be delivered to the school for collection*)

**Step 4:** Pay for the photos via the shopping cart (upper right corner of the page)

**\*\*Online Orders have a 1.5% merchant fee applied when using Visa, Mastercard or PayPal.**

Please Note: Online ordering is available up to 7 days after photo day and after this time, a processing fee of \$15.00 will apply to all orders.

Place your order on or before **05-03-2024** to avoid the processing fees!



# Code Camp for Term 2



**Bringing fun after-school  
classes to your school**



**Little Coders . Coding . Curious Minds . Robotics  
Animation . Design . Minecraft Engineers**

**See what's on at your school and book at**

**[www.codecamp.com.au/northco](http://www.codecamp.com.au/northco)**

**Get in touch at [hello@codecamp.com.au](mailto:hello@codecamp.com.au) or 1300 263 322**

Rated 4.9 on **PRODUCT REVIEW** with over 1000 ★★★★★ reviews



# Kelly Sports Easter Holiday Program



The poster features a vibrant yellow and green background with a dotted pattern. At the top left is a soccer ball icon, and at the top right is a basketball icon with a red splash. The Kelly Sports logo, consisting of a stick figure and the text 'KELLY SPORTS', is positioned in the upper center. The main title 'Kids' is in large white letters on an orange banner, followed by 'Easter Holiday Sports Program' in white on a green banner, and the dates '2nd - 4th & 9th - 11th April' in white on a green banner. Three photos show children playing soccer, running on a field, and participating in an obstacle course. The bottom section contains text about the program, the venue, and contact information, accompanied by icons of a football, basketball, soccer ball, and cricket bats.

## Kids

### Easter Holiday Sports Program

2nd - 4th & 9th - 11th April



Get your kids off the couch and out of the house at our Easter Holiday Sports program. They'll enjoy footy, soccer, basketball, hockey, cricket, obstacle courses and tons of fun games each day

Venue : Mercy College, 760 Sydney Rd, Coburg, Enter through Gate 2

For more information & daily schedule visit [www.kellysports.com.au/inner-northern](http://www.kellysports.com.au/inner-northern)

Contact Shane Oliver  
0432 522 829  
[shane@kellysports.com.au](mailto:shane@kellysports.com.au)





Website: [www.kellysports.com.au/inner-northern](http://www.kellysports.com.au/inner-northern)  
 Contact: Shane Oliver  
 Email: [shane@kellysports.com.au](mailto:shane@kellysports.com.au)  
 Phone: 0432 522 829  
 Facebook: Kelly Sports Inner Northern  
 Address: 760 Sydney Rd, Coburg - Enter through Gate 2

# EASTER 2024 HOLIDAY PROGRAMME

MERCY COLLEGE, COBURG

**Who can attend:**  
Kids aged 4-12 years old.

**General information:**  
We believe in giving children opportunities to do the things they love and enjoy in a supportive and encouraging environment. Our friendly staff are passionate about working with children. They are provided with training on behaviour management techniques, first aid and activity planning/delivery.

**What do you need to bring:** Appropriate clothing, jacket or sweatshirt, hat, drink bottle and food for morning tea, lunch and afternoon tea.

**Food:**  
Please bring plenty of packed food and drink for morning tea/lunch/afternoon tea. Lunch will be from approximately 12.30pm to 1.30pm each day.

**Programme activities:**  
Programme activities are adapted to suit children of all ages and children may be grouped by age depending on numbers. Programme activities may vary without notice dependent on weather conditions and programme numbers.

**Payment details:**  
Payment is required up-front within 2 hours of your booking. A receipt will be issued when a completed booking is received. All details will be included on the receipt.

**Please note:**  
Every care will be taken to ensure the safety of your child/ren and their property. However, organisers of Kelly Sports accept no liability for any injury sustained to your child/ren or any loss or damage to his/her property whilst on the programme.

	Mon 1st April	Tues 2nd April	Wed 3rd April	Thurs 4th April	Fri 5th April
<b>WEEK 1</b>	PROGRAMME NOT ON TODAY	 <p><b>DYNAMIC DODGEBALL</b> Dodge, duck, dip, dive and... DODGE! Our annual Dodgeball Tournament is back. Our friendly competition will help improve your throwing and catching skills!</p>	 <p><b>NINJA WARRIOR DAY</b> It's time for your kids to bring out their inner Ninja for our first Ninja Warrior day. The kids will have a great time completing our Ninja course in individual and team challenges.</p>	 <p><b>FOOTY FEVER DAY</b> Show off your team colours at our Kelly Sports Footy Day! You'll be sure to get a kick out of our games, activities and challenges. Wear your favourite AFL colours!</p>	PROGRAMME NOT ON TODAY
<b>WEEK 2</b>	PROGRAMME NOT ON TODAY	 <p><b>BASKETBALL BLITZ</b> Do you love basketball? Dribble, zig zag, shoot and slam dunk your way into our Basketball themed day.</p>	 <p><b>SUPER STAR SOCCER</b> Do you love to play soccer? Do you love scoring goals? You'll get a kick out of today's session! Dribble, weave and pass your way through our program today.</p>	 <p><b>DYNAMIC DODGEBALL</b> Dodge, duck, dip, dive and... DODGE! Our annual Dodgeball Tournament is back. Our friendly competition will help improve your throwing and catching skills!</p>	PROGRAMME NOT ON TODAY

**FULL DAY: \$55**  
Mon - Fri, 8:00am - 5:30pm

**EARLY BIRD PRICE \$50**  
If booked and paid by Friday 8th March.  
\$55 per day if paid and booked after that date

**HAT, LUNCH, SNACKS AND WATER BOTTLE REQUIRED!**



BOOK ONLINE NOW AT

[KELLYSPORTS.COM.AU](http://www.kellysports.com.au)



# School Council

**NPS 2024**  
**EVENTS & FUNDRAISING**

**TERM 1**

**MON 4 FEB WELCOME PICNIC**

**ICY POLE FRIDAYS - PREP PARENTS FUNDRAISING FOR IT EQUIPMENT**

**SAT 16 MARCH NPS FETE & 150TH EXHIBITION - FUNDRAISING FOR SCHOOL LANDSCAPE PROJECT**

**TERM 2**

**FRI 3 MAY NPS 150TH ANNIVERSARY CELEBRATION**

**TERM 3**

**DATE TBC: PARENTS BATTLE OF THE BANDS - FUNDRAISING FOR MUSICAL INSTRUMENTS**

**THUR 12 SEPT PARENT TRIVIA NIGHT @ WELCOME TO THORNBURY - FUNDRAISING FOR IT EQUIPMENT**

**TERM 4**

**TEA TOWELS GR 1/2 PARENTS MANGOES GR 3/4 PARENTS FUNDRAISING FOR MUSICAL INSTRUMENTS**

**ICY POLE FRIDAYS - PREP PARENTS FUNDRAISING FOR IT EQUIPMENT**

**MON 2 DEC END OF YEAR PICNIC - GR 5/6 PARENTS**



# Volunteer Training Session

**All people who volunteer to assist at Northcote Primary School must undertake a yearly induction briefing.** In order to be a volunteer at NPS helpers must undertake the following:

- Parent induction session (Child Safe requirement)
- OHS induction
- Have a current Working With Children Check (WWCC)
- Complete the NPS Child Safety Induction Agreement which includes relevant policies.

**This term we will be holding a volunteer training session on Monday 18th March after the assembly.**

So that we can strengthen our interdependent partnership between the school and the community, we offer training sessions for parent and community members.

Over the years, our students have benefited from the work and dedication of hundreds of helpers. We are always ready and willing to welcome even more. You may be a new member of our community and keen to offer your help while also getting to know other community members.

Our volunteer training session will outline your role and responsibilities with regard to Child Safety, Privacy and Occupational Health and Safety legislation. In line with our values, Collaboration, Respect and Community, you will understand

that the safety and care of your children are the most important considerations when implementing a program such as volunteer helpers.

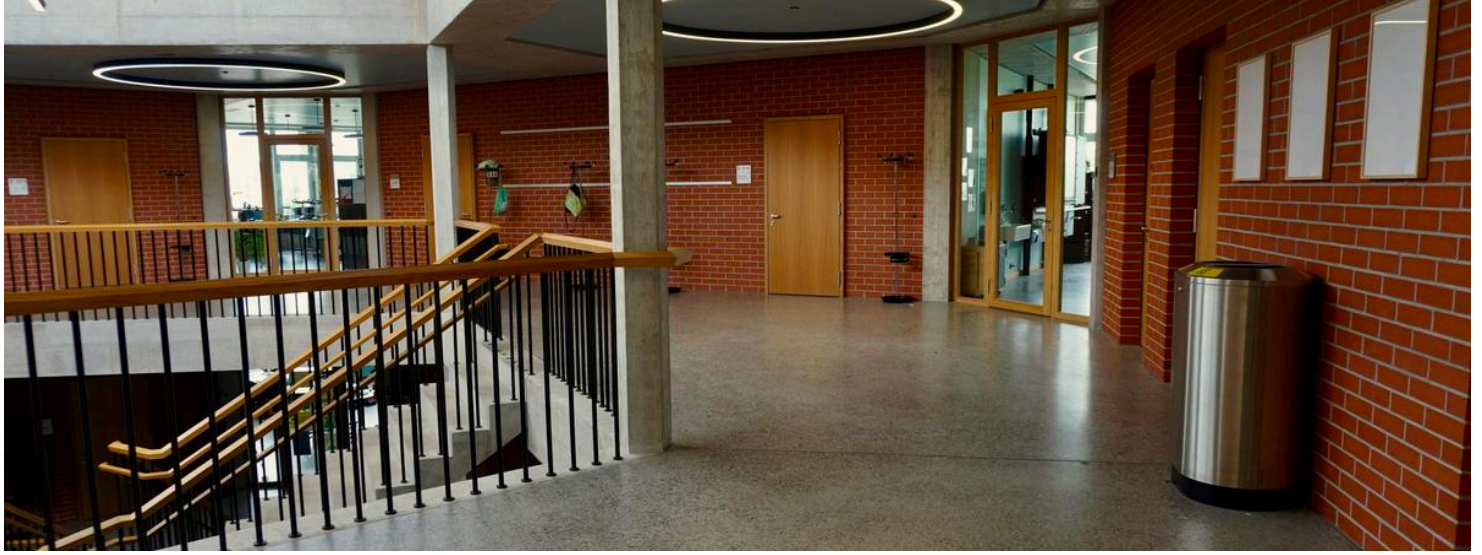
Also, with legislation related to a range of issues, it is imperative that ALL volunteers are briefed before they are able to help in any way at school. This training includes everyone who would like to start to help in any or all of the following areas such as; interschool sport, classroom helpers (in any area of the curriculum), excursions, special event days, sports coaching, specialist programs. In fact, anyone who helps at the school in any way. Please note that helpers on school camps have a special briefing prior to camp.

Please see this invitation as an opportunity to get to know other members of our school community while also providing the students of NPS with invaluable support and assistance.

Don't worry, there are no hard questions to answer or problems to solve. You just need a willingness to help and we'll do the rest!!

To register for one of the sessions, you can follow the link below or alternatively, contact the school office.

<https://forms.gle/dY8m55ojtEY8bEpN7>



# Santa Maria Open Day 2024



**SANTA MARIA  
COLLEGE**

A CATHOLIC SCHOOL FOR GIRLS

**OPEN DAY  
2024**

**Thursday 7 March  
2pm - 6.30pm**

**VISIT US IN NORTHCOTE  
AND EXPERIENCE THE  
*Santa Spirit***

Join us for an exciting afternoon showcasing everything Santa Maria College offers. Visitors will enjoy **presentations** from our Principal and expert staff, take **personalised student-led tours**, see our **classrooms in action** and learn about the unique Santa programs:

- Our IB - MYP program
- Duke of Edinburgh Award Program
- A holistic wellbeing model
- An inclusive community where *all are welcome*

**REGISTER VIA QR CODE  
OR COLLEGE WEBSITE**



# Northcote High School Tours



## **BOOKINGS FOR SCHOOL TOURS ARE OPEN**

We warmly invite prospective Grade 6 students, families and carers to a tour of Northcote High School

Tours run for approximately an hour from 9.15am and are taken by our student leaders.

Come and see what is on offer for your child at Northcote High School

[Click here for more information and to book](#)



## First Nations focused tours of Northcote High School

First Nations families in the Darebin area are invited to visit and view Northcote High School in action. Our school tours will be led by First Nations students, allies, and members of the staff Leadership Team. You'll see the learning that takes place every day in (and beyond) our classrooms and hear about the extraordinary range of programs and opportunities we offer.

Recent initiatives to make Northcote High School a more inclusive environment for First Nations students have been the introduction of a Reconciliation Action Plan, prioritising First Nations businesses in school resources procurement, advertising school staffing vacancies in First Nations publications and a library audit of First Nations resources to reflect truth telling and the amplification of First Nations voices.

The school has a vibrant community of well supported First Nations students and we would love for you to join us!

#### Tour dates:

- Thursday 14th March, 9.15am
- Monday 25th March, 9.15am

Tours are held at Northcote High School, 19-25 St Georges Rd, Northcote.

To register your attendance or if you have any questions, please email [enrolment@nhs.vic.edu.au](mailto:enrolment@nhs.vic.edu.au)





# Thornbury High School Open Night

# OPEN NIGHT

**THORNBURY HIGH SCHOOL**  
**THURSDAY 21 MARCH**

Outstanding VCE results  
Innovative, engaging curriculum  
Renowned music program  
Wide-ranging sporting opportunities

**BOOK HERE**

FIND US ON SOCIAL MEDIA  
f @ THORNBURYHIGH

**THORNBURY**  
HIGH SCHOOL

**ACHIEVING  
CONNECTING  
ENGAGING**

**\$14.9M STEAM CENTRE  
NOW OPEN**



# Fitzroy High School Open Day



**FITZROY  
HIGH SCHOOL**

**OPEN DAY | April 17**



**Experience  
our innovative  
and dynamic  
learning  
environment**

**9.15 - 10.45am**

**TOUR 1**

**Fitzroy High School  
7-10 and the Wurun  
Senior Campus**

**12 - 1.30pm**

**TOUR 2**

**Fitzroy High School  
7-10 and the Wurun  
Senior Campus**

**6.30 - 7.30pm**

**Information evening at  
Fitzroy High School  
7-10 Campus  
+ short twilight tour**

Experience our innovative and dynamic learning environment in action at our year 7-10 **Fitzroy High School** campus and then walk with us through Edinburgh Gardens to the **Wurun Senior campus** for a tour and Q & A.

[trybooking.com/events/landing/1190154](https://trybooking.com/events/landing/1190154)





## Meet the Makers Picnic

**We are thrilled to announce the return of FUSE Darebin with an exciting one-day event Meet the Makers Picnic, scheduled for Saturday March 23rd, at the stunning Bundoora Homestead Art Centre.**

<https://www.fusedarebin.com.au/>

**Join us as we immerse ourselves in a vibrant celebration showcasing local talent, live music performances, DJ sets, and an array of activities suitable for all ages.**

At the heart of the event is the Makers Showcase, where local producers compete across various categories of homemade wine, beer, preserves and bread.

Judged by esteemed local businesses such as Jamsheed Wines, La Sirène Brewing, Constante Imports, and Akimbo Bread, this friendly competition highlights the finest offerings from Darebin's makers.

This long running and much-loved community event provides a unique opportunity to stroll through the showcase while sampling homegrown beverages and produce. Hear first-hand stories from the makers themselves and learn about their inspirations, techniques, and stories.

Festivalgoers will have an opportunity to participate in the Aboriginal cultural experience with Aunty Brenda Fahey, which features hands-on activities like gum

nut painting, dot painting on faces and rocks, storytelling, crafting with emu feathers and macramé.

Attendees are invited to savour a curated selection of food and beverages available on-site or bring their own picnic baskets to enjoy amidst the picturesque setting of the Bundoora Homestead Art Centre.

**Price:** Free. Registration encouraged.

**Location:** Bundoora Homestead Art Centre, 7 Prospect Drive Bundoora

**Date:** Saturday 23rd March 2024


**Time:** 12pm - 5:30pm





# Easter Fun



# Kat and Ged's EASTER EGG HUNT

 23RD MARCH  
2024

 10.30AM  All Nations Park Playground

Join local MPs Kat Theophanous and Ged Kearney for a morning of family fun, friendly chats and chocolate!

The event will also be raising money for the Royal Children's Hospital Good Friday Appeal, through a gold coin donation.

Get tickets here:

 [kattheophanous.com.au/easter2024](https://kattheophanous.com.au/easter2024)



**GED**  
Together for better

**Kat**  
THEOPHANOUS  
Gets things done.

# CSEF- are you eligible?



## FINANCIAL ASSISTANCE INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link between a student's background and their outcomes.

### CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors. Excursions encourage a deeper understanding of how the world works while sports teach teamwork, discipline and leadership. All are a part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$150 for primary school students
- \$250 for secondary school students

### MORE INFORMATION

For more information about CSEF visit:  
<https://www.education.vic.gov.au/about/programs/Pages/csef.aspx>

### HOW TO APPLY

New applicants should contact the school office to obtain a CSEF application form or download from the website below.

If you applied for CSEF at your child's school last year, you do not need to complete an application form this year unless there has been a change in your family circumstances.

You only need to complete an application form if any of the following changes have occurred:

- **new student enrolments;** your child has started or changed schools this year.
- **changed family circumstances;** such as a change of custody, change of name, concession card number, or new siblings commencing this year.

Check with the school office if you are unsure.





# Pupil of the week Term 1

2024

**\*There will be no Pupil of the Week for Week 7 due to the Public Holiday on Monday 11th March**

## **Week 6**

Prep A	Grace B
Prep B	Sophie F
Grade 1/2A	Flynn D
Grade 1/2B Brigitte	Georgie T
Grade 1/2C Izzy	Olivia A
Grade 1/2D Sam	Heidi L
Grade 3/4A Matt	Eli C
Grade 3/4B Luke	Sienna E
Grade 3/4C Eleanor	Beatrix E
Grade 3/4D Stephanie	Leo L
Grade 5/6A Declan	Eve P
Grade 5/6B Emma	Eva M
Grade 5/6 C Angus	Hugo A
Grade 5/6 D Steve	Olive H





# Kelly Sports and Dance Program



**KELLY SPORTS**

**KELLY SPORTS  
SPORT & DANCE**

TERM 1 2024

FOR THE LOVE OF SPORTS  
**25**  
YEARS

BOOK ONLINE NOW AT  
**KELLYSPORTS.COM.AU**

The flyer features two main images. The top image shows children in blue Kelly Sports uniforms running on a green artificial turf field. In the background, there are various sports balls (soccer, basketball, volleyball) and a goalpost. The bottom image shows a group of children in a dance studio, some in colorful casual wear and others in blue uniforms, posing for the camera. The background shows a dance studio with mirrors and a wooden floor.

## **IT'S TIME TO GET THE KIDS ACTIVE**

Start the school year right by enrolling in this fantastic Kelly Sports program. Join up with your friends and develop your skills in a fun, safe & inclusive sporting environment.

### **SIZZLING SUMMER SPORTS**

Our experienced coaches aim to develop and enhance the wide range of sporting skills of your child including kicking, catching & throwing while also improving strength, flexibility, hand-eye coordination, spatial awareness, co-operative skills and teamwork.

For Term 1 we are focusing on Soccer, Basketball & Cricket

WHEN: Monday's

DATES: 5th Feb - 25th March (no class on Labour Day 11th March)

TIME: 3.30pm - 4.40pm

YEAR LEVELS: Prep's - 4's

COST: \$112 (7 weeks)

### **HIP HOP HEROES**

Learn exciting new dance moves and put it all together into a dance routine to be performed at the end of term. Book early for this incredibly fun program! Our experienced dance coach will develop and enhance a wide range of skills and dance moves of your child including flexibility, hand-eye co-ordination, spatial awareness, co-operative skills and teamwork.

WHEN: Wednesday's

DATES: 7th Feb - 27th March

TIME: 1.30pm - 2.30pm

YEAR LEVELS: Prep's - 4's

COST: \$128 (8 weeks)

**FOR MORE INFORMATION VISIT [WWW.KELLYSPORTS.COM.AU/INNER-NORTHERN](http://WWW.KELLYSPORTS.COM.AU/INNER-NORTHERN)**

**Website:** [kellysports.com.au/inner-northern](http://kellysports.com.au/inner-northern)

**Contact:** Shane Oliver

**Email:** [shane@kellysports.com.au](mailto:shane@kellysports.com.au)


**Phone:** 0432 522 829

**Facebook:** #KellySportsInnerNorthern






Darebin is calling all youth makers


Darebin Arts

## MEET THE MAKERS

YOUTH ENTRY FORM



PRIZES  
AVAILABLE  
FOR YOUTH  
ENTRIES

YOUTH CATEGORIES

Pickled Vegetables | Sourdough Bread |  
Tomato Passata | Preserved Olives | Ajvar & Other

We encourage entries in the youth categories for various preserves and sourdough bread from families and under 18s.  
This event is free to enter.  
Entries are now open, closing on Tuesday 12 March 2024.

CITY OF DAREBIN

274 Gower Street, Preston  
PO Box 91, Preston, Vic 3072  
T 8470 8888 F 8470 8877  
E [mailbox@darebin.vic.gov.au](mailto:mailbox@darebin.vic.gov.au)  
[darebin.vic.gov.au](http://darebin.vic.gov.au)

National Relay Service


[relayservice.gov.au](http://relayservice.gov.au)

If you are deaf, or have a hearing or speech impairment, contact us through the National Relay Service.

Speak Your Language

T 8470 8470

العربية नेपाली हिन्दी Español  
繁體中文 Italiano ਪੰਜਾਬੀ اردو  
Ελληνικά Македонски Somali Tiếng Việt



### Entry Contact Details

Guardian / Parents Name: \_\_\_\_\_ Entrants Name: \_\_\_\_\_

Address: \_\_\_\_\_

Postcode: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_

I would like to be added to the FUSE Festival email list: YES NO (Please circle)

Age: \_\_\_\_\_

### Entry Information

Category	Type
Tomato Passata	
Preserved Olives	
Ajvar	
Pickled Vegetables	
Sourdough Bread	
Other	

### TERMS OF ENTRY

You must complete an entry form for each entry

- Want to submit something uniquely yours with is not listed? Contact us directly to see if your idea is suitable for entry.
- Judging of entries occurs prior but awards are presented at the event. The 'People's Choice' awards will be awarded at the Meet the Makers event.
- Ensure you have your guardian / parents approval to enter if under 18.

#### Entries close Tuesday 12 March 2024

If you have any questions or would like further information in a language or format that is accessible for you, please contact:  
Kenny Waite - Associate Producer, Creative Culture & Events  
Email: [kenny.waite@ddarebin.vic.gov.au](mailto:kenny.waite@ddarebin.vic.gov.au)  
03 8470 8912

#### PRIVACY COLLECTION STATEMENT

Darebin City Council ("Council") collects, holds and manages personal information under the Privacy and Data Protection Act 2014 (Vic) ("PDP Act") and health information under the Health Records Act 2001 ("HR Act"). Your health information and personal details are collected so that Council can enter you into the Fuse Darebin Festival. If you select Yes to be added to the Darebin Homemade Food & Wine Festival email list, we will use this information to add you to that list. We will share this information with the Council Department managing and administering the Fuse Darebin Event.

The Creative Culture and Events Department may use your submission to help them continue to improve their services and to assist use in future service delivery planning. Your information could be used for statistical and reporting purposes, and all information will be de-identified. We may share this information with other arts organisations, or Council, State or Federal funding bodies. Also, with the Creative Culture and Events team or other areas of Council for the purposes of selection for presentation, and our internal review of our client's overall satisfaction.

#### How to submit your form:

You can submit:

- in person at 274 Gower Street, Preston between 8:45am and 4:45pm, Monday to Friday (except public holidays)
- by email to [fuse@ddarebin.vic.gov.au](mailto:fuse@ddarebin.vic.gov.au)
- by mail to FUSE Festival, Care of Kenny Waite, 274 Gower Street, Preston, Victoria, 3072
- The Council may provide personal information to its agents, such as its accountants or lawyers. At times, the Council may be legally required to disclose personal information, for instance to the police.
- If you choose not to complete this form we will be unable to add you as an entrant into Fuse Darebin.
- You can access the Council's privacy policy by emailing [privacy.officer@ddarebin.vic.gov.au](mailto:privacy.officer@ddarebin.vic.gov.au) or from our customer centre.

For further information on privacy matters please call Council's Privacy Officer on 8470 8888 or email to [privacy.officer@ddarebin.vic.gov.au](mailto:privacy.officer@ddarebin.vic.gov.au). If you would like to gain access to your personal information, you can contact Council's Freedom of Information officer on 8470 8888 or email to [foi@ddarebin.vic.gov.au](mailto:foi@ddarebin.vic.gov.au).


**FUSE**  
**DAREBIN**



# OSH Club

## OSH Club Information

<https://www.oshclub.com.au/vic/northcote-primary-school/>

 northcote-primary-OSHC.pdf

  
**Welcome to OSHClub**



**Let's go!**

OSHClub pride ourselves on providing your children with fun, play-based learning experiences before and after school as well as during the school holidays. Whether your child attends OSHC daily or only occasionally, each visit is an exciting and engaging adventure!



**Compelling programs**

We'll empower your child to explore, navigate, experiment and engage in a diverse range of experiences.

**Educators who care**

Our educators will embrace your child's journey; caring deeply, thinking creatively and inspiring them to thrive.

**Future ready**

We focus on building knowledge, skills and behaviours that help prepare your child for whatever the future may hold.

**Unified partnership**

As an integral part of the school community, together we'll create a fun and engaging environment for your child to flourish.

**Fabulous food**

We fuel curious minds and growing bodies, helping to shape your child's understanding of health and wellness positively.

**Peace of mind**

You can be confident that your child is safe, happy and given every opportunity to fulfill their potential.



# Classroom Cuisine 2024



Servicing Northcote PS on a **MONDAY, WEDNESDAY, THURSDAY & FRIDAY**  
**Order ONLINE until 8.30am on the DAY LUNCH IS REQUIRED**  
**INGREDIENTS, ALLERGEN INFO ETC ARE ON 'OUR MENU' PAGE OF WEBSITE**

## LUNCH ITEM ONE

### SALADS

- Greek Style Salad with Feta and Olives (V, GF)
- Pic(k)nic Box – Vegetarian (V, GF)
- Pic(k)nic Box with Ham (GF)
- Pic(k)nic Box with a Whole Egg (GF)
- Steamed Veg: Corn wheels, Broccoli & Carrot
- Mexican Inspired Salad (V, GF)
- Tuna Mix with Brown Rice & Quinoa Cakes (V, GF)
- Main course of Fresh Fruit Salad (V,GF)

### SUSHI

- Teriyaki Chicken Hand Rolls (2)
- Cooked Tuna Hand Rolls (2)
- Avocado Hand Rolls (2)
- Cucumber Hand Rolls (2)
- Vegetarian Hand Rolls (2)
- Tofu Hand Rolls (2)

### BAKERY

- Cheese and Bacon Roll
- Cheese and Vegemite Scroll (w/m)
- SCROLL with Ham & Cheese
- Semi Dried Tomato and Olive ROLL
- Topped with Only Cheese Roll
- GOZLEME - Lamb & Beef (H)
- GOZLEME – Mushroom & Spinach (NO CHEESE) (Vegan)
- GOZLEME - Spinach and Cheese (V, H)

### BAKED FRESH PIZZAS

(PLEASE NOTE: Baked this morning -Served at room temp)

- Margherita Pita Pizza
- Ham and Pineapple Pizza Slice

### SANDWICHES, ROLLS & WRAPS

- Turkey, Cranberry, Lettuce and Cheese Sandwich
- Gluten Free Ham & Cheese Sandwich (GF)
- Simple Salad Roll (V)
- Cucumber & Ham Sandwich (GF)
- Vegemite Sandwich (2)
- Mild Salami and Salad Roll
- Plain Cheese Sandwich (2)
- Roast Beef, Fruit Chutney, Cheese and Lettuce Roll
- Cheese and Salad Roll
- Wholegrain ROLL with Cheese and Tomato
- WRAP (GF, DF) Ham and Salad
- Wholegrain Ham and Cheese Sandwich
- Chicken MAYO and Lettuce Roll (H)
- Garden Salad Wrap (GF,DF,V)

## LUNCH ITEM TWO/THREE

### FRESH FRUIT & VEG

- Freshly chopped Strawberries with Grapes
- Fresh Fruit Combo
- Celery & Carrot Sticks with Sultanas
- Chopped Carrot, Cucumber, Red & Yellow Capsicum
- Apple pieces with Lemon Juice, Cinnamon & Brown Sugar
- Sugar Snap Peas, Beans & Cherry Tomatoes
- Cantaloupe & Honeydew pieces
- Freshly chopped Watermelon Pieces
- Edamame (Lightly Salted)
- Cherry Tomatoes with Tasty Cheese & Rice Crackers

### Freshly chopped Orange Segments

Whole Fruit – Banana

### YOGHURT/BOWLS

- Dairy Farmers - Strawberry Yoghurt
- Dairy Farmers – Classic Vanilla Yoghurt
- Chia Bowl with Banana, Coconut & Strawberries
- Stewed Rhubarb & Apple with Custard (V)

### BAKED GOODS

- Choc Chip Cookie
- Cornflake Cookie
- Finger Bun with Sprinkles
- Hedgehog Slice
- Choc Cup Cake (GF,DF)
- Blueberry Muffin
- Hot X Bun
- Jam Drop Biscuit (GF, NF, H)

### DIPS & CRACKERS

- Tzatziki Dip with Rice Crackers
- Avocado Dip with Rice Crackers
- Spring Onion Dip with Rice Crackers
- Spicy Capsicum Dip with Rice Crackers

### POPCORN/SNACKS

- Dried Fruit Medley with Yoghurt Sultanas
- Popcorn - Lightly Salted
- Popcorn - Slightly Sweet, Lightly Salted
- Roasted Chick Peas.
- Lime & Black Pepper Chick Peas
- Balsamic & Sea Salt Fav'va Beans

### DRINKS

- Nippy's Chocolate Milk
- Full Cream Milk
- Apple Juice
- Orange Juice
- Strawberry (Lactose Free) Milk
- So Good Soy Milk

**Healthy, Interesting & Affordable Lunches Delivered to School!**

More information about Our Offering including

Pricing, Ingredients and Portion Size is available on the Our Menu Page at

[www.classroomcuisine.com.au](http://www.classroomcuisine.com.au)



Sun smart- Please pack your hats!

Northcote Primary School reversible bucket hats are now available to purchase online from [noone.com.au](http://noone.com.au)



Choose NPS, click 'shop online' – Choose your child's size and house colour.

You have the option to elect to have hats delivered to our NPS office for pick up.

**Cost: \$17.50**

S – 55cm

M – 57cm

L – 59cm

XL – 61cm

**Trading hours:**

Monday to Friday 9.00am – 5.00pm

Saturday 9.00am - 1.00pm

Sunday and Public Holiday CLOSED

Email: [ivanhoe@noone.com.au](mailto:ivanhoe@noone.com.au)

**Address:** 283 Lower Heidelberg Rd,  
Ivanhoe East, Vic 3079

## SunSmart

*Don't forget to pack your hat!*

*This is a reminder to all families that all students are expected to wear a sun hat during any outdoor activities at school. A wide brimmed hat or a legionnaires hat are the only type to be worn. Beanies and caps are not sun smart and should not be worn.*



Please remember to apply your sunscreen at the start of each day and wear your hat!

**No hat means restricted play in the shade.**

We have NPS hats available to purchase **online** or **in store** from **Noone Ivanhoe, 283 Lower Heidelberg Rd, Ivanhoe East VIC 3079.**

**AVAILABLE INSTORE** - Reversible Bucket Hats, UPF Protection 50+ ( Sunsmart approved & made from sustainable materials )

House Colours - \$17.50 each Navy/GreenNavy/RedNavy/RoyalNavy/Gold

Phone: (03) 9499 1439

<https://www.noone.com.au/school/northcote-primary-school/stores>

For more information, please refer to our Sun Protection policy located on our [website](#)

## UV Index

Tap or click the button below to check the daily UV index, or download the SunSmart app [here](#)



## We are SunSmart - a note for families

Too much of the sun's ultraviolet (UV) radiation can cause sunburn, skin and eye damage and skin cancer.

UV damage accumulated during childhood and adolescence is associated with an increased risk of skin cancer later in life. Skin cancer is the most common cancer in Australia. It is also one of the most preventable cancers.

**You can't see or feel the sun's UV. Whatever the weather, if the UV levels are three or more, it's important to *Slip, Slop, Slap, Seek and Slide!***

### Sun protection times

Don't just wait for hot and sunny days to use sun protection. Check the sun protection times each day so your family can be protected when they need to be.

Daily local sun protection times and weather details are available from the SunSmart widget on our school website, in the weather section of the newspaper, on the SunSmart website at [sunsmart.com.au](http://sunsmart.com.au) and as a free SunSmart app. Sun protection times can also be found at the [Bureau of Meteorology website](http://Bureau of Meteorology website) and live UV levels are available from [ARPANSA](http://ARPANSA).



### SunSmart membership

Our school is a registered member of Cancer Council Victoria's SunSmart Schools Program. We aim to protect children and staff from too much UV.

Sun protection and skin cancer prevention is a shared responsibility. Please help support our SunSmart membership and sun protection efforts by ensuring your child follows the SunSmart measures included in our policy at school and at home.

During the daily local sun protection times (usually from mid-August to the end of April), **use these 5 SunSmart steps – even if it's cool and cloudy.**

### 1. *SLIP* on covering clothing

For free dress days, ensure your child wears clothing that covers as much skin as possible (e.g. elbow length tops with a higher neckline or collar and longer style shorts or skirts). Densely woven fabrics are best.



### 2. *SLOP* on SPF30 (or higher) broad-spectrum, water-resistant sunscreen

Apply a generous amount of sunscreen at the start of the day and make sure children have sunscreen in their bag ready to reapply throughout the day. Sunscreen should be reapplied every two hours. Please ensure children get plenty of sunscreen application practice at home so they'll be all set when they are at school. Under supervision, ask children to put a dot of sunscreen on each cheek, nose and chin and rub it in (avoiding the eye area) and sunscreen squiggles or dots on the back of the neck, arms and legs to cover these areas.

### 3. *SLAP* on a hat that protects the face, neck and ears

Choose a wide-brimmed, legionnaire or bucket hat. Peak caps and visors do not offer enough UV protection so please leave them at home. Please help your child remember to bring and wear their approved **school hat**. Please keep this at school so they will always be ready for outdoor activities, outdoor learning and play during school days. For the walk to and from school and weekends, please have an extra **home hat** to help keep children protected at home.

### 4. *SEEK* shade

Choose shady spots for learning and play whenever possible.

### 5. *SLIDE* on wrap-around AS1067 sunglasses

When appropriate and practical, help protect the eyes with sunglasses.

*Need information in another language? Call 13 14 50 and ask to be connected to Cancer Council Victoria in your language*



# THE BUSINESS END OF SCHOOL LIFE

THE FOLLOWING ARE REPEATED INFORMATION ITEMS, WHICH CAN BE REFERRED BACK TO BY OUR SCHOOL COMMUNITY WHEN NECESSARY

## Parent Payments

Attached is a copy of the 2024 Parent Payment Arrangement for Curriculum Contributions for student use for the 2024 School Year.

 2024 PPA Northcote PS Final Version SW JP School Council Approved 11...

## FINANCIAL ASSISTANCE INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link between a student's background and their outcomes.

### CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors. Excursions encourage a deeper understanding of how the world works while sports teach teamwork, discipline and leadership. All are a part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$150 for primary school students
- \$250 for secondary school students

### MORE INFORMATION

For more information about CSEF visit:  
<https://www.education.vic.gov.au/about/programs/Pages/csef.aspx>

### HOW TO APPLY

New applicants should contact the school office to obtain a CSEF application form or download from the website below.

If you applied for CSEF at your child's school last year, you do not need to complete an application form this year unless there has been a change in your family circumstances.

You only need to complete an application form if any of the following changes have occurred:

- **new student enrolments**; your child has started or changed schools this year.
- **changed family circumstances**; such as a change of custody, change of name, concession card number, or new siblings commencing this year.

Check with the school office if you are unsure.



Compass Pay provides a more consistent approach to parent consent and payments of activities for students and confirm the student's medical requirements through the compass app.

Northcote Primary School has a streamline approach to the collection of payments for Camps, Excursions, Incursions, and the annual Parent Payment Arrangement, and fundraising activities.

This option allows parents/caregivers the opportunity to have all the information on one platform the Compass Parent App.

Cash, EFT and B-pay are available as options, the preferred method of payment is Compass.

Compass creates efficiency for teachers and the office staff where immediately we will be able to see if parents/caregivers have consented and paid for the activity. Parents will receive a push notification from Compass when an activity has been created.

We have attached a copy of the Compass flyer on how to consent and pay for events.

 [CompassPay Parent Guide.pdf](#)

## **Compass Attendance**

This is a gentle reminder to parents/carers, about the importance of logging student absences on Compass prior to the school day commencing. This is a Department of Education requirement.

If your child is absent from school or is going to be absent in the future (for example a planned family holiday), it is important that this absence is logged via Compass.

Attached is a parent guide to using compass.

 [Parent-guide-Compass.pdf](#)

# CSEF: Camps, Sports and Excursions Funds

 2024 CSEF-application-form.pdf

## Important Information

Our school gates are unlocked at 8.45am each morning to allow students to enter, the yard is not supervised before this time. Students can enter classrooms from 8.45am each day. The gates are again locked at 9.00am when the bell goes. The gates are unlocked again at 3.20pm and are locked by 3.45pm.

### Helmets

When riding a bike or scooter to or from school, all students **MUST** wear a helmet at all times.

### Bikes and Scooters

Helmets must be worn on the way to and from school. Bikes and scooters must also be **WALKED** (not ridden) once inside the school.

*Please note: bike and scooter storage is not completely secure. Unauthorised access via the external fences has occurred in the past. We highly recommend the use of a personal bike/scooter lock to avoid theft. The school takes no responsibility for the loss or damage of equipment stored on site.*

### Kiss and Go

Just a reminder to families that the Kiss & Go zone is a short-term stopping area where drivers are allowed to stop and park the vehicle for a **short time** – no longer than two minutes – while the student exits or enters the vehicle from the curbside doors. This enables students to walk between the car and the school, using the safety of the footpath.

## **Ball games before and after school**

To ensure everyone feels safe during the busy mornings and afternoons, ball games are not permitted during these times.

## **Classroom Cuisine 2024**

This is the current lunch menu from Classroom Cuisine. Lunch orders are delivered to NPS everyday, with the exception Tuesdays.

For our new families please note that this is an external lunch provider, all lunches are ordered online and orders should be placed by 8.30am.

Please Note: The "Canteen" function on Compass is not to order lunches, it is used primarily for our fundraisers.



**SERVICING NORTHCOTE PRIMARY SCHOOL**  
**AVAILABLE ON MONDAY, WEDNESDAY, THURSDAY & FRIDAY**  
**Order ONLINE until 8.30am on the DAY LUNCH IS REQUIRED**

### LUNCH ITEM ONE

#### SALADS

Greek Style Salad with Feta and Olives (V, GF)  
Pic(k)nic Box – Vegetarian (V, GF)  
Pic(k)nic Box with Ham (GF)  
Pic(k)nic Box with a Whole Egg  
Falafel with Tabouli Salad (V,G/DF, H)  
Mexican Inspired Salad (V, GF)  
Tuna Mix with Brown Rice & Quinoa Cakes (V, GF)

#### SUSHI

Teriyaki Chicken Hand Rolls (2)  
Cooked Tuna Hand Rolls (2)  
Avocado Hand Rolls (2)  
Cucumber Hand Rolls (2)  
Vegetarian Hand Rolls (2)  
Tofu Hand Rolls (2)

#### BAKERY

Cheese and Bacon Roll  
Cheese and Vegemite Scroll (w/m)  
SCROLL with Ham & Cheese  
Semi Dried Tomato and Olive ROLL  
Topped with Only Cheese Roll  
GOZLEME - Lamb & Beef (H)  
GOZLEME - Spinach and Cheese (V, H)

#### BAKED FRESH PIZZAS

(Thin & Crisp, Served at room temp)

Margherita Pizza  
Ham and Pineapple Pizza

#### SANDWICHES, ROLLS & WRAPS

Turkey, Cranberry, Lettuce and Cheese Sandwich  
Gluten Free Ham & Cheese Sandwich (GF)  
Simple Salad Roll (V)  
Cucumber & Ham Sandwich (GF)  
Vegemite Sandwich (2)  
Mild Salami and Salad Roll  
Plain Cheese Sandwich (2)  
Roast Beef, Fruit Chutney, Cheese and Lettuce Roll  
Cheese and Salad Roll  
Wholegrain ROLL with Cheese and Tomato  
WRAP (GF, DF) Ham and Salad  
Wholegrain Ham and Cheese Sandwich  
Chicken MAYO and Lettuce Roll (H)  
Garden Salad Wrap (GF,DF,V)

### LUNCH ITEM TWO/THREE

#### FRESH FRUIT & VEG

Freshly chopped strawberries with Grapes  
Fresh Fruit Combo  
Lightly Steamed Corn wheels & Broccoli pieces  
Celery & Carrot Sticks with Sultanas  
Chopped Carrot, Cucumber, Red & Yellow Capsicum  
Apple pieces with Lemon Juice, Cinnamon & Brown Sugar  
Chia Bowl with Banana, Coconut & Strawberries  
Sugar Snap Peas, Beans & Cherry Tomatoes  
Cantaloupe & Honeydew pieces  
Edamame (Lightly Salted)  
Cherry Tomatoes with Tasty Cheese & Rice Crackers  
Freshly chopped Orange Segments  
Whole Fruit – Banana OR Mandarin

#### YOGHURT

Strawberry Chobani Yoghurt  
Blueberry Chobani Yoghurt  
Passionfruit Chobani Yoghurt  
Plain Chobani Yoghurt  
**BAKED GOODS**  
Choc Chip Cookie  
Cornflake Cookie  
Finger Bun with Sprinkles  
Hedgehog Slice  
Choc Cup Cake (GF,DF)  
Blueberry Muffin  
Fruit Bun  
Jam Drop Biscuit (GF, NF, H)

#### DIPS & CRACKERS

Tzatziki Dip with Rice Crackers  
Avocado Dip with Rice Crackers  
Spring Onion Dip with Rice Crackers

#### POPCORN/SNACKS

Dried Fruit Medley with a Yoghurt Frog  
Popcorn - Lightly Salted  
Popcorn - Slightly Sweet, Lightly Salted  
Lightly salted Fav'va Beans  
Chickpeas with Lime & Black Pepper  
Balsamic & Sea Salt Fav'va Beans

#### DRINKS

Apple Juice  
Orange Juice  
Full Cream Milk  
Nippy's Chocolate Milk  
Strawberry (Lactose Free) Milk  
So Good Soy Milk

**Healthy, Interesting & Affordable Lunches Delivered to School!**

More information about Our Offering including  
Pricing, Ingredients and Portion Size is available on the Our Menu Page at  
[www.classroomcuisine.com.au](http://www.classroomcuisine.com.au)

## Late Arrivals & Early Departures

If your child is late or you are collecting them early it is **essential** you do so through the front office. **All Students must be signed in and out** via the Compass Kiosk at the front desk.

For late arrivals a paper slip will print out when they are signed in, this slip is to be given to the teacher, so they know the student has signed in at the office.

Please note if you have put a Compass note in for a late arrival with or early departure (for example you log on Compass that your child is being picked up at 1.30pm for a medical appointment) you do not need to sign them out via the Compass Kiosk at the office. However, **you still must come into the office to collect the student.**



The Department of Education requires a parent, carer, or listed emergency contact physically collect the child from the office when it is during school hours. This means we are **unable to allow students to leave on their own**, even if it has been logged on Compass. We understand this may be inconvenient at times so please contact or the office on 9481 0009 and they will do their best to assist you.

Also, if you know of an early departure in advance, please inform the office and your child's teacher, so they are able to have the student waiting and ready for you to collect.



## 2024 First Aid Team

### Introducing the NPS 2024 First Aid Team

For our returning families there will be some familiar faces, and for our new families our first aid team is



- Sarah Epaminondas
- Caterina Carnovale

I

The first aid office is located in front office.

If your child is needing to be picked up, where possible we will organise their school bag and belongings and you can collect them from the front office 😊

## Action Plans

Parents and carers are reminded that if their child has anaphylaxis, allergies, or asthma that their child **MUST HAVE A CURRENT PLAN.**

**Red ASCIA Anaphylaxis Plan for use with EpiPen® adrenaline (epinephrine) autoinjectors** is attached below and must be prepared in colour, completed by your GP and have a current photo of your child attached to it.

**ascia**  
www.allergy.org.au

**ACTION PLAN FOR Anaphylaxis**

For use with **EpiPen®** adrenaline (epinephrine) autoinjectors

Name: \_\_\_\_\_  
Date of birth: \_\_\_\_\_

Confirmed allergens: \_\_\_\_\_

Family/emergency contact name(s):  
1. \_\_\_\_\_  
Mobile Ph: \_\_\_\_\_  
2. \_\_\_\_\_  
Mobile Ph: \_\_\_\_\_

Plan prepared by doctor or nurse practitioner (sign):  
The treating doctor or nurse practitioner authorises medications specified on this plan to be given according to the plan, as consented by the patient or parent/guardian.  
Write this plan down and explain, review is recommended by GDS, MBS, N.Y.  
Signed: \_\_\_\_\_  
Date: \_\_\_\_\_

**How to give EpiPen®**

- Roll the blue cap around EpiPen® and PULL OFF BLUE SAFETY RELEASE
- Hold leg with thumb and index finger and PLACE ORANGE END against outer mid-thigh (with or without clothing)
- PUSH DOWN HARD until a click is heard or felt and hold in place for 3 seconds REMOVE EpiPen®

EpiPen® is prescribed as follows:  
• EpiPen® 150 mg/ml for children 7.5-20kg  
• EpiPen® 300 mg/ml for children over 20kg and adults

**SIGNS OF MILD TO MODERATE ALLERGIC REACTION**

- Swelling of lips, face, eyes
- Hives or welts
- Tingling mouth
- Abdominal pain, vomiting - these are signs of anaphylaxis for insect allergy

**ACTION FOR MILD TO MODERATE ALLERGIC REACTION**

- For insect allergy - flick out stinging if visible
- For tick allergy  seek medical help or  freeze tick and let it drop off
- Stay with person, call for help and locate adrenaline autoinjector
- Give antihistamine (if prescribed)
- Phone family/emergency contact

Mild to moderate allergic reactions (such as hives or swelling) may not always occur before anaphylaxis

**WATCH FOR ANY ONE OF THE FOLLOWING SIGNS OF ANAPHYLAXIS (SEVERE ALLERGIC REACTION)**

- Difficult or noisy breathing
- Swelling of tongue
- Swelling or tightness in throat
- Wheeze or persistent cough
- Difficulty talking or hoarse voice
- Persistent dizziness or collapse
- Pale and floppy (young children)

**ACTION FOR ANAPHYLAXIS**

- LAY PERSON FLAT - do NOT allow them to stand or walk
- If unconscious or pregnant, place in recovery position
- on left side if pregnant, as shown below
- If breathing is difficult allow them to sit with legs outstretched
- Hold young children flat, not upright

- GIVE ADRENALINE AUTOINJECTOR
- Phone ambulance - 000 (AU) or 111 (NZ)
- Phone family/emergency contact
- Further adrenaline may be given if no response after 5 minutes
- Transfer person to hospital for at least 4 hours of observation

IF IN DOUBT GIVE ADRENALINE AUTOINJECTOR  
Commence CPR at any time if person is unresponsive and not breathing normally

**ALWAYS GIVE ADRENALINE AUTOINJECTOR FIRST, and then asthma reliever puffer** if someone with known asthma and allergy to food, insects or medication has SUDDEN BREATHING DIFFICULTY (including wheeze, persistent cough or hoarse voice) even if there are no skin symptoms.  
Asthma reliever medication prescribed:  Y  N

Note: If adrenaline is accidentally injected (e.g. into a thumb) phone your local poisons information centre. Continue to follow this action plan for the person with the allergic reaction.

© ASCIA 2021. This plan was developed as a medical document that can only be completed and signed by the patient's doctor or nurse practitioner and cannot be altered without their permission.

Anaphylaxis EpiPen Plan Template.pdf

**Red ASCIA Anaphylaxis Plan for use with Anapen® adrenaline (epinephrine) autoinjectors** is attached below and must be prepared in colour, completed by your GP and have a current photo of your child attached to it.

**ascia**  
www.allergy.org.au

**ACTION PLAN FOR Anaphylaxis**

For use with **Anapen®** adrenaline (epinephrine) autoinjectors

Name: \_\_\_\_\_  
Date of birth: \_\_\_\_\_

Confirmed allergens: \_\_\_\_\_

Family/emergency contact name(s):  
1. \_\_\_\_\_  
Mobile Ph: \_\_\_\_\_  
2. \_\_\_\_\_  
Mobile Ph: \_\_\_\_\_

Plan prepared by doctor or nurse practitioner (eng):  
The treating doctor or np hereby authorises medications specified on this plan to be given according to the plan, as consented by the patient or parent/guardian.  
While this plan does not expire, review is recommended by GDMSE/AY.


Signed: \_\_\_\_\_  
Date: \_\_\_\_\_

**How to give Anapen®**

- PULL OFF BLACK NEEDLE SHIELD
- PULL OFF GREY SAFETY CAP from red button
- PLACE NEEDLE END FIRMLY against outer mid-thigh at 90° angle (with or without stinging)
- PRESS RED BUTTON on 0 clicks and hold for 30 seconds. REMOVE Anapen®

Anapen® is prescribed as follows:  
• Anapen® 150 Junior for children 7.5-20kg  
• Anapen® 300 for children over 20kg and adults  
• Anapen® 500 for children and adults over 50kg

© ASCIA 2021. This plan was developed as a medical document that can only be completed and signed by the patient's doctor or nurse practitioner and cannot be altered without their permission.

 Anaphylaxis Anapen Plan Template.pdf

**Blue Asthma Australia School Action Plan** is attached below and must be prepared in colour, completed by your GP and have a current photo of your child attached to it. If your child has Ventolin at school, they must have an Asthma Action Plan.

FOR USE WITH PUFFER AND SPACER

**ASTHMA ACTION PLAN**

**VICTORIAN SCHOOLS**

Student's name: \_\_\_\_\_  
DOB: \_\_\_\_\_  
Confirmed triggers: \_\_\_\_\_

**PHOTO**

Child can self-administer if well enough  
 Child needs to pre-medicate prior to exercise  
 Face mask needed with spacer

**ALWAYS** give adrenaline autoinjector **FIRST**, and then asthma reliever puffer if someone with known asthma and allergy to food, insects or medication has **SUDDEN BREATHING DIFFICULTY** (including wheeze, persistent cough or hoarse voice) even if there are no skin symptoms.  
Adrenaline autoinjector prescribed:  Y  N Type of adrenaline autoinjector: \_\_\_\_\_

**ASTHMA FIRST AID**  
For Severe or Life-Threatening signs and symptoms, call for emergency assistance immediately on Triple Zero "000"  
Mild to moderate symptoms do not always present before severe or life-threatening symptoms

- Sit the person upright.  
Stay with the person and be calm and reassuring.
- Give \_\_\_\_\_ separate puffs of Airomir, Asmol or Ventolin  
Shake the puffer before each puff  
Puff 1 puff into the spacer at a time  
Take 4 breaths from spacer between each puff
- Wait 4 minutes  
If there is no improvement, repeat step 2
- If there is still no improvement call emergency assistance  
Dial Triple Zero "000"  
Say "ambulance" and that someone is having an asthma attack.  
Keep giving \_\_\_\_\_ puffs every 4 minutes until emergency assistance arrives  
Commence CPR at any time if person is unresponsive and not breathing normally.

Blue/grey reliever medication is unlikely to harm, even if the person does not have asthma.

SIGNS AND SYMPTOMS	MILD TO MODERATE	SEVERE	LIFE-THREATENING
	<ul style="list-style-type: none"> <li>Minor difficulty breathing</li> <li>May have a cough</li> <li>May have a wheeze</li> <li>Other signs to look for:</li> </ul>	<ul style="list-style-type: none"> <li>Cannot speak a full sentence</li> <li>Sitting hunched forward</li> <li>Tugging in of skin over chest/throat</li> <li>May have a cough/wheeze</li> <li>Obvious difficulty breathing</li> <li>Lethargic</li> <li>Goose bumps (young children)</li> </ul>	<ul style="list-style-type: none"> <li>Unable to speak or 1-2 words</li> <li>Collapsed/inhauled</li> <li>Gasping for breath</li> <li>May no longer have a cough or wheeze</li> <li>Disorient/confused/unconscious</li> <li>Skin discoloration (blue lips)</li> </ul>

Emergency contact name: \_\_\_\_\_ Plan prepared by Dr or Nurse Practitioner: \_\_\_\_\_  
Work ph: \_\_\_\_\_ Signed: \_\_\_\_\_  
Home ph: \_\_\_\_\_ Date prepared: \_\_\_\_\_  
Mobile ph: \_\_\_\_\_ Date of next review: \_\_\_\_\_

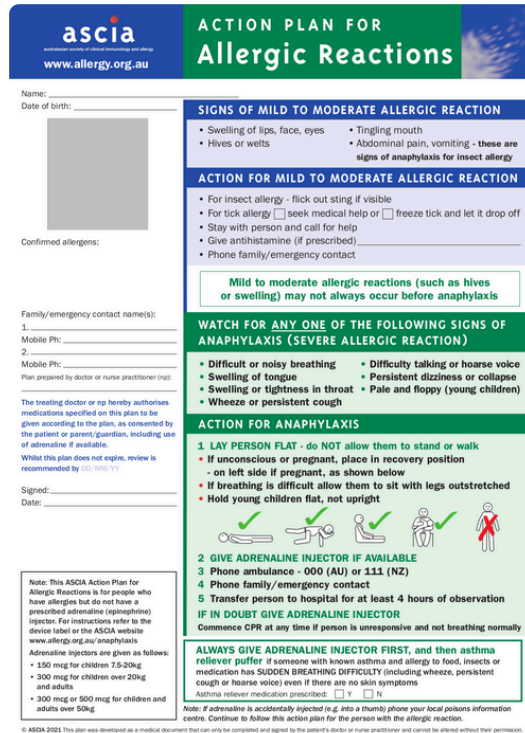
Place mouthpiece of spacer in mouth and ensure lips seal around it.  
Breathe out gently into the spacer.  
Press down on puffer canister once to fire medication into spacer.  
Breathe in and out normally for 4 breaths (keeping your mouth on the spacer).

Assemble spacer.  
Remove cap from puffer.  
Shake puffer well.  
Attach puffer to end of spacer.

1800 ASTHMA (1300 278 142) | asthma.org.au

© Asthma Australia August 2015. This plan was developed as a medical document that can only be completed and signed by the patient's treating medical doctor or nurse practitioner and cannot be altered without their permission.

**Green ASCIA Allergic Reaction Plan** is attached below and must be prepared in colour, completed by your GP and have a current photo of your child attached to it.



The form is titled 'ACTION PLAN FOR Allergic Reactions' and features the ASCIA logo (Allergy Society of Australia) and website (www.allergy.org.au). It includes fields for patient name, date of birth, confirmed allergens, and family/emergency contact details. The form is divided into several sections: 'SIGNS OF MILD TO MODERATE ALLERGIC REACTION' (listing symptoms like swelling and hives), 'ACTION FOR MILD TO MODERATE ALLERGIC REACTION' (providing steps for insect and tick allergies), 'WATCH FOR ANY ONE OF THE FOLLOWING SIGNS OF ANAPHYLAXIS (SEVERE ALLERGIC REACTION)' (listing symptoms like difficulty breathing and swelling), and 'ACTION FOR ANAPHYLAXIS' (providing a 5-step protocol: 1. Lay person flat, 2. Give adrenaline injector, 3. Phone ambulance, 4. Phone family/emergency contact, 5. Transfer to hospital). It also includes a note about always giving adrenaline first and a section for dosage instructions. A footer note states: '© ASCIA 2021 This plan was developed as a medical document that can only be completed and signed by the patient's doctor or nurse practitioner and cannot be altered without their permission.'

All plans **must be updated annually**, one of our first aid team will contact you when your child's plan is approaching expiration.

## NPS Medication Authority Form

Parents **must provide all necessary medications** to be administered in the event of an emergency.

Medications will be administered by one of our trained First Aid Team members.

All medication is to be stored in the First Aid Room, NOT in the student's bag or classroom.

Any medication being stored at/administered on school grounds requires a NPS 2023 Medication Authority Form. These forms are to be **updated at the start of each year** (even if there has been no change to medications). These can be filled out by parents/carers or by a GP.

This form **must** be filled out regardless of a student having a medical plan. It must also be filled out for ongoing medication as well as temporary (for example, this form is required if a student is unwell and needs to be administered a course of antibiotics during school hours, as well as if a student requires a hay fever tablet only when symptoms arise).



2023

**Medication Authority Form**  
for a student who requires medication whilst at school

Name of School: **Northcote Primary School**  
Student's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Please Note: wherever possible, medication should be scheduled outside the school hours, e.g. medication required three times a day is generally not required during a school day. It can be taken before and after school and before bed.

Reason for Medication/s	Name of Medication/s	Dosage (amount)	Time/s to be taken	How it's taken (e.g. orally/topical/injection)	Dates
					Expiry Date: / / <input type="checkbox"/> Ongoing medication <input type="checkbox"/> Temporary medication
					Expiry Date: / / <input type="checkbox"/> Ongoing medication <input type="checkbox"/> Temporary medication
					Expiry Date: / / <input type="checkbox"/> Ongoing medication <input type="checkbox"/> Temporary medication
					Expiry Date: / / <input type="checkbox"/> Ongoing medication <input type="checkbox"/> Temporary medication

**Medication Storage**  
Please indicate if there are specific storage instructions for the medication.

**Medication delivered to the school**

Please ensure that medication delivered to the school:  
 Is in its original package  
 The pharmacy label matches the information included in this form.

**Self-management of medication**

Students in the early years will generally need supervision of their medication and other aspects of health care management. In line with their age and stage of development and capabilities, older students can take responsibility for their own health care. Self-management should follow agreement by the student and their parent/carer, the school and the student's medical/health practitioner. Please advise if this person's condition creates any difficulties with self-management, for example, difficulty remembering to take medication at a specified time or difficulties coordinating equipment:

**Monitoring effects of Medication**

Please note: School staff do not monitor the effects of medication and will seek emergency medical assistance if concerned about a student's behaviour following medication.

Privacy Statement  
The school collects personal information so as the school can plan and support the health care needs of the student, without the provision of this information the quality of the health support provided may be affected. The information may be disclosed to relevant school staff and appropriate medical personnel, including those engaged in providing health support as well as emergency personnel, where appropriate, or where authorised or required by another law. You are able to request access to the personal information that we hold about your/your child and to request that it be corrected. Please contact the school directly or PCL Line on 96322670.

**Authorisation:**

Name of Medical/health practitioner: \_\_\_\_\_

Professional Role: \_\_\_\_\_ Contact details: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Name of Parent/Carer: \_\_\_\_\_

Contact details: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

\*\*If additional advice is required, please attach it to this form

Medication Authority Form.pdf

Copies of all forms can be found in the links on this page, alternatively printed copies of all forms can be collected from the front office.

# Duty of Care

All NPS staff have a duty of care to our students – if we cannot establish contact with a parent/carer or emergency contact, an ambulance will be called if deemed necessary. Please ensure you make every attempt to be contactable during school

hours, have voicemail set up on your phone and that your emergency contact details stored at the office are up to date.